

Nancy McNabb's Recipe Book

recipes@mcnabbs.org

April 2004

BEVERAGES.....1

Russian Refresher Shauna Warnick.....1

Grammy’s Hot Chocolate Mix Hazel Evans.....1

Frozen Fruit Slush Marie Brennecke.....1

Wassail Debbie Hartman.....1

Banana Milkshakes Heather Warren.....1

Summer Fruit Drink Jean Evans.....1

APPETIZERS.....3

Mexican Platter Dip Linda Brewster.....3

Baked Cheese Balls Betty Johnston.....3

Salty Horse Margaret Evans.....3

Sausage-Rye Appetizers Margaret Evans.....3

Sausage Dip Sherron Bodamer.....4

Reuben Dip Pam Brown.....4

King’s Hawaiian Party Dip.....4

Knorr Spinach Dip.....4

Cheese Ball.....4

Sausage Balls in Apple Butter Debbie Hartman.....5

Asparagus Morsels Betty Johnston.....5

Creamy Salsa Dip.....5

Sausage Stars LynnEl Springer.....5

SALADS AND DRESSINGS.....6

Fruit Kabobs Lynette Smith.....6

Cauliflower Salad Barbara Sutherland.....6

Avocado Salad Emily Fleischman.....6

Five Cup Salad Pat McNabb.....6

Mandarin Orange Salad.....6

Strawberry Salad Lucy Donoho.....7

Apple Salad Pat McNabb.....7

Summer Salad.....7

Blueberry Jello Salad.....7

Cranberry Mousse Salad.....7

Thanksgiving Cranberry Salad Carolyn Newman.....8

White Salad.....8

Watergate Salad.....8

Kiwi, Orange, and Banana Salad with Honey-Nutmeg Dressing.....8

Chinese Chicken Salad Ruth Hassell.....8

Oriental Salad Ron Westman.....9

Layered Salad Martha Broadbent.....9

Taco Salad Mary Damjanovic.....9

Broccoli Salad Helen Johnson.....10

Broccoli Salad JoAnne Broadbent.....10

Caesar Salad.....10

Spinach Salad Julie Teuscher.....10

Spinach Salad Mah Jongg.....11

Table of Contents

Nauvoo Salad Louise Dunn.....	11
Cucumber Salad Famous Dave’s Cookbook.....	11
Potato Salad Jean Evans.....	11
Mac and Tuna Salad Lynne Ream.....	12
Pasta Salad.....	12
Chicken Salad JoAnne Broadbent.....	12
French Dressing.....	12
Green Goddess Dressing.....	12
SOUPS AND STEWS.....	13
Minestrone JoAnne Broadbent.....	13
Vegetable Soup Jean Evans.....	13
Taco Soup Rochelle Mooth.....	13
Swan Soup (Soup Continental) Lois Brough.....	13
Cream of Chicken Soup.....	14
Potato Soup Cindy Burton.....	14
Beef Stew Cindy Burton.....	14
Pork Stew.....	14
Brunswick Stew Betty Johnston.....	15
Cream of Turkey Soup with Herbs Shirley Percy.....	15
PASTA AND RICE.....	16
Sausage and Mostaccioli Bake Cindy Burton.....	16
Spaghetti alla Carbonara.....	16
Straw and Hay.....	16
Pasta with Chicken and Vegetables.....	17
Italian Ziti Medley.....	17
Penne with Chicken and Sun-Dried Tomatoes.....	17
Penne with Sausage and Sweet Peppers Cindy Burton.....	17
Orange-Basil Linguine Penny Stucki.....	18
Cincinnati Chili Mima Kearn.....	18
Fried Rice.....	18
St. Paul’s Rice Carol Stone.....	18
Rice Pilaf Ruth Hassell.....	19
Beef Rice Pilaf Ruth Hassell.....	19
Asparagus Casserole Bake.....	19
Herbed Rice Jean Edlefsen.....	19
Sandra’s Rice Sandra Crawford.....	20
EGGS AND CHEESE.....	21
Hard-Boiled Eggs.....	21
Deviled Eggs.....	21
Macaroni and Cheese Jean Evans.....	21
April’s Quiche April Cropper.....	21
Breakfast Casserole Peggy Lietz.....	22
Farmer’s Omelet Cathy Westman.....	22
Scotch Eggs Rupert Evans.....	22
Bacon and Eggs Hash.....	22

VEGETABLES.....24

Mashed Potatoes.....24

Patio Potatoes Heather Warren.....24

Scalloped Potatoes.....24

Potato Casserole Karen Coffman.....24

Funeral Potatoes.....24

Potatoes Anna.....25

Onion-Roasted Potatoes Louise Dunn.....25

Baked New Potatoes.....25

Oven Roasted Potatoes.....26

Baked Potatoes.....26

Twice-Baked Potatoes Ruth Hassell.....26

Sister Jennie’s Creamed Potatoes Shaker Cookbook.....26

Hasselback Potatoes Peggy Evans.....26

Baked Stuffed Sweet Potatoes Jean Stotts.....26

Sweet Potato Puff Maureen Margevich.....27

Baked Beans Debbie Hartman.....27

Moros y Cristianos.....27

Hoosier Green Beans.....28

Broccoli with Cheese Sauce.....28

Steamed Vegetable Medley.....28

Okra and Corn.....28

Brussels Sprouts.....28

Lemony Herbed Asparagus Carolyn Newman.....29

Company Broccoli Karen Coffman.....29

Eggplant Parmesan Betty Johnston.....29

Creamed-Style Corn Midwest Living.....29

Corn Casserole Pam Urie.....30

Succotash.....30

Stuffed Mushrooms Becky McNabb.....30

Cauliflower Bake.....30

FISH.....32

Orange Roughy with Dill Butter.....32

POULTRY.....33

Tender Baked Parmesan Chicken Sylvia Ruggieri.....33

Baked Chicken Breasts Susan Hensley.....33

Company Chicken.....33

Cassoulet.....33

Herb Chicken and Rice Betty Moloney.....34

One-Dish Chicken Bake.....34

Chicken Parmesan Lucy Donoho.....34

Parmesan Herb Chicken.....34

Normandy Chicken Hebertson Choro.....35

Fried Chicken.....35

Stir-Fry Chicken and Broccoli.....35

Chicken Chinese Fern Broadbent.....35

Table of Contents

South Carolina Hot Chicken Salad.....	36
Chicken Russe.....	36
Baked Chicken with Artichokes.....	36
Sesame Chicken with Apricot Glaze.....	36
Poulet a l'Estragon.....	37
Chicken Breasts Supreme.....	37
Grandma Lucy's Chicken Marinade Lucy Donoho.....	37
Chicken a la King.....	38
Rubber Chicken (Golden Lemon Chicken).....	38
Chicken and Noodles.....	38
Chicken and Rice Barbara Spear.....	38
Chicken and Ham Stuffed Crepes Ruth Hassell.....	38
Hawaiian Haystacks Ruth Hassell.....	39
Turkey Breast Steaks Debbie Hartman.....	40
Turkey Tetrazzini.....	40
BEEF.....	41
Rouladen Lynn Isenbarger.....	41
Stuffed Peppers.....	41
Stuffed Cabbage Gail Warshawsky.....	41
Porcupines Nelle Ensley.....	41
Lipton Meat Loaf.....	42
Grammy's Goulash Hazel Evans.....	42
Beef and Noodles.....	42
Beef Stroganoff.....	42
Smoked Sausage and New Potatoes.....	42
Hamburger Stroganoff Mima Kearn.....	42
Swiss Steak Julia Brough.....	43
Pot Roast.....	43
Pot Roast Marinade.....	43
Barbeque Ellen Collins.....	43
Italian Beef Dee Westman.....	43
Beef Brisket Mima Kearn.....	44
Beef and Green Peppers.....	44
PORK.....	45
Cindy's Ham Cindy Burton.....	45
Ham for a Crowd.....	45
Ham Sauce Sarah Cassavaugh.....	45
Ham Loaf.....	45
Mrs. Donoho's Ham Packets Lucy Donoho.....	45
Swiss Meat Ring.....	46
Ham and Spinach Rolls Chris Comer.....	46
Easy Pork Chops.....	46
Western/Country-Style Ribs.....	46
CASSEROLES.....	47
Pork Chop and Potato Bake.....	47

Hunter’s Casserole Harlan Shores.....	47
Potato Casserole Lynne Ream.....	47
Tater Tot Casserole Betty Moloney.....	47
Ground Beef Casserole Debbie Hartman.....	48
Gemelli Casserole.....	48
Enchilada Stacks Louise Dunn.....	48
Chicken Espanole Louise Dunn.....	48
Chicken Divan Beth Evans.....	49
Chicken and Wild Rice Casserole.....	49
Chile Relleno Casserole Sylvia Hatton.....	49
Two-Cheese Tuna Noodle Casserole.....	50
Tuna and Rice Betty Johnston.....	50
Five Can Casserole Jean Evans.....	50
SANDWICHES.....	51
Hot Ham and Cheese Sandwiches Lucy Donoho.....	51
Feta Cheese Spread Sue Reed.....	51
Sandwich Loaf Betty Johnston.....	51
YEAST BREADS.....	52
Orange Rolls Jere McCullough.....	52
Potato Rolls Celia Johnson.....	52
Light Whole Wheat Rolls.....	52
Butter Horn Rolls Irene Cole.....	53
Oatmeal Dinner Rolls.....	53
Pumpkin Knot Rolls.....	53
Sticky Buns Margaret Evans.....	54
Cinnamon Twists Vilda Forster.....	54
Cinnamon Rolls Cheri Wilsted.....	55
Rabbit Rolls.....	55
Challah Betty Johnston.....	56
Raisin Bread Betty Crocker Cookbook.....	56
Nine-Grain Bread.....	57
Whole Wheat Bread Judy Kinder.....	57
French Bread Betty Johnston.....	57
Squash Braid.....	58
Herb Bread Mark Spear.....	58
Monkey Bread Ruth Hassell.....	58
Danish Pastry.....	59
Swedish Tea Ring Debbie Hartman.....	59
Spudnuts Emer Dean Broadbent.....	60
QUICK BREADS, COFFEE CAKES, PANCAKES, & WAFFLES.....	61
Louise’s Coffeecake Louise Dunn.....	61
Prize Coffee Cake Ellen Collins.....	61
Jo’s Cornbread JoAnne Broadbent.....	61
Cornmeal Muffins Lois Brough.....	62
Blueberry Muffins Jean Evans.....	62

Table of Contents

Pumpkin Bread/Muffins Barbara Spear.....	62
Raisin Bran Muffins Betty Moloney.....	62
Whole Wheat Applesauce Muffins.....	62
Pineapple Upside-Down Muffins.....	63
Biscuits Betty Johnston.....	63
Old Homestead Buttermilk Biscuits.....	63
Cheddar Biscuits.....	64
Poppyseed Bread Margaret Evans.....	64
Whole Wheat Banana Bread.....	64
Popovers.....	64
Zucchini Bread.....	65
Bishop's Bread Sallie Damjanovic.....	65
Dill Bread.....	65
Herbed Pinwheels.....	65
Whole Wheat Pancakes Wheat for Man.....	65
German Apple Pancake Pauleen Livermore.....	66
Whole Wheat Waffles Wheat for Man.....	66
Waffles Roger Collins.....	66
PIES.....	67
Grandma Barbre's Pie Crust Nelle Ensley.....	67
Fruit Tarts Cindy Burton.....	67
Apple Dumplings Hazel Evans.....	67
Dutch Apple Pie Joy Erickson.....	68
Banana Cream Pie or Coconut Cream Pie.....	68
Strawberry Pie.....	68
Peach Cobbler Mima Kearl.....	68
Rhubarb Custard Pie Nelle Ensley.....	69
Penny's Chocolate Pie Penny Stucki.....	69
Strawberry Rhubarb Pie.....	69
Pumpkin Pie Nelle Ensley.....	69
Blueberry Pie Betty Crocker Cookbook.....	70
Lemon Meringue Pie Lynne Ream.....	70
Southern Pecan Pie Shirley Percy.....	70
Dirt Pie Cindy Burton.....	71
Hawaiian Pie Lynette Smith.....	71
CAKES AND FROSTINGS.....	72
Pumpkin Cake Roll Heather Warren.....	72
Chocolate Mousse Cake.....	72
Cheesecake.....	73
Tunnel Cake JoAnne Broadbent.....	73
Heath Bar Cake Louise Dunn.....	73
Banana Nut Cake.....	74
Spice Nut Cake Heather Warren.....	74
Miracle Whip Cake Jean Evans.....	74
Coconut Icing Jean Evans.....	74
Hungarian Chocolate Frosting Jean Evans.....	75

One Bowl Buttercream Frosting.....	75
Apple Cake with Cream Cheese Frosting.....	75
Cherry Chocolate Cake Fern Broadbent.....	75
Oatmeal Chocolate Chip Cake.....	76
Pineapple Upside-Down Cake Debbie Hartman.....	76
Boston Cream Pie.....	76
Chocolate Strawberry Cake.....	77
Strawberries and Cream Sponge Cake Roll.....	77
Pineapple Sheet Cake.....	77
Whole Wheat Carrot Cake Vilda Forster.....	78
Cream Cheese Frosting.....	78
Carrot Cake Pari Edgar.....	78
Dump Cake Karen Coffman.....	78
Italian Cream Cake.....	79
Stained Glass Window Cake.....	79
Decorator Frosting Zina Whetten.....	80
COOKIES AND BARS.....	81
Snickerdoodles.....	81
Chocolate Chip Cookies Jean Evans.....	81
Chocolate Chip Oatmeal Cookies (Marvelettes).....	81
Coconut Wheaties Cookies Jean Evans.....	81
Peanut Butter Cookies Nelle Ensley.....	82
Buried Cherries Louise Dunn.....	82
Fudge Ecstasies Louise Dunn.....	82
Coconut Macaroons Jean Evans.....	83
Molasses Crinkles Debbie Hartman.....	83
Thumbprint Cookies Debbie Hartman.....	83
Famous Oatmeal Cookies.....	83
Grandma Lucy’s Chocolate Cookies Lucy Donoho.....	84
Playdoh Cookies.....	84
Old Fashioned Sugar Cookies Jean Edlefsen.....	84
Sour Cream Butter Cookies Carol Frye.....	84
Old Fashioned Sugar Cookies Jan Thomas.....	85
Buttercream Frosting.....	85
Mexican Wedding Cakes.....	85
Chocolate Chip Sticks Jody Simpson.....	85
Rice Krispies Treats.....	85
Brownies Mark Spear.....	86
Mint Brownies Louise Dunn.....	86
Congo Squares Margaret Evans.....	86
Cheesecake Cookies Mrs. Failor.....	86
Seven Layer Cookies Jan Thomas.....	87
Lemon Coconut Squares Ellen Collins.....	87
Chewy Chocolate Peanut Butter Bars.....	87
Pumpkin Bars Lois Brough.....	88
DESSERTS AND SAUCES.....	89

Table of Contents

Lemon Dessert Barbara Spear.....	89
Eclairs.....	89
English Trifle Julie Merrill.....	90
Strawberry Shortcake.....	91
Raspberry Fool.....	91
Chocolate Cups with Strawberry Filling.....	91
Strawberry Charlotte Russe.....	92
Chocolate Charlotte Russe.....	92
Chocolate Icebox Dessert.....	92
Sunshine Orange Chiffon.....	93
Strawberry Puff.....	93
Strawberry Pizza Dee Westman.....	93
Pumpkin Dessert Lisa Watson.....	93
Apple Crisp Debbie Hartman.....	94
Fluffy Tapioca Pudding.....	94
Baked Custard Betty Crocker Cookbook.....	94
Famous Dave’s Bread Pudding.....	95
Baklava Mary Damjanovic.....	95
Baked Alaska.....	95
ICE CREAM AND YOGURT.....	97
Hot Fudge Sauce Betty Moloney.....	97
Six Three’s Ice Cream Louise Dunn.....	97
Chocolate Mint Chip Ice Cream Bachmans.....	97
Ice Cream Flower Pots Debbie Hartman.....	97
Homemade Yogurt.....	97
Blueberry Sauce.....	98
CANDIES AND TREATS.....	99
Fudge Mary Reimers.....	99
Spiced Pecans Sandra Crawford.....	99
Candy Corn Peanut Mix Debbie Hartman.....	99
Chocolate-Dipped Bananas Sister Pennock.....	99
Peanut Butter Balls Lynne Ream.....	100
Pumpkin Dip for Fruit.....	100
Honey Butter.....	100
JAPANESE.....	101
Curry Rice.....	101
Katsudon Kazumi Koyama.....	101
Gyoza Marty Wolf.....	101
Sukiyaki.....	102
Chicken Teriyaki.....	102
Subuta.....	102
ITALIAN.....	104
Spaghetti Sauce.....	104
Lasagna.....	104
Pizza Crust.....	104

Chicken Cacciatore.....105

CHINESE.....106

 Spring Rolls Mima Kearl.....106

 Egg Rolls.....106

 Sizzling Szechuan Shrimp Debbie Hartman.....106

 Egg Foo Yung.....107

 Sweet and Sour Pork.....107

 Beef with Snow Peas.....108

 Beef and Broccoli Rupert Evans.....108

MEXICAN.....109

 Nachos (Mexican Stuff) Cindy Burton.....109

 Guacamole.....109

MISCELLANEOUS ETHNIC.....110

 Cornish Pasties Rupert Evans.....110

 Sanaa (from Yemen) Rupert Evans.....110

 Kima Mark Spear.....110

FONDUE.....111

 Bacon and Cheese Fondue.....111

 Chocolate Fondue Jean Edlefsen.....111

 Caramel Apple Fondue.....111

CANNING AND FREEZING.....112

 Freezer Tomato Sauce Hilda Kolb.....112

 Frozen Corn Fern Eheart.....112

 Frozen Peaches.....112

 Canned Peaches.....112

 Homemade Applesauce.....113

How to use the formatting:

Use the styles to select text formatting

Heading 1	for recipe categories
Heading 2	for recipe names
ingredients	for various ingredients
instructions	for recipe instructions
separator	for all blank lines

Table of Contents

Always put a number in front of recipe name in the form x.x followed by a tab, but don't worry about making the numbers correct since the computer will later make them numbered properly. You could just type 1.1 for all recipes.

Beverages

Russian Refresher

Shauna Warnick

2 c. Tang	1/3 c. sweetened powdered lemonade
1 1/3 c. sugar	1 t. cinnamon
1/2 t. ground cloves	

Mix three spoonfuls in a mug of hot water.

Grammy's Hot Chocolate Mix

Hazel Evans

1 lb. box Quik + 1 cup	1 (8 qt.) box powdered milk (8 cups)
1 (16 oz.) powdered cream	1 c. powdered sugar (use a little less)
3 T. cocoa	pinch salt

Mix ingredients thoroughly. Mix desired amount in a mug of hot water.

Frozen Fruit Slush

Marie Brennecke

6 c. water	4 c. sugar
1 (46 oz.) can pineapple juice	2 (12 oz.) cans frozen orange juice, undiluted
1/2 c. lemon juice	1/2 jar maraschino cherries or strawberries for color
2 oranges, peeled and finely diced	
5 bananas, mashed	

Mix thoroughly. Freeze, stirring occasionally. Remove from freezer several hours before serving (depending on size of container). Put in glasses or punch bowl and fill with Sprite. Serves over 40 people. You can serve this as a slush dessert, but cut back on the sugar.

Wassail

Debbie Hartman

1 quart apple juice (good)	1 quart orange juice
1 quart cranapple juice	1/2 t. allspice
1 c. sugar	1 orange, studded with cloves
6 cinnamon sticks	

Combine all ingredients and warm through in a crockpot.

Banana Milkshakes

Heather Warren

1 ripe banana, cut in quarters lengthwise and in 1/2" pieces crosswise, frozen	
1 c. milk	

Freeze overripe bananas in individual plastic bags. To make a milkshake, pour milk into blender. Remove banana from freezer and break into chunks. Add to the blender; blend well. Drink immediately.

Summer Fruit Drink

Jean Evans

1 large can frozen orange juice concentrate	1 large can frozen lemonade concentrate
2 small cans frozen limeade concentrate	

Beverages

Thaw juices. Mix according to the directions on the cans. Combine and chill.

Appetizers

Mexican Platter Dip

Linda Brewster

Layer the following ingredients on a round platter. Each layer should be about 1/2" smaller than the layer underneath, so that you end up seeing each layer.

First layer (bottom layer):

1 (30 oz.) can refried beans

Second layer:

Mix together:

3 ripe avocados, peeled and mashed

2 T. lemon juice

1 t. garlic salt

3 drops tabasco sauce

Third layer:

Mix together:

1 c. sour cream

1/2 c. Hellmann's mayonnaise

1 pkg. taco seasoning

Fourth layer:

Chopped green onions

Fifth layer:

Chopped tomatoes

Sixth layer:

Finely shredded cheddar cheese

Seventh layer (top layer):

Chopped black olives

Serve with tortilla chips.

Baked Cheese Balls

Betty Johnston

1/2 lb. sharp cheddar cheese, grated

1 stick butter, softened

1 c. flour

1/4 t. salt

Dash of cayenne pepper

Blend ingredients. Form into 1" balls. Bake at 400 for ten minutes. Makes 48 cheese balls.

Salty Horse

Margaret Evans

Shred a jar of dried chipped beef in a food processor. Transfer to bowl. Fill the same jar with English walnuts and grind them in the food processor (not too fine). Add Hellmann's mayonnaise to moisten for spreading. Serve with Ritz crackers or rye bread.

Sausage-Rye Appetizers

Margaret Evans

1 lb. ground beef

1 lb. hot pork sausage

1 lb. Velveeta cheese

1 t. oregano

Appetizers

1/4 t. garlic salt

2 pkg. party rye bread

Brown and drain meat. Dice cheese and add to meat, with seasonings. Mix well. Spread on bread slices. Freeze on cookie sheets; then bag. Remove as needed. Put under broiler about 5 minutes, until bubbly.

Sausage Dip

Sherron Bodamer

1 lb. ground sausage

1 chopped onion

2 cans diced tomatoes

2 cans chopped green chiles

1/2 c. evaporated milk

2 T. flour

1/2 t. garlic powder

2 c. grated mozzarella cheese

Brown sausage and remove from pan, reserving 1 T. drippings. Brown onions. Add tomatoes and garlic. Boil down 15-20 minutes. Add 2 T. flour; stir. Add 1/2 c. canned milk and chiles. Let simmer. Top with cheese. Serve with tortilla chips.

Reuben Dip

Pam Brown

1 c. Hellmann's mayonnaise

1 c. Thousand Island dressing

1 large can sauerkraut (drained)

2 (8 oz.) pkg. corned beef (deli-style)

16 oz. Swiss cheese

1 medium onion, chopped fine

Combine ingredients. Bake at 350 for 30 minutes. Serve hot with party rye bread.

King's Hawaiian Party Dip

1 pkg. Knorr leek soup mix

1 c. Hellmann's mayonnaise

1 c. sour cream

1 (8 oz.) can chopped clams

dash Lea & Perrins Worcestershire sauce

1 pkg. frozen chopped spinach

For best results, mix the dip the day before, or at least 8 hours before serving. Thaw and drain, but don't cook, spinach. Mix all the ingredients together and refrigerate. Slice the top off of a loaf of King's Hawaiian bread. Hollow out the inside, leaving a 1/4 inch thick shell. Cut the excess bread into approximately 2" pieces. Fill loaf with the dip; surround the loaf with the extra pieces of bread and with assorted raw vegetables. After pieces of bread are eaten, break off the remained of the loaf and use those pieces to serve with the dip.

Knorr Spinach Dip

1 (10 oz.) pkg. frozen chopped spinach

1 pkg. Knorr vegetable soup mix

1 1/2 c. sour cream

1 c. Hellmann's mayonnaise

1 (8 oz.) can water chestnuts, chopped

3 green onions, chopped

Thaw spinach and squeeze dry. Stir together soup mix, sour cream, and mayonnaise. Stir in remaining ingredients. Cover; chill 2 hours. Makes 4 cups.

Cheese Ball

1 (8 oz.) pkg. cream cheese, softened

1 (8 oz.) pkg. shredded cheddar cheese

1 T. instant minced onion

1 T. Lea & Perrins Worcestershire sauce

3/4 c. chopped ham slices (get deli-type ham and cut into 1/2" squares)

Mix all ingredients in mixer, reserving 1/4 c. ham. Form into a ball and press remaining ham on the outside of the ball.

Sausage Balls in Apple Butter

Debbie Hartman

1 jar apple butter

2 lb. Jimmy Dean original recipe sausage

Roll sausage into 1" balls. Line jelly roll pan with foil and place sausage balls on foil. Bake at 425° for 20 minutes. Heat apple butter and place sausage balls in it; stir. Keep warm in a fondue pot or chafing dish.

Asparagus Morsels

Betty Johnston

1 loaf (1 lb.) Sunbeam-type white bread

1 (8 oz.) cream cheese, softened

4 oz. blue cheese

1 T. Hellmann's mayonnaise

1 egg, beaten

16-18 asparagus spears, cooked

1/2 c. melted butter

Trim crusts from bread and roll bread as flat as possible. Mix together cheeses, mayonnaise, and egg until smooth. Spread on bread slices. Place one asparagus spear on each slice and roll up. Cut into thirds and dip into melted butter. Bake at 350° until brown, about 15 minutes. Makes 48-54. Morsels may be frozen before baking.

Creamy Salsa Dip

1 c. Hellmann's mayonnaise

1 c. sour cream

1 pkg. Knorr vegetable soup mix

1 jar (12 oz.) medium chunky salsa

Stir all ingredients until well mixed. Cover; chill 2 hours. Serve with tortilla chips. Makes 3 cups.

Sausage Stars

LynnEl Springer

1 lb. sausage, cooked and crumbled

1 1/2 c. shredded Monterey Jack cheese

1 1/2 c. shredded sharp cheddar cheese

1 c. prepared Hidden Valley Ranch

1 (2.25 oz.) can sliced black olives

salad dressing mix

1/2 c. chopped red bell pepper

1 pkg. won ton wrappers

oil

Blot sausage dry with paper towels and combine with cheeses, salad dressing, olives, and red pepper. Lightly grease a muffin tin and press one wrapper in each cup (it will be indented in the middle and the points will form kind of a star shape). Brush wrapper edges with oil. Bake at 350° for 5 minutes, until golden brown. Remove from tins. place on baking sheet. Fill with sausage mixture. Bake 5 more minutes, until bubbly. Makes 4-5 dozen.

Salads and Dressings

Fruit Kabobs

Lynette Smith

strawberries, washed and hulled	watermelon, cut in 1" chunks
cantaloupe, cut in 1" chunks	canned pineapple chunks, drained
grapes	mint leaves
wooden skewers	

Slide pieces of fruit onto wooden skewers. After every two pieces of fruit, slide a mint leaf, and continue with fruit and mint leaves until the skewer is full, about 1" from the top and the bottom. Stack on a plate, cover, and refrigerate until ready to use.

Cauliflower Salad

Barbara Sutherland

2 heads cauliflower	1 pound bacon (fried crisp and crumbled)
4 stalks green onions	2 green bell pepper
4 c. shredded cheddar cheese	2 c. Hellmann's mayonnaise

Cut up all vegetables fine. Add bacon and mayonnaise. Mix together and chill.

Avocado Salad

Emily Fleischman

1 head iceberg lettuce	2 tomatoes, cut into wedges, then cut each wedge in half
2 avocados, cut in 1/2" pieces	1/2 t. lemon juice
1 t. lemon pepper	
about 3/4 c. Hellmann's mayonnaise	

Tear the lettuce into bite-sized pieces. Combine all the rest of the ingredients, tossing together well. The amount of mayonnaise depends on personal preference; add a little at a time so you don't get too much.

Five Cup Salad

Pat McNabb

- 2 (15 oz.) can mandarin oranges, drained well
- 2 (15 oz.) can pineapple tidbits, drained well
- 2 cups miniature marshmallows
- 2 small carton whipping cream
- 2 c. coconut

Whip cream and fold in remaining ingredients. This can be made the night before; when made early it's a little less runny.

Mandarin Orange Salad

- 1 (3 oz.) pkg. orange jello (you don't add water to this)
- 1 (12 oz.) container Cool Whip
- 1 (15 oz.) can mandarin oranges, drained
- 1 (15 oz.) can crushed pineapple, drained
- 1 (6 oz.) can frozen orange juice concentrated, thawed

Stir jello and Cool Whip until smooth. Add juice and mix. Fold in fruit and chill.

Strawberry Salad

Lucy Donoho

- 2 small pkg. frozen strawberries
- 1 1/2 c. hot water
- 1 small can crushed pineapple, drained
- 2 small pkg. strawberry jello
- 2 mashed bananas
- 1 c. sour cream (optional)

Mix jello and hot water; add frozen berries, chopped in large chunks. Stir until all the ice is melted. Add bananas and pineapple. Pour half of this mixture into a pan or mold; chill. Daub the sour cream around over this, then pour the remainder of the jello mixture on top of the sour cream.

Apple Salad

Pat McNabb

- 5 medium apples, peeled and cut in 1/2" pieces
- 1/2 c. Hellmann's mayonnaise
- 2 T. sugar
- 1/2 c. raisins
- 1 t. lemon juice
- 1 t. cinnamon
- 1/3 c. chopped pecans

Sprinkle the raisins with 1 t. water and microwave about 20 seconds to soften them; drain off remaining water. Mix the mayonnaise, lemon juice, sugar and cinnamon together. Mix apples, softened raisins, and nuts with the dressing mix. Cover and chill.

Summer Salad

- 1 small carton small curd cottage cheese
- 1 c. miniature marshmallows
- 1 (6 oz.) pkg. jello, dry
- 1 (16 oz.) Cool Whip
- 1 large can crushed pineapple, drained

Mix together; chill.

Blueberry Jello Salad

- 1 (6 oz.) pkg. black raspberry jello
- 1 c. cold water
- 1 (8 oz.) can crushed pineapple, undrained
- 2 c. hot water
- 1 can blueberry pie filling

Dissolve jello in hot water. Add cold water. Add blueberry pie filling and crushed pineapple. Let set several hours or overnight. Then frost with the following topping:

Topping:

- 1/2 pint sour cream
- 1/2 c. sugar
- 1 pkg. (8 oz.) cream cheese, softened
- 1/2 c. chopping pecans

Mix all ingredients well. Frost salad.

Cranberry Mousse Salad

- 1 (20 oz.) can crushed pineapple in juice (not syrup)
- 1 c. water
- 3 T. fresh lemon juice
- 2 c. sour cream
- 1 (6 oz.) pkg. strawberry jello
- 1 - 1 lb. can whole berry cranberry sauce
- 1/4 t. ground nutmeg
- 1/2 c. chopped pecans

Drain pineapple well and reserve juice. Add juice to jello in a 2-quart saucepan and stir in water. Heat to boiling, stirring to dissolve. Take from heat and add cranberry sauce,

Salads and Dressings

lemon juice, and nutmeg. Chill until slightly thickened. Blend in sour cream and fold in pineapple and nuts. Chill.

Thanksgiving Cranberry Salad

Carolyn Newman

12 oz.. raw cranberries, frozen	1/2 c. sugar
4 c. small marshmallows	1/2 c. chopped pecans
3/4 c. finely diced apples	1/2 pint whipping cream

Chop frozen cranberries in food processor until completely ground up. Mix ground cranberries, sugar and marshmallows in salad bowl and let stand overnight in refrigerator. Add chopped nuts and apples or pineapple. Whip cream until firm and fold into above mixture. Serve immediately.

White Salad

1 pkg. miniature marshmallows	1/2 c. milk
1 (8 oz.) pkg. cream cheese	2 c. cottage cheese
1 small can mandarin oranges, drained	1 small can pineapple chunks, drained
1 (8 oz.) Cool Whip	

Melt marshmallows in milk (use a heavy pan and low heat). Add softened cream cheese, broken into pieces. Cool. Stir in cottage cheese, oranges, pineapple, and Cool Whip. Chill.

Watergate Salad

1 pkg. pistachio pudding (dry)	2 c. miniature marshmallows
1 (15 oz.) can crushed pineapple, undrained	1 (8 oz.) Cool Whip

Mix and chill.

Kiwi, Orange, and Banana Salad with Honey-Nutmeg Dressing

1/4 c. plain yogurt	1 t. honey
a pinch of nutmeg, or to taste	2 navel oranges
2 bananas	3 kiwis

Peel oranges and remove white pith with a serrated knife. Cut fruit into sections. Peel bananas, half them lengthwise and cut crosswise into 1/2 inch slices. Peel kiwis, half them lengthwise, and cut crosswise into 1/2 inch slices. In a serving bowl, whisk together the yogurt, honey, and nutmeg. Add the fruit and stir the salad gently to combine well. Serves 4.

Chinese Chicken Salad

Ruth Hassell

1 1/2 c. cooked chicken	2-4 oz. rice sticks (deep fried)
4 stalks green onions, chopped	2 T. slivered toasted almonds
2 T. sesame seeds	1 small head lettuce or an equivalent amount of mixed lettuce

Buy the rice sticks at an Asian food store (the package says "rice stick"). Heat several inches of oil in the bottom of a wok or deep pan. Break off some of the rice sticks, place them in the oil, and they'll puff up immediately. Turn the sticks over and they'll finish

puffing up. Drain on paper towels. Repeat process until you'll finished 2-4 oz. (it will make a big stack). Toss the above ingredients with the dressing just before serving.

Dressing:

2 T. sugar	1 t. salt
1/4 c. plus 1 T. salad oil	1/2 t. cracked pepper
3 T. vinegar	

Combine all of the above ingredients in a blender or stir very well. Make it ahead of time and chill well.

Oriental Salad

Ron Westman

1 large head bok choy	5 stalks green onions, chopped
-----------------------	--------------------------------

Cut bok choy into bite-sized pieces. Mix with green onions.

2 pkgs. Ramen noodles	1/2 c. sesame seeds
1 small package sliced almonds	1-2 T. butter

Lightly brown noodles (remove the Ramen seasoning), sesame seeds, and almonds in butter. Cool mixture on paper towel.

3/4 c. salad oil	1/4 c. sesame oil
1 c. sugar	1 T. Kikkoman soy sauce
1/2 c. cider vinegar	

Mix together until sugar is dissolved.

Combine all ingredients in large salad bowl. Toss well and serve immediately.

Layered Salad

Martha Broadbent

1/2 head iceberg lettuce (torn in bite-size pieces)	
1/2 pkg. frozen peas	1 c. cauliflower, bite-size pieces
3/4 c. celery, chopped	1/2 green pepper, chopped
5 pieces bacon, fried and crumbled	Hormel salad seasoning

Layer ingredients. Frost with Hellmann's mayonnaise. Make sure it is covered and sealed to edges (about 2 cups). Chill for 24 hours.

Taco Salad

Mary Damjanovic

1 lb. ground beef	1 head iceberg lettuce, bite-size pieces
1 lb. shredded cheddar cheese	1 small can kidney beans, drained
1 large can mushrooms, drained	1 small can chopped black olives, drained
1 small onion, chopped	1 (8 oz.) bottle 1000 Island dressing

1 pkg. taco seasoning

Layers:

lettuce, onion, olives

brown ground beef, drain, add taco seasoning, beans, mushrooms dressing

cheese

serve with tortilla chips, sour cream, and tomatoes

Salads and Dressings

Broccoli Salad

Helen Johnson

- 1 large bunch fresh broccoli or 2 pkg. frozen chopped broccoli
- 1 c. chopped celery
- 2 hard-boiled eggs, chopped
- 1 c. Hellmann's mayonnaise
- 1/4 c. chopped onion
- 1 small jar sliced black olives
- 1 t. lemon juice

Steam broccoli in a little water until still crisp. Drain well and cool. Mix with remaining ingredients. Stir thoroughly before serving. Make the day before.

Broccoli Salad

JoAnne Broadbent

- 1 head fresh broccoli, cut into florettes
- 8 slices bacon, fried and crumbled
- Dressing:
- 1/2 c. Hellmann's mayonnaise
- 1/2 c. green onions
- 1/2 c. raisins
- 1/2 c. sugar
- 2 T. vinegar

Toss broccoli, bacon, and dressing. Refrigerate at least 1 hour before serving.

Caesar Salad

- 1 medium head romaine lettuce
- 1 1/4 c. onion and garlic croutons
- Caesar salad dressing
- 1/3 c. Parmesan cheese
- freshly ground pepper

Tear washed and dried romaine into fork-sized pieces and place in a salad bowl. Pour in the dressing and toss lightly. Add cheese, pepper, and croutons. Toss until well distributed. Serves 4-6.

Caesar Salad Dressing:

- 1 clove garlic or 1/4 t. garlic powder
- 1/4 t. prepared mustard
- 2 T. lemon juice
- 1 well-beaten egg
- 6 anchovy fillets (optional)
- 1/8 t. Lea & Perrins Worcestershire sauce
- 1/3 c. olive oil

Mix all the ingredients together until well blended.

Spinach Salad

Julie Teuscher

- 2 bags pre-washed spinach (tear off stems and tear into bite-sized pieces)
- 1 small head iceberg lettuce, torn into bite-sized pieces
- 3/4 lb. fresh mushrooms, sliced (don't wash the mushrooms, just brush them)
- 1/2 purple onion, chopped fine
- 1/2 lb. bacon, cooked and crumbled
- 3/4 lb. Swiss cheese, grated
- 1 c. small curd cottage cheese

Combine spinach and lettuce. Add the other ingredients just before you serve.

Dressing:

- 3/4 t. poppy seeds
- 1/3 c. white vinegar
- 1/3 c. oil
- 1/3 c. sugar
- 3/4 T. onion (use part of the purple onion from the salad)
- 3/4 t. salt
- 1/3 t. prepared mustard

Blend all ingredients in a blender and toss with the salad just before serving.

Spinach Salad

Mah Jongg

1 lb. fresh spinach	1 can water chestnuts, sliced
3 hard-boiled eggs, chopped	6 pieces bacon, fried and crumbled
1/2 onion, finely chopped	
Dressing:	
1/2 c. oil	2 T. Lea & Perrins Worcestershire sauce
1/2 c. sugar	2 T. vinegar
3 T. catsup	salt and pepper

Toss dressing with salad just before serving.

Nauvoo Salad

Louise Dunn

2 1/2 lbs. lettuce (iceberg and green leaf)	1 lb. baby spinach
1 lb. mushrooms, sliced	1/2 purple onion, chopped fine
2 avocados, diced	1 lb. bacon, fried crisp and crumbled
1 lb. shredded Swiss cheese	2 c. red grapes, sliced in half
2 (20 oz.) cans pineapple tidbits, drained	2 (15 oz.) cans mandarin oranges, drained
Dressing:	
1 1/2 c. sugar	2/3 c. vinegar
2 t. dry mustard	2 c. vegetable oil
2 t. salt	1 T. poppy seeds

Make the dressing first; blend well with a whisk. Refrigerate while you make the salad. Wash lettuce and tear into bite-sized pieces. Combine all the salad ingredients, except the oranges. Pour dressing over salad at the last minute, tossing gently just before serving. Add the mandarin oranges at the very end. This recipe makes 25 large portions.

Cucumber Salad

Famous Dave's Cookbook

2 cucumbers, peeled and sliced thin	1 medium white onion, sliced very thin
1 c. vinegar	1 c. sugar
1 c. water	1/4 t. black pepper
1/4 t. celery seed	1 t. salt
red pepper flakes	

Mix the vinegar, sugar, water, and seasonings together, making sure the sugar is dissolved. Add the dressing and mix well. Refrigerate 24 hours before serving.

Potato Salad

Jean Evans

8 medium-size potatoes	1 c. chopped celery
1 small onion, chopped fine	4 hard boiled eggs, peeled and chopped
2 T. pickle relish	1 c. Hellmann's mayonnaise

Peel potatoes and cut into 3/4" chunks. Put in a covered pot and cover with cold water. Bring to a boil and cook until tender but not mushy, at least 10 minutes. Drain and put into a bowl. Add remaining ingredients; stir until well mixed. Put into serving bowl and sprinkle with paprika. Cover and refrigerate. It's good warm or cold.

Salads and Dressings

Mac and Tuna Salad

Lynne Ream

- | | |
|----------------------------------|--------------------------------------|
| 1 (12 1/2 oz.) can tuna, drained | 6 oz. shell or bows macaroni, cooked |
| 1/2 can sliced black olives | 1 medium onion, chopped |
| 4 boiled eggs, chopped | 1/2 c. celery, chopped |
| 1 green pepper, chopped | 1 c. frozen peas, uncooked |

Combine ingredients and add enough mayonnaise to make creamy or almost sloppy (pasta will absorb it). Add salt to taste. Best made the day before. Yields approximately 7 cups.

Pasta Salad

- | | |
|--------------------------|---------------------------|
| 1/2 lb. cavatelli pasta | 1/2 lb. rotini pasta |
| 1 c. cubed ham | 1 c. cubed cheddar cheese |
| 1 c. frozen peas, thawed | 2 T. onion, chopped fine |
| 2 T. vinegar | 1/2-1 t. basil |
| 2 t. lemon juice | Hellmann's mayonnaise |

Cook pasta according to package directions (you can use any shape pasta). Drain and cool. Add remaining ingredients and enough mayonnaise to moisten well. Cover and refrigerate at least 2-3 hours.

Chicken Salad

JoAnne Broadbent

- | | |
|---------------------------------|------------------------------|
| 3 c. chicken, cooked and diced | 1 1/4 c. chopped celery |
| 1 1/4 c. sliced fresh mushrooms | 3 hard-cooked eggs, sliced |
| 1/2 c. chopped onion | 1/2 c. Hellmann's mayonnaise |
| 1/2 c. sour cream | 3/4 t. salt |
| 4 oz. slivered almonds | |

Mix the above ingredients together and refrigerate. Serve cold. Serves 8.

French Dressing

- | | |
|---|----------------------|
| 1 can tomato soup | 1 1/2 c. salad oil |
| 1 1/2 t. salt | 3/4 c. sugar |
| 3/4 c. vinegar | 2 t. grated onion |
| 2 t. Lea & Perrins Worcestershire sauce | 1/4 t. paprika |
| 1 t. dry mustard | 1/4 t. garlic powder |

Mix well in food processor. Makes one quart.

Green Goddess Dressing

- | | |
|------------------------------|------------------------------------|
| 1/2 t. basil | 1/4 c. yogurt |
| 1/4 c. chopped fresh parsley | 1 t. chopped green onion or chives |
| 2 t. vinegar | 1/4 t. salt |
| dash pepper | 1/2 c. Hellmann's mayonnaise |

Blend ingredients in blender. Stir in mayonnaise.

Soups and Stews

Minestrone

JoAnne Broadbent

4 c. canned tomatoes, chopped	4 c. water
1 (8 oz.) can tomato sauce	4 large ribs celery, diced
3 large carrots, diced	2 large onions, chopped
1 t. basil	1/2 t. oregano
1 T. parsley powder)	1 or 2 cloves garlic (or 1/2 t. garlic)
1 T. sugar	1 lb. bulk Italian sausage
2 (14 oz.) cans green beans	2 (16 oz.) cans red beans
1 c. uncooked pasta shells	salt and pepper to taste

Brown sausage in large pan. Add onions, celery, and carrots. Drain well. Add tomatoes, water, tomato sauce, and spices. Simmer slowly for 3 or 4 hours. Add beans and pasta and simmer 1 more hour.

Vegetable Soup

Jean Evans

leftover beef cut in 1/2" chunks	3 potatoes, peeled and cut in 1/2" pieces
4 carrots, peeled and sliced	1/3-1/2 head cabbage, chopped
3 stalks celery, chopped	1 onion, chopped fine
1 (15 oz.) can diced tomatoes	1/3 c. barley
1 (15 oz.) can corn, undrained	1 (15 oz.) can peas, undrained
1 (15 oz.) can green beans, undrained	salt and pepper
water	

In a large pan, combine beef, potatoes, carrots, cabbage, celery, onion, tomatoes, barley, salt, and pepper. Add about 2 c. water. Cover and bring to a boil; cook until the carrots are tender. Reduce heat and add the cans of corn, peas, and green beans. Simmer for an hour or two. (Jean didn't use the cabbage or barley but did use lima beans).

Taco Soup

Rochelle Mooth

1 lb. ground beef, browned and drained	1 onion, chopped and browned
1 (14.5 oz.) can diced tomatoes	1 (15.25 oz.) can whole kernel corn,
1 (15 oz.) can red beans, including juice	including juice
1 pkg. taco seasoning	

Mix all together. Bring to a boil and reduce heat to low for at least half an hour. Ladle into bowls and sprinkle with grated cheese and a spoonful of sour cream. Serve with crushed tortilla chips or Fritos.

Swan Soup (Soup Continental)

Lois Brough

2 T. finely chopped onion	2 c. diced potatoes
1 c. diced celery	2 c. turkey broth
1 c. chopped turkey	2 c. corn

Soups and Stews

1 large can evaporated milk	1 t. salt
1/4 t. paprika	1/4 t. pepper
1/4 t. ginger	2 T. chopped parsley

Melt a little butter in a pan and sauté the onion until transparent. Add potatoes, celery, and turkey broth. Boil until the vegetables are done. Add corn, turkey, and seasonings. Add milk (do not boil after you've added the milk).

Cream of Chicken Soup

4 c. chicken or turkey broth	4 T. butter
4 T. flour	salt and pepper
1 c. cream	

Cook butter and flour for two minutes. Add broth and bring just to a boil. Add the cream and keep on low heat.

Potato Soup

Cindy Burton

6 slices bacon	1/2 c. chopped onion
1/2 c. chopped celery	2 large potatoes, peeled, cut in 1/2" cubes
1 c. water	1 t. dry mustard
1 1/2 c. milk	1 can cream of chicken soup
salt and pepper	

In a large saucepan, fry bacon until crisp. Remove bacon, reserving 1 T. drippings in the pan. Drain bacon on paper towel. Crumble bacon and set aside. Add onion and celery to pan; cook until tender. Stir in the potatoes, water, and mustard. Bring to boiling; reduce heat. Simmer, covered, for 15 minutes or until potatoes are just tender. Stir in milk, soup, and bacon. Simmer for a few hours.

Beef Stew

Cindy Burton

4 lb. stew meat, cut into 1" cubes	1/2 c. flour
2 t. salt	1 t. garlic powder
1/2 t. pepper	2 cans diced tomatoes, undrained
2 cans beef broth (or 2 c. water)	4 c. cubed potatoes
2 c. celery	1 lb. baby carrots
3 small onions, quartered	2 bay leaves
2 T. minute tapioca	1/2 c. Lea & Perrins Worcestershire sauce

Coat meat with flour, salt, garlic powder, and pepper mixture. Brown in oil. Mix with vegetables and 1) cook on top of stove or 2) bake in 2 13 x 9 pans, covered, for 4 hours at 325°.

Pork Stew

1 onion, chopped	1 lb. pork, cut into 3/4" pieces
4 carrots, chopped into rings	4 stalks celery, chopped
4 potatoes, cut into 1" pieces	1 sweet potato, cut into 3/4" pieces
1/2 head cabbage, chopped fine	1/2 c. whole barley
water	salt and pepper

1 t. thyme

Sauté onion and pork together in the bottom of a Dutch oven. Add carrots, celery, potatoes, sweet potato, cabbage, barley, seasonings, and enough water to cover everything. Bring to a boil and cook until the vegetables are tender. Simmer for an hour or two.

Brunswick Stew

Betty Johnston

1 chicken	1/4 lb. salt pork, cubed
1 (20 oz.) pkg. frozen corn	1 (20 oz) pkg. frozen lima beans
3 (14.5 oz.) cans diced tomatoes	6 red potatoes, peeled and cubed
2 onions, chopped	1 t. sugar
salt and pepper	

Boil the chicken and salt pork until chicken falls from bones. Remove skin and bones of chicken. Add to broth, chicken, and pork, the potatoes, onions, and tomatoes. Boil for 5 minutes. Add remaining ingredients. Cook slowly, until stew is thick. Stir fairly often to be sure it doesn't stick. Cook a long time. Make at least one day early. May be frozen.

Cream of Turkey Soup with Herbs

Shirley Pearcy

2 c. cooked diced turkey	4 c. turkey or chicken broth
1 onion, chopped	1 stalk celery, diced
1 carrot, sliced	1/2 c. butter
1/2 c. flour	3 c. milk
1 c. cream	1/4 t. each of thyme, marjoram, and chives
1 bay leaf	1/8 t. nutmeg
1/2 t. turmeric	3/4 c. cooked rice
salt and pepper	

Place broth, onion, celery, and carrot in a large pan and bring to a boil. Reduce heat and simmer about an hour. Melt butter in a pan and blent in flour, milk, and cream. Stir and cook to gravy consistency. Add seasonings, turkey, and rice. Heat, don't boil. Combine contents of both pans and simmer.

Pasta and Rice

Sausage and Mostaccioli Bake

Cindy Burton

16 oz. mostaccioli or penne	1 or 2 lb. bulk Italian sausage
1/2 c. chopped onion	1/4 c. chopped green pepper
1 clove garlic, minced	2 (14.5 oz.) can diced tomatoes
1 (6 oz.) can tomato paste	1/2 c. water
1/4 t. oregano	1/2 t. basil
1/8 t. pepper	6 oz. shredded cheddar cheese

Cook pasta according to package directions. Drain. Brown sausage, onion, green pepper, and garlic. Drain. Stir undrained tomatoes, tomato paste, water, and seasonings into the meat mixture. Combine with pasta and cheese. Bake at 350°, covered, for about an hour. This recipe can be made with either one or two pounds of sausage, depending on how much meat you want.

Spaghetti alla Carbonara

4 T. soft butter	2 whole eggs.
2 egg yolks	

Beat the above ingredients together.

8 slices bacon, fried and broken into small pieces	
3/4 c. cream	1 c. grated Parmesan cheese
1 lb. spaghetti	1/2 t. salt
1/8 t. pepper	

Cook spaghetti; drain immediately and toss with butter and egg mixture, stirring to cook egg and coat spaghetti strands. Add bacon, cream, and cheese. Serve immediately. Serves four.

Straw and Hay

1/2 lb. green pasta	1/2 lb. plain pasta
1 T. butter	1/2 c. chopped onion
2 c. sliced mushrooms	10 oz. frozen baby peas, thawed
2 c. diced cooked ham	1 1/2 c. heavy cream
1 c. freshly grated Parmesan cheese	1/2 t. salt
1/2 t. pepper	1/4 c. butter

Cook pastas al dente. Drain, Set aside and keep warm.

Melt 1 T. butter; sauté onion about 3 minutes, until soft. Add mushrooms; sauté 3 minutes, until tender. Add peas and ham; sauté 2 minutes. Remove from heat. Add pastas and toss well. Cover.

Heat cream and 1/4 c. butter until hot. Pour over pasta mixture. Sprinkle with cheese, salt, and pepper. Toss well.

Pasta with Chicken and Vegetables

11 T. butter	3/4 c. flour
6 c. chicken broth	2 c. cooked, chopped chicken
1 head broccoli, cut into small pieces	4 carrots, peeled and sliced
1 lb. asparagus, sliced into 1" pieces	1/2 lb. mushrooms, sliced
1 c. grated Parmesan cheese	1 lb. spaghetti

Melt butter; add flour and chicken broth to make a white sauce. In a large frying pan, sauté broccoli, carrots, and asparagus for a few minutes. Add 1/2 c. water, cover, and steam until barely tender. Add mushrooms and cook another minute or two. Drain water. Cook spaghetti; drain water. Toss all ingredients together with cheese and serve immediately.

Italian Ziti Medley

1/2 lb. Italian sausage, sliced into coins	1/4 c. butter
1 c. sliced mushrooms	1 c. green pepper strips
1/3 c. chopped onion	1/3 c. flour
2 1/4 c. milk	2 c. shredded cheddar cheese
1/2 c. grated Parmesan cheese	1/2 t. pepper
3 c. ziti, uncooked	

Brown sausage; remove from pan and drain. Melt butter and cook mushrooms, pepper, and onion until tender. Blend flour into vegetable mixture; gradually stir in milk. Cook, stirring constantly, until mixture begins to boil. Boil and stir one minute. Blend in 1 1/2 c. cheddar cheese, Parmesan cheese, and pepper until cheese are melted and mixture is smooth. Cook ziti; drain. Stir ziti and sausage into vegetable cheese mixture. Pour into a two quart casserole. Sprinkle with remaining cheddar cheese. Bake, covered, at 350° for 30 minutes, or until hot and bubbly.

Penne with Chicken and Sun-Dried Tomatoes

1 lb. penne	1/2 c. coarsely chopped sun-dried tomatoes (not oil packed)
1 c. water	1/2 c. green onions, chopped
1 c. mushrooms, sliced	1 lb. boneless chicken, cut in 1" pieces
1/2 t. garlic powder	2 T. olive oil
1 t. basil	2 T. cornstarch
2 c. milk	
salt and pepper to taste	

Cook penne; drain. In a small bowl, combine water and tomatoes; let stand 15 minutes. In a large skillet, cook mushrooms, onions and garlic about three minutes; remove mixture from skillet. In the same skillet, brown chicken in oil, then add basil, and the tomato mixture (undrained). Bring to a boil; reduce heat and simmer covered 15 minutes, stirring occasionally. Stir together milk and cornstarch; stir into chicken mixture. Cook and stir until thickened and bubbly. Add the mushroom mixture and the cooked penne.

Penne with Sausage and Sweet Peppers

Cindy Burton

8 oz. penne	1 lb. fresh Italian sausage
-------------	-----------------------------

Pasta and Rice

2 medium green peppers
1/2 c. water
salt and pepper

1 onion
1 (14.5 oz.) can diced tomatoes

Cook penne according to package directions; drain. Cut sausage into 3/4" pieces. Cut onions and peppers into large chunks. In a large skillet, cook sausage and onions until brown. When almost done, add peppers. Drain. Add broth and tomatoes and simmer, covered, 30 minutes. Serves 6.

Orange-Basil Linguine

Penny Stucki

6 oz. linguine, uncooked
1 T. butter
1/2 c. chicken broth
1/2 c. orange juice

2 t. cornstarch
1 T. chopped fresh basil or 1/2 t. dry basil
1/8 t. grated orange rind
1 T. Parmesan cheese

Cook linguine according to package directions. Drain well and set aside. Combine butter, chicken broth, orange juice, and cornstarch in a small saucepan; stir well. Bring to a boil, and cook 1 minute. Remove from heat. Add basil and orange rind; stir well. Pour over linguine; toss gently. Sprinkle with cheese. Serves 6.

Cincinnati Chili

Mima Kearl

1 pkg. Cincinnati chili seasoning mix
1 (28 oz.) can diced tomatoes
1 1/2 lbs. lean ground beef

4 c. water
1 6-oz. can tomato paste

Combine the mix with water, diced tomatoes, and tomato paste. Break up the ground beef into the liquid and stir it up with a fork (you don't brown the ground beef). Bring to a boil and then simmer, uncovered, for several hours. Serve over hot angel hair spaghetti and top with grated cheddar cheese.

Fried Rice

3 T. oil, more if needed
cook 1/2 c. chopped onion
1/4 c. chopped carrots
1/2 t. ginger
1/2 c. peas
3 eggs, slightly beaten

1 c. cooked pork (or use raw pork and with onion)
1/2 t. garlic powder
2 T. Kikkoman soy sauce
2 c. cabbage, shredded
4 c. cooked rice, chilled

Heat oil in wok or frying pan. Cook pork, onions, cabbage, and carrots. Add peas after the other vegetables are cooked. Add rice. Add a little more oil if rice seems dry. Stir in soy sauce and seasonings. With a large spoon, stir until all the rice is coated with the seasonings. Make a well in the middle of the rice and pour beaten eggs into it. Cook and stir and then mix in with the rice.

St. Paul's Rice

Carol Stone

1 1/2 lb. sausage (any mild, ground sausage)
Crumble, fry, and drain.

2 pkg. Lipton noodle soup
4 1/2 c. water

3/4 c. rice

Place the soup mix, water, and rice in a saucepan and boil for 7 minutes.

5 ribs celery	1 green pepper
1 onion	1/4 t. garlic powder
pepper	1 pkg. slivered almonds

Chop the celery, green pepper, and onion and mix together in a large bowl. Add the sausage and the rice mixture and mix well. Put into a greased 13 x 9 pan and bake for 1 hour at 350°, uncovered. The last 15 minutes sprinkle with the almonds. You can make this ahead of time and freeze it, unbaked, but you need to thaw it before baking.

Rice Pilaf

Ruth Hassell

2 (14.5 oz.) cans chicken broth	3 or 4 green onions, chopped
1 1/2 c. rice	1/4 lb. bacon, fried and crumbled
2 T. Kikkoman soy sauce	1 small package slivered almonds

Combine all ingredients in a covered casserole dish. Bake at 350° for 1 hour and 15 minutes.

Beef Rice Pilaf

Ruth Hassell

2 (14.5 oz.) cans beef broth	1 stick butter
1 small can mushrooms, undrained	minced onion
1 1/2 c. rice	

Combine all ingredients in a covered casserole dish. Bake at 350° for 1 hour and 15 minutes.

Asparagus Casserole Bake

1 1/4 c. water	1 1/2 c. chicken broth
1 t. salt	1 lb. asparagus, cut in 1" pieces
2 T. butter	1 small onion, chopped
1/4 t. garlic powder	1 c. uncooked rice
1/2 c. red bell pepper, diced	1/2 c. grated Parmesan cheese
1/4 t. pepper	

To prepare asparagus, break the end (not the tip end) off and discard. Then cut into 1" pieces. Mix all ingredients and pour into a 2-quart casserole; cover. Bake at 400° degrees for 1 hour, stirring every 20 minutes.

Herbed Rice

Jean Edlefsen

3 T. butter	1 medium onion, chopped
1 c. uncooked rice	3/4 t. basil
3/4 t. marjoram	1/4 t. thyme
1/4 t. curry powder	1/2 t. sage
1 t. salt	3 c. chicken broth

Sauté rice and onion in butter for 5 minutes. Add all else and cook as for regular rice. If using brown rice, cook longer. Serves 4-6.

Pasta and Rice

Sandra's Rice

Sandra Crawford

1/4 c. butter

1/2 c. onions

1 1/2 c. rice

3 c. chicken broth

3/4 t. garlic salt

1/3 c. Parmesan cheese

Sauté onions in butter. Add rice until butter is absorbed. Stir in broth and bring to boil. Transfer to oven. Bake uncovered for 30 minutes at 350°.

Eggs and Cheese

Hard-Boiled Eggs

Place eggs in saucepan; add enough cold water to come at least 1" above eggs. Cover and heat rapidly to boiling. Remove from heat and let stand 20 minutes. Immediately cool eggs in cold water to prevent further cooking. Tap egg to crackle shell. Roll egg between hands to loosen shell, then peel. Hold egg under running cold water to help ease off shell.

Deviled Eggs

12 eggs, hard boiled	1/4 t. salt
1/2 c. Hellmann's mayonnaise	1/4 t. pepper
1/3 c. sweet pickle relish	1/8 t. garlic powder
1 t. powdered mustard	paprika

Cut eggs in half, lengthwise. Put yolks and all other ingredients except paprika into a small bowl and mix thoroughly by hand. Fill pastry bag with filling and pipe the mixture back into the egg halves. Sprinkle yolk mixture lightly with paprika.

Macaroni and Cheese

Jean Evans

8 T. butter	1/2 c. flour
salt	pepper
4 c. milk	

Melt butter and add flour, stirring well. Stir constantly for one to two minutes. Gradually add 1 cup milk and stir until well blended. Add 3 more cups milk. Stir constantly until sauce thickens and begins to bubble. Add salt and pepper to taste.

Stir in:

- 12 oz. shredded cheddar cheese (you might want more cheese)
- 1 pound elbow macaroni, cooked and drained
- 1/2 pound beef smoked sausage, sliced in 1/4" slices

Pour mixture into 13 x 9 pan. Bake about an hour at 350°, until light golden brown.

April's Quiche

April Cropper

1 lb. sausage or 1 pkg. bacon, fried and drained	
9" pie crust	1/2 c. shredded c cheese
1/2 c. shredded Swiss cheese	1 c. sliced fresh mushrooms
1/4 c. chopped onion	1/4 c. chopped green pepper
2 T. butter	1 T. flour
3 beaten eggs	1 1/4 c. half and half (or 2% milk)

Put the sausage or bacon and the cheese into the bottom of the unbaked 9" pie crust. Sauté mushrooms, onion, and green pepper in butter until soft. Remove from heat and stir in the flour. Blend together eggs and the half and half (or milk). Combine the egg mixture

Eggs and Cheese

with the mushroom mixture and pour over the meat and cheese. Bake at 350° for 45-50 minutes.

Breakfast Casserole

Peggy Lietz

Assemble 12-24 hours ahead of baking:

4 c. cubed Pepperidge Farm white bread, crusts removed	
8 oz. shredded cheddar cheese	10 eggs, lightly beaten
4 c. milk	1 t. dry mustard
1 t. salt	1/4 t. onion powder
8-10 slices cooked bacon, crumbled	1/2 c. sliced mushrooms
1/2 c. chopped, peeled tomato	

Butter a 13 x 9 pan. Arrange bread cubes and sprinkle with cheese. Beat next 5 ingredients, with pepper to taste. Pour over cheese and bread. Sprinkle with bacon, mushrooms, and tomato. Cover; chill up to 24 hours. Bake uncovered for 1 hour at 325°.

Farmer's Omelet

Cathy Westman

3 medium-sized potatoes	1 onion, chopped
8 slices bacon	shredded cheddar cheese
eggs	salt and pepper

Cook the potatoes in the microwave and cool (or use leftover potatoes). Cut bacon into 3/4" pieces and fry with onion until the bacon is crisp. Slice the potatoes and add to the bacon and onion. For each omelet, crack 2 eggs into a bowl and add 1 T. water. Stir with a whisk until well mixed. Heat a 10" skillet, coated with oil. Pour the egg mixture into the pan and cook at medium heat. When the eggs have cooked, put about half a cup of filling onto half of the omelet. Sprinkle with shredded cheese. Slide the omelet onto a plate and fold the other half of the omelet onto it.

Scotch Eggs

Rupert Evans

8 hard-boiled eggs	1 lb. pork sausage meat
salt and pepper	1 t. mixed herbs (sage, thyme, marjoram)
Coating:	
1/2 c. flour	1/2 t. salt
1/4 t. pepper	1 beaten egg
1 c. dry white breadcrumbs	

Peel the eggs and dry thoroughly. Mix the sausage with the seasonings. Divide the sausage into 8 equal portions and pat each portion into a round on a dampened board. Surround each egg completely with the sausage meat, then roll in the seasoned flour, brush with beaten egg and coat well with the crumbs. Place the eggs on a rack in a baking pan and bake for 1 1/4 - 1 1/2 hours at 350°. They should be warm or lukewarm when served.

Bacon and Eggs Hash

6 slices bacon, cut into 1" pieces	3 c. potatoes, shredded
6 large eggs	2 medium tomatoes or canned tomatoes
(about 2 cups)	

Eggs and Cheese

Fry bacon until crisp. Drain. Add potatoes to skillet and fry. Add bacon and tomatoes, mix well and spread into an even layer. Break eggs on top of potato mixture and sprinkle with salt and pepper. Cover and cook 5-10 minutes, until eggs are done.

Vegetables

Mashed Potatoes

Peel Idaho or russet potatoes and cut into 1" cubes. Place in a pan and cover with water; boil until they're done, about 10 minutes. Drain liquid. Place potatoes in a mixing bowl and add butter, milk, salt, and pepper. Mix at low speed until they're mashed up, then add more milk and mix at high speed. Continue for several minutes mixing and adding milk until they're light and fluffy.

Patio Potatoes

Heather Warren

12 medium potatoes, cut into 1/2" cubes and boiled (an easy way to do this is to boil the potatoes with the jackets on and peel while warm; then cut up)

Mix together:

2 cans cream of chicken soup	2 c. sour cream
2 c. grated cheddar cheese	2 t. salt
1/2 c. chopped onion	

Layer potatoes and soup mixture. Top with mixture of:

2 T. melted margarine
1/2 c. corn flake crumbs

Bake in a 13 x 9 pan at 350° for 45 minutes or until it starts to bubble.

Scalloped Potatoes

1/3 c. butter	1/2 c. chopped onion
1/3 c. flour	3 c. milk
2 1/2 c. shredded cheddar cheese	1 T. salt
1/8 t. pepper	10 c. thinly sliced potatoes (about 4 lbs.)

Sauté onion in butter and add flour. Stir well and gradually add milk, stirring until thickened. Boil 1 minute. Add cheese, salt and pepper. Arrange half of the potatoes in a greased 13 x 9 pan. Pour half the cheese sauce over the potatoes. Arrange remaining potatoes in pan and add remaining sauce. Cover with foil and bake for 2 hours at 350°. You can add chunks of ham to each layer, if desired.

Potato Casserole

Karen Coffman

8 – 10 cooked potatoes (cubed and boiled)	1/4 c. chopped onion (microwave for two minutes)
1 c. Hellmann's mayonnaise	
8 – 10 oz. shredded cheddar cheese	1/4 lb. bacon, fried and crumbled

Mix potatoes, cheese, onions, and mayonnaise. Mix bacon in. Bake at 375° until cheese is melted.

Funeral Potatoes

1/4 c. melted butter	6 T. dry minced onion
----------------------	-----------------------

2 c. sour cream	1 can cream of chicken soup
salt and pepper	4 c. grated cheddar cheese
2 (32 oz.) packages frozen hash brown potatoes, thawed	

Stir together. Spread in two greased jelly roll pans (for moister potatoes, use 13 x 9 pans). Sprinkle more pepper on top. Bake at 350° for 1 hour. Serves 10-12.

Potatoes Anna

1/2 c. butter, softened	2 lb. Idaho potatoes
1 t. salt	1/8 t. pepper

Preheat oven to 425°. Using 3 T. of the butter, grease a heavy 8" skillet. Select a well-seasoned cast-iron skillet or one that has a heat-resistant handle. If the handle is not heat-resistant, cover it with foil.

Peel potatoes and cut crosswise into thin slices (about 5 c. sliced potatoes). Put potatoes into a large bowl and toss gently with salt and pepper. Arrange 1/3 of the potatoes in a circular fashion around the bottom and up the side of the skillet. Dot with 1/3 of the remaining butter and repeat layering two more times.

Place skillet over medium-high heat and cook 3 minutes to brown the bottom of the potatoes. Remove from heat and cover potatoes with foil. Place a 9" pie plate on top of the foil and press down firmly to pack potatoes together.

Place skillet (and pie plate) on rack in center of oven. You may want to place a sheet of foil on rack under the skillet to catch any drippings that may run over. Bake 30 minutes. Remove pie plate and foil and bake 5 minutes longer.

Remove skillet from oven and let stand for 5 minutes. Using a small metal spatula, gently loosen potatoes from side and bottom of skillet. Invert onto a serving platter to unmold the potatoes. Makes 6 servings.

Onion-Roasted Potatoes

Louise Dunn

1 envelope Lipton onion soup mix	4 medium, unpeeled potatoes, cut into 3/4" chunks
1/4 c. olive or vegetable oil	

Preheat oven to 450°. In a large plastic bag or bowl, add all ingredients. Mix until potatoes are evenly coated. Arrange potatoes in a 13 x 9 pan. Bake uncovered, stirring occasionally, for about 45 minutes or until potatoes are tender and golden brown. If you double this, you'll need to bake it longer.

Baked New Potatoes

2 lb. new potatoes	1 small onion, diced
1/2 t. garlic powder	1 T. dill weed
salt and pepper	1/4 c. olive oil
2 T. butter	

Wash the potatoes and slice in half. Arrange potatoes in a single layer in a 13 x 9 pan. Sprinkle the onion, garlic, dill, salt, and pepper over the potatoes and drizzle with the olive oil. Cut the butter into small pieces and sprinkle over the potatoes. Bake at 400° for about 45 minutes, until the potatoes are soft.

Vegetables

Oven Roasted Potatoes

- 1/4 c. olive oil
- 1 T. Tone's rosemary garlic seasoning
- 6 c. potatoes, cut in 1" pieces (about 6 medium potatoes)
- 2 c. onions, cut in 1" pieces (about 1 large onion)

Preheat oven to 425°. Combine olive oil and seasoning in a bowl. Add potatoes and onions; toss until well coated. Bake for 20-25 minutes or until tender and potatoes are lightly browned.

Baked Potatoes

Preheat oven to 475°. Scrub large baking potatoes and prick each potato with a fork twice. Bake, uncovered, directly on the oven racks for 1 hour.

Twice-Baked Potatoes

Ruth Hassell

Wash and bake 12 medium-sized potatoes (do **not** wrap in foil). Scoop insides out of potatoes and put in mixing bowl.

Add to potatoes:

- 1 16-oz. container sour cream
- 1 pkg. Hidden Valley Ranch dip mix
- 1-2 c. shredded mild cheddar cheese
- 1 lb. bacon, cut into small pieces, fried crisp

Place in casserole dish or 11 x 16 pan and top with slices of cheddar cheese (slices work better than shredded cheese because they melt better together). Heat through.

Sister Jennie's Creamed Potatoes

Shaker Cookbook

- 10 large cold boiled potatoes
- 1/4 lb. butter
- 3 c. light cream
- 1 t. salt
- 1/4 t. pepper
- crumbled bacon bits

Skin and thinly slice the potatoes. Place butter over low heat in a heavy stainless steel skillet. When butter is melted, add cream and heat gently. Drop in the sliced potatoes and season. Simmer very slowly until all cream is absorbed, about one hour. Stir gently only once during cooking. Serve piping hot topped with a modern touch: crumbled bacon bits.

Hasselback Potatoes

Peggy Evans

- 4 medium baking potatoes
- 5 T. melted butter
- 1 t. salt
- 1 T. bread crumbs
- 1 T. grated Parmesan cheese

Wash and scrub the potatoes, leaving the skins on. With a sharp knife cut each potato crosswise 1/4" to 1/2" apart but not all the way through. Place in buttered pan and drizzle with 2 T. of the butter. Sprinkle with salt. Bake at 425° for 30 minutes. Sprinkle the bread crumbs over the potatoes and drizzle with the remaining butter. Bake 20 more minutes. Sprinkle with Parmesan cheese, baste with butter from the pan and bake 10 minutes, or until the potatoes are tender.

Baked Stuffed Sweet Potatoes

Jean Stotts

- 8 medium-sized sweet potatoes
- 1/4 c. half and half

1/2 c. butter

salt and pepper

Scrub sweet potatoes. Don't prick them but cut the ends and dip them in lemon juice. Bake at 375 for 45-60 minutes, until tender when squeezed. Remove a thin slice from the top of each potato with a serrated knife. Scoop out the flesh into a mixing bowl, reserving skins. At this point, you can place skins in a baking pan, cover, and refrigerate for a day or two. Put the flesh into Tupperware and seal. Whip the potatoes with a mixer. In a saucepan, heat together the butter and half and half until the butter is melted. Add to the potatoes; season with salt and pepper. Beat until light and fluffy. Spoon potatoes into the reserved skins. Place on an ungreased baking sheet. Bake at 400° for 10 minutes.

Sweet Potato Puff

Maureen Margevich

3 c. cooked sweet potatoes

4 egg whites

1/4 c. sugar

1 t. vanilla

2 T. flour

Preheat oven to 350°. Spray a 1 1/4 quart casserole with Pam. Mix the sweet potatoes, egg whites, sugar, vanilla, and flour until smooth. Transfer to casserole dish.

Pecan Topping:

1/2 c. brown sugar

3 T. flour

2 T. butter

1/2 c. chopped pecans

Use your fingers to stir the first three ingredients until crumbly. Stir in the pecans. Sprinkle on top of the potato puff. Bake about 30 minutes, until golden brown.

Baked Beans

Debbie Hartman

1 53 oz. can pork and beans, with most of liquid drained off

2 T. catsup

1 t. yellow mustard

1/4 c. brown sugar

strips of bacon cut in 1" pieces

Combine beans, catsup, mustard, and sugar. Pour into 9 x 9 pan. Place pieces of bacon over the top and bake at 350° for 1 1/2 hours, until it only moves a little when jiggled. When you double this recipe, allow for extra baking time.

Moros y Cristianos

1 c. onion, chopped

1 c. green pepper, chopped

1 t. garlic powder

1 1/2 t. ground cumin

1 t. thyme

1/2 t. crushed red pepper

1 bay leaf

1 T. olive oil

1 c. rice

1 14.5-oz. can diced tomatoes w/green chiles

1 (15 oz.) can black beans

2 c. water

1 T. cider vinegar

1 t. salt

1/2 t. pepper

Sauté onion, green pepper, and seasonings in olive oil until onion is tender, about 5 minutes. Stir in remaining ingredients. Heat to boiling. Reduce heat and simmer, covered, until rice is tender, about 20 minutes. Let stand 5 minutes before serving.

Vegetables

Hoosier Green Beans

6 slices bacon	1 medium onion, chopped fine
7 (15 oz.) cans green beans	3 potatoes, peeled and cut in 1/2" cubes
salt and pepper	

Cut bacon in 1/2" pieces and brown with the onion in the bottom of a pan. When the bacon is crisp, drain. Drain four cans of the green beans and add them to the bacon. Then add the remaining three cans, undrained. Add the potatoes, salt, and pepper. Cover and cook at a slow boil until the potatoes are tender. Continue simmering for an hour or so. Serve with cornbread or cornmeal muffins.

Broccoli with Cheese Sauce

Fresh or frozen broccoli

Steam broccoli until done (it will still be a bright green)

Cheese sauce:

1/4 c. Hellmann's mayonnaise	2 T. flour
1/4 t. salt	dash pepper
1 c. milk	1 1/4 c. shredded cheddar cheese

In a small saucepan stir together the first four ingredients. Stirring constantly, cook over medium heat 1 minute. Gradually stir in milk until smooth. Stirring constantly, cook until thick (do not boil). Add cheese and stir until it melts. Makes about 2 cups.

Steamed Vegetable Medley

2 c. cauliflower flowerets	1 c. bias-sliced carrots
1 medium red onion, sliced and separated into rings	1 c. whole fresh mushrooms
1/2 t. salt	1 T. lemon juice
1/8 t. pepper	2 t. butter
	1/4 t. dried dill

Place cauliflower, carrots, and onion in steamer basket. Place basket over boiling water. Cover and steam for 15 minutes. Halve any large mushrooms. Add mushrooms; cover and steam for 5 minutes more or until all vegetables are tender.

Meanwhile, in a saucepan melt butter. Add lemon juice, salt, dill, and pepper. To serve, transfer vegetables to serving bowl. Pour lemon mixture over vegetables; toss the vegetables to coat. Makes 6 servings.

Okra and Corn

3 c. fresh okra, sliced in 1/4" slices	2 c. fresh or frozen corn
4 or 5 large tomatoes, peeled, chopped	6 slices bacon

In a heavy skillet, cook bacon until done. Remove and crumble. Drain all but 1 T. grease from pan and add tomatoes (you can use a 14.5 oz. can of diced tomatoes if you don't have fresh tomatoes), okra, and corn. Cover with a lid and simmer for 15 minutes. Stir in bacon.

Brussels Sprouts

1 lb. Brussels sprouts	1/2-1 t. salt
------------------------	---------------

4 T. butter
1 hard boiled egg, chopped

4 T. breadcrumbs
1 t. finely chopped parsley

Cook Brussels sprouts according to package directions; do not overcook them. Drain any liquid. Melt 3 T. butter in a small saucepan and add the breadcrumbs. Brown them slightly. Add the chopped egg and parsley and mix well. In a separate pan, heat the remaining 1 T. butter; add the sprouts and sauté them lightly. Top them with the breadcrumb mixture and serve.

Lemony Herbed Asparagus

Carolyn Newman

1 lb. asparagus spears
1/8 t. dried basil
1 t. lemon juice

1 T. olive oil
1/8 t. dried oregano

Snap off and discard the woody bases of the asparagus. Steam the asparagus for 5 to 8 minutes. In a small saucepan, combine oil and seasonings. Remove from heat. Stir in lemon juice. Transfer asparagus to a serving platter. Drizzle with lemon mixture. Makes 4 servings.

Company Broccoli

Karen Coffman

2 pkg. frozen broccoli pieces (not chopped broccoli) or fresh broccoli, cut into bite-size pieces

1 c. shredded cheddar cheese
2/3 c. evaporated milk

1 can cream of mushroom soup
1 3.5-oz. can onion rings

Cook broccoli about 5 minutes in the microwave. Drain and put in a 2 quart baking dish. Sprinkle cheese on top. Pour mixture of soup and milk over all. Bake at 350° for 25 minutes. Top with onion rings. Bake 8-10 minutes longer, until onions are crisp and brown. Recipe can be doubled in the same pan.

Eggplant Parmesan

Betty Johnston

1 eggplant
1 c. fine dry bread crumbs
olive oil
1/2 lb. Mozzarella cheese, sliced
1/4 c. grated Parmesan cheese

salt and pepper to taste
2 eggs, lightly beaten
1 1/2 c. tomato sauce
1 t. basil

Wash eggplant and slice into 1/4" thick slices. Do not peel. Dip into bread crumbs, then egg, then again in bread crumbs. Fry slices in oil until lightly browned. Add oil when necessary. Drain on paper towels. Line a shallow dish with some tomato sauce, Layer eggplant slices, Mozzarella and sauce alternately, adding Parmesan cheese and basil. Repeat in layers, ending with Parmesan and basil. Bake at 350° for about 30 minutes. Best if prepared one day in advance. Freezes well.

Creamed-Style Corn

Midwest Living

1 16-oz. package frozen corn
1 T. sugar
1 T. cornstarch

1/2 c. whipping cream
1 t. salt
4 T. whipping cream

Vegetables

In a 2-quart saucepan, cook corn according to package directions. Drain. Add the 1/2 c. cream, sugar, and salt. Bring just to boiling. Meanwhile, combine the cornstarch and the 4 T. cream. Stir into the corn mixture. Cook and stir till thickened and bubbly; cook 2 minutes more.

Corn Casserole

Pam Urie

1 can creamed corn	1 can whole kernel corn, drained
1 c. sour cream	1/2 c. butter, softened
1 8.5-oz. pkg. Jiffy Corn Muffin Mix	

Mix all ingredients together and place in a lightly greased two-quart casserole. Bake at 350° for 45 minutes.

Succotash

4 slices bacon, fried and crumbled	6 potatoes, peeled and diced
1 green pepper, minced	2 tomatoes, chopped
1 10-oz. pkg. frozen baby lima beans	1 10-oz. pkg. frozen corn
3/4 c. water	2 t. salt
1 1/2 t. sugar	1/8 t. pepper

In a 5-quart pan, brown bacon. Crumble; reserve for garnish. In drippings, cook potatoes, green pepper and onion until pepper and onion are tender. Add tomatoes and remaining ingredients. Heat to boiling. Reduce heat to low, cover, and simmer for 20 minutes. To serve, spoon into large bowl and sprinkle with bacon.

Stuffed Mushrooms

Becky McNabb

16 large fresh mushrooms	6 oz. sweet Italian sausage
1 clove garlic, minced	1 T. olive oil
2 T. minced parsley	1/4 c. Parmesan cheese

Wash mushrooms; remove stems and chop stems fine. Put meat in skillet with chopped stems, garlic, and 1 T. oil. Cook until browned. Drain. Add parsley and cheese. Fill mushroom cavities with mixture, rounding up tops. Put in shallow baking pan. Add 1/4 c. water to bottom of pan. You can scatter extra filling among the mushrooms. Bake at 350° for 20 minutes.

Cauliflower Bake

1 T. cornstarch	1 c. cold milk
3/4 t. salt	1/8 t. pepper.

Stir together until smooth. Bring to boil, stirring constantly; boil 1 minute. Add:

1 c. grated cheddar cheese	1/4 t. paprika
----------------------------	----------------

Sauté for five minutes:

1/2 c. chopped celery	1/3 c. chopped green pepper
1/3 c. chopped onion	3 T. butter

Add to sauce. Arrange:

2 lb. cauliflower, broken into flowerets and cooked, in bottom of glass 9" x 9" baking dish

Slice:

2 fresh tomatoes

over the cauliflower and pour the sauce on top. Bake at 475° for 8-10 minutes.

Fish

Orange Roughy with Dill Butter

2 T. butter

1/4 t. dill

buttered bread crumbs

1/2 lb. orange roughy fish fillets

dash salt and pepper

Heat oven to 350°. Melt butter in shallow baking dish in oven. Place fish in melted butter, turning to coat; sprinkle with dill, salt, and pepper. Bake at 350° for 25-30 minutes or until fish flakes easily with fork. Sprinkle lightly with buttered bread crumbs during last 3 minutes of baking. Tip: any white-fleshed, milk-flavored fish such as haddock, sole, or white fish can be substituted for the orange roughy.

Poultry

Tender Baked Parmesan Chicken

Sylvia Ruggieri

1/2 c. Hellmann's mayonnaise	1/2 t. garlic powder
1/3 c. shredded Parmesan cheese	2 T. Italian dressing
1/2 c. Italian seasoned bread crumbs	4 boneless, skinless chicken breast halves (about 1 1/2 lb.)

Combine mayonnaise, cheese, garlic powder, and Italian dressing. Spread chicken with mayonnaise mixture, then coat with crumbs. Arrange chicken on baking sheet. Bake at 425° for 20 minutes or until lightly browned and tender.

Baked Chicken Breasts

Susan Hensley

12 pieces boneless, skinless chicken breasts	
2 sticks butter, melted	2 c. Ritz cracker crumbs
3/4 c. powdered Parmesan cheese	1/4 c. parsley flakes
3 T. chopped onion	1/2 t. each salt, pepper, sage

Mix crumbs, cheese, parsley, and herbs. Dip chicken in butter and then in crumb mixture. Roll up like a sleeping bag and put in baking dish. Dot with leftover butter. Sprinkle with remaining crumbs. Bake at 350° for 1 hour, covered. Uncover and bake for 10 minutes. No need to baste or turn over. Serves 12.

Company Chicken

6 chicken breasts, bone-in	salt and pepper
3 T. flour	1 c. sour cream
1 can cream of mushroom soup	1/2 c. water
1 T. paprika	

Sprinkle chicken with salt and pepper. Mix 3 T. flour with 1/4 c. of the sour cream and then add the rest of the sour cream, soup, and water. Place chicken in a greased 13 x 9 pan and pour the sauce over it. Sprinkle with paprika. Bake at 325° for 1 hour, covered, and then uncover and bake for 15 more minutes.

Cassoulet

In the bottom of a crock pot, put

5 chicken bone-in, skinless chicken breasts

Sprinkle with

poultry seasoning

Layer:

1 1/2 c. coarsely-chopped cabbage	1 c. mini-carrots
1/4 c. barley	1/2 c. Holiday soup mix (see below)
1 (15 oz.) can diced tomatoes	2 c. water
1 t. garlic powder	1 onion, diced

Poultry

Cook on high for 4 hours. Add:

1 lb. beef smoked sausage, cut in 1/4" slices.

Cook another 5 hours, stirring occasionally. The Holiday soup mix is 3 colors of lentils, white beans, lima beans, red beans, and pinto beans mixed together.

Herb Chicken and Rice

Betty Moloney

2 c. rice	1 pkg. Lipton onion soup mix
2 cans cream of mushroom soup	1 can water
1 t. poultry seasoning	1/4 t. pepper
1/4 t. garlic powder	chicken (3 breasts, 3 thighs, 3 legs)

In the bottom of a pan, mix rice, soup mix, soup, water, and spices. Mix well. Place chicken pieces on top of rice mixture and push down into rice a little bit. Cover pan with foil and bake 2 hours at 350°.

One-Dish Chicken Bake

4 chicken breasts	1 can cream of mushroom soup
1/3 c. sour cream	2 pkg. (6 oz.) Stove Top Stuffing Mix for Chicken

Pour both boxes of stuffing mix into a bowl and mix with 3 1/3 c. water; set aside. Place chicken in a baking dish just smaller than 13 x 9. Mix soup and sour cream; pour over chicken. Spoon stuffing evenly over top. Bake at 375° for about 45 minutes or until chicken is cooked through. Makes 4 or 5 servings. The recipe on the box calls for only one box of stuffing but it tastes better to use two; the proportion of chicken to stuffing is better than with one box. Don't double the other ingredients.

Chicken Parmesan

Lucy Donoho

1 egg	1 T. water
2 lbs. chicken pieces	1/2 c. Italian-flavored bread crumbs
2 T. butter	1 can tomato soup
1/4 c. water	1/4 c. chopped onion
1/2 t. garlic powder	1/2 t. basil
1/2 t. oregano	1 1/2 c. shredded mozzarella cheese
grated Parmesan cheese	

In a shallow dish, beat egg with water. Roll chicken pieces in egg-water and then in crumbs. Brown chicken in butter. Pour off fat. In a bowl, stir together soup, water, onion, and seasonings and pour over chicken. Cover, bring to a boil, and reduce heat to low and simmer 45 minutes, stirring occasionally. Sprinkle with mozzarella cheese. Serve over hot rice.

Parmesan Herb Chicken

2 c. grated Parmesan cheese	1/4 c. minced fresh parsley
2 T. oregano	2 t. paprika
1 t. salt	1 t. pepper
12 bone-in chicken breast halves	1/2 c. butter, melted

In a shallow dish, combine the first six ingredients. Dip chicken in butter, then coat with Parmesan mixture. Place in two greased 15 x 10 baking pans. Bake, uncovered, at 425° for 40-45 minutes, or until the juices run clear. Serves 12.

Normandy Chicken

Hebertson Choro

3 lb. chicken breasts and/or thighs	2 onions
salt, pepper, and flour	3 T. butter
1 c. water	2 T. vinegar
1 or 2 chicken bouillon cubes	1 T. sugar
1/2 c. milk	

Melt butter in frying pan. Dice onions and sauté until clear. Salt, pepper, and flour chicken on both sides. Place the chicken, skin side down, on top of onions. Sauté for 1 minute and turn chicken. Mix together water, vinegar, bouillon cubes, sugar, salt, pepper, and milk. Simmer for 1 hour. Serve over hot rice.

Fried Chicken

Rinse and dry chicken pieces (choose your favorite cuts). Dip each piece of chicken into a bowl of milk, then into a bowl of flour that is seasoned with salt and pepper. Heat a skillet with 3/4" of oil in the bottom. Make sure the oil is thoroughly heated but not too hot, medium setting on an electric stove. Arrange chicken pieces in pan, covering the bottom but not stacking them. Brown chicken 10 minutes on each side. Then cover the pan with a lid and continue cooking until the juices of the chicken are clear when you prick it with a fork. Remove the lid for the last 5 minutes of frying to let it get crispy again.

Stir-Fry Chicken and Broccoli

4 boneless, skinless chicken breasts cut into 1" pieces	
4 c. broccoli florets or 20 oz. frozen broccoli cuts	
3 T. Kikkoman soy sauce	1 T. oil
1 c. chicken broth	1/4 t. garlic powder
1/2 c. fresh mushrooms, sliced	1 T. lemon juice
1 T. cornstarch	

In a small bowl, combine chicken, soy sauce, and oil. Place broccoli and 1/2 c. chicken broth in wok or frying pan. Stir fry 5 minutes. Add chicken mixture and garlic. Stir fry 3 minutes. Add mushrooms and stir fry 1 minute. Combine lemon juice and cornstarch with remaining 1/2 c. chicken broth. Heat in wok until thickened, about 2 minutes.

Chicken Chinese

Fern Broadbent

2 lb. boneless, skinless chicken breasts, cut into 1" chunks	
3/4 t. salt	1/4 t. paprika
2 T. oil	1 1/2 c. celery
1/2 c. green pepper	1/2 c. onion
1 can tomatoes	2 T. Kikkoman soy sauce
1 T. cornstarch	1 T. water

Heat oil. Sauté chicken chunks and sprinkle with salt and paprika. Remove chicken from pan. Add celery, green peppers, onion, tomatoes, and soy sauce. Cook until crisp tender.

Poultry

Mix cornstarch and water and add to vegetables. Cook, stirring constantly, until thickened. Let it boil about a minute. Add chicken to vegetables. Serve over hot rice.

South Carolina Hot Chicken Salad

3 c. cooked chicken	1 c. Hellmann's mayonnaise
2 c. celery, chopped fine	2 T. grated onion
2 T. lemon juice	1/2 t. salt
1/4 t. thyme	1 cup crushed potato chips
1/2 c. grated cheese	

Mix well; turn into baking dish. Top with grated cheese and potato chips. Bake at 450° for 10 minutes. Serve immediately.

Chicken Russe

2 c. sour cream	2 T. lemon juice
2 t. salt	1/2 t. pepper
1/2 t. garlic powder	6 chicken breasts
bread crumbs	1 onion, sliced in strips
1 green pepper, sliced in strips	1 c. carrots, sliced 2" x 1/4 "
1/2 lb. mushrooms, sliced	flour and milk

Combine sour cream, lemon juice and seasonings in plastic bag or bowl. Add chicken pieces and coat well. Refrigerate overnight or at least for a few hours. Remove chicken. Shake with bread crumbs in plastic bag or just coat the chicken with the bread crumbs. Fry chicken in olive oil for 25–30 minutes. Remove chicken (at this point I microwave the chicken, covered, for 2 minutes to make sure it's done). Add vegetables (except mushrooms) and about 1 cup of water. Cook until crisp tender. Add mushrooms and cook another minute. Remove vegetables. Add 2 T. of flour to pan. Gradually add enough milk to make a gravy. Let it bubble a minute or so to get rid of the flour taste. Add the vegetables and chicken. Serve over hot rice or pasta.

Baked Chicken with Artichokes

1/4 lb. mushrooms, thinly sliced	1 onion, finely chopped
2 garlic cloves, finely chopped	3 lb. meaty chicken pieces
1/3 c. flour	1 1/2 t. salt
1 1/2 t. paprika	1/2 t. dried rosemary
1/4 t. pepper	1/2 c. chicken broth
1/4 c. apple juice	1 (6 oz.) can artichoke hearts, drained

Mix mushrooms, onion, and garlic together. Mix flour, salt, paprika, rosemary, and pepper. Coat chicken in flour mixture. Place chicken on top of vegetables. Pour chicken broth and juice over it. Bake at 350° for 45 minutes. Add artichoke hearts and bake 15 minutes longer.

Sesame Chicken with Apricot Glaze

6 chicken thighs	4 chicken breasts
1 1/4 t. salt	1/4 t. pepper

3/4 c. apricot preserves (10 oz. jar Smuckers Simply 100% Fruit)	
1/3 c. vinegar	3 t. minced onion
1 t. garlic powder	3/4 c. cornflake crumbs
1/2 c. wheat germ	1/3 c. sesame seeds
1/3 c. melted butter	

Mix apricot preserves, vinegar, onion, and garlic powder and allow to stand about an hour. Salt and pepper chicken, then cover with sauce and marinate 2 hours or overnight.

Be sure all pieces are well coated, then roll in crumb mixture of cornflake crumbs, wheat germ, and sesame seeds.

Brush large shallow pan with melted butter. Arrange single layer of chicken and drizzle with remaining apricot mixture. Bake at 375° for 1 1/4 hours.

Poulet a l'Estragon

6-8 chicken breasts, bone-in	1/2 c. apple juice
3/4 c. flour	2 c. chicken broth
1 pinch thyme	1 bay leaf
salt and pepper	2-3 green onions
flour	

Combine flour, salt, and pepper. Coat chicken with flour mixture and brown on all sides in butter. Cut green onions very fine and spread over chicken. Add apple juice, chicken broth, and the herbs. Cover and simmer chicken 25 minutes or until tender. When chicken is tender, remove and keep hot. Cover with sauce.

Sauce:

1 c. light cream	1/4 c. grated Parmesan cheese
------------------	-------------------------------

To the pan juices, add cream and cheese, and any flour not used in coating chicken. Simmer gently until sauce thickens. Blend in blender if lumpy.

Chicken Breasts Supreme

6 chicken breasts, bone-in, skinned	1/2 t. salt
1/8 t. pepper	1/4 t. paprika
3 T. butter	1/2 lb. mushrooms, sliced
2 c. hot chicken broth or bouillon	3 T. flour
1 (14 oz.) can artichoke hearts, drained	

Sprinkle breasts with salt, pepper, and paprika. Sauté in butter over medium heat in a heavy skillet. Remove when lightly golden on both sides. Sauté mushrooms in same skillet. Add an additional tablespoon of butter if mushrooms tend to stick. Add broth and stir in flour. Place chicken breasts and artichoke hearts in a buttered 2-quart oblong baking dish and cover with mushroom mixture. Bake at 375° for 60 minutes. Serves 6.

Grandma Lucy's Chicken Marinade

Lucy Donoho

1 c. oil	5 capfuls vinegar
Lowry's salt	sprinkle paprika
1 t. garlic powder	sprinkle oregano and parsley

Poultry

Marinate chicken overnight. Bake at 400° for about an hour (1/2 hour uncovered, 1/2 hour covered).

Chicken a la King

2 c. cooked chicken	1/2 c. mushrooms, sliced
1 c. frozen peas	6 T. butter
6 T. flour	3 c. chicken broth
2 egg yolks	salt and pepper

Melt butter in saucepan. Add flour and cook until smooth and bubbly. Gradually add chicken broth, stirring constantly. Add salt and pepper. When the sauce is smooth and boiling, add chicken, mushrooms, and peas. Reduce the heat and add egg yolks. Cook a few more minutes. Serve over baked potatoes or baked puff pastries.

Rubber Chicken (Golden Lemon Chicken)

4 boneless, skinless chicken breast halves	1 beaten egg
1 c. water	3 T. butter
flour	4 t. lemon juice
1 t. poultry seasoning	1/8 t. garlic powder
3/4 t. salt	1/4 c. water
2 T. cornstarch	hot cooked rice

Dip chicken in flour, then egg, then flour. In skillet, melt butter and brown chicken about 5 minutes on each side. Combine the lemon juice, seasonings, water, and cornstarch and pour over the chicken. Bring to a boil. Reduce heat and simmer covered about 10 minutes, until sauce is slightly thickened and chicken is done. Serve over hot rice.

Chicken and Noodles

4 chicken breasts, bone-in	1 lb. fine egg noodles
salt and pepper	mashed potatoes

Cover chicken with water and cook until done, but not overdone. Remove skin and bones and break chicken into small pieces. Add egg noodles and cook until they're done. Simmer another 15 minutes until the noodles absorb remaining liquid. You may need to add additional water. Serve over mashed potatoes.

Chicken and Rice

Barbara Spear

chicken (3 breasts, 3 thighs, 3 legs)	1 c. shredded cheddar cheese
2 cans cream of mushroom soup	1/2 c. milk

Place chicken pieces in the bottom of a 13 x 9 pan. Sprinkle the cheese over the chicken. Mix the soup and milk together and pour over the chicken and cheese. Cover with foil and bake at 350° for 1 1/2 hours. Serve with hot rice.

Chicken and Ham Stuffed Crepes

Ruth Hassell

Cook

one 3-lb. uncut fryer

on top of the stove, partially covered with water, until tender. Reserve

2 c. of the broth

and use the remainder for anything you desire. Let chicken cool. When cool, remove chicken from bones and cut into bite-size pieces. Put into a large mixing bowl along with

1/2 c. diced ham

Add half of the sauce mixture to the chicken and ham mixture; stir to blend thoroughly (see sauce recipe below). Place 1/4 cup of chicken mixture (or 1/12th of total mixture) on crepe and roll up jellyroll fashion. Place in a single layer, overlapping slightly, in a baking dish. Pour remaining sauce over the crepes and sprinkle with

1 c. shredded Monterey Jack cheese

Cover dish with aluminum foil. Bake at 350° for 30 minutes. Remove foil and sprinkle with

2 T. grated Parmesan cheese

Place under broiler just until cheese starts to brown.

Sauce:

Melt

8 T. butter

Add

1/2 c. flour

1 t. salt.

Stir in

2 c. half and half

2 c. reserved broth

Cook, stirring constantly, until thickened. When thickened, add

1 c. Monterey Jack cheese

1/2 t. dry mustard.

Crepes (makes 12 seven-inch crepes):

2 eggs

1 1/4 c. milk

1 T. melted butter

1 c. flour

1/4 t. salt

Beat eggs until foamy; stir in milk and melted butter. Beat in flour and salt until smooth. Let stand 30 minutes.

Heat a 7" skillet or crepe pan until hot. Spray with Pam or brush on melted butter. Pour 2 T. batter at a time; quickly tilt pan so batter spreads and covers bottom. Cook over medium heat until the edges turn light brown; turn and cook one minute longer. Stack crepes between layers of wax paper.

Hawaiian Haystacks

Ruth Hassell

Arrange on a buffet table in the following order (serves 10-12):

steamed rice (1/3 c. per person)

creamed chicken (see below)

1 bunch green onions, chopped

1 head lettuce, shredded

1/2 bunch celery, chopped

4 large tomatoes, chopped

1 (8 oz.) pkg. shredded coconut

1 (24 oz.) can crushed pineapple, drained

1 pkg. slivered almonds

1 large can chow mein noodles

creamed chicken

1 lb. shredded cheddar cheese

Poultry

Creamed Chicken:

Stew a 3-lb. uncut fryer for approximately two hours (barely cover the chicken with water). Salt and pepper the chicken. Skim fat from broth.

Mix together in blender:

1 can evaporated milk	1 can cream of chicken soup
4 c. chicken broth	

Thicken mixture with flour and water. Add salt and pepper to taste. Add cubed chicken to thickened mixture. Serve hot.

Turkey Breast Steaks

Debbie Hartman

1 turkey breast roast	1 T. ground ginger
1 t. dry mustard	1 t. Accent (optional)
1 T. honey	1/2 c. Kikkoman soy sauce
1/4 c. vegetable oil	3 cloves garlic, minced

Have butcher cut turkey breast crosswise into 1" to 1/2" steaks (frozen breast can also be cut; thaw when ready to use). Combine remaining ingredients in glass or pottery bowl. Let stand 24 hours at room temperature, then pour over steaks; cover and refrigerate overnight. Drain steaks and cook on a grill, about 8 minutes on each side. Brush occasionally with marinade.

Turkey Tetrazzini

3/4 lb. mushrooms, sliced	1 small green pepper, slivered
1/4 c. butter	3 T. flour
2 t. salt	1/4 t. pepper
2 1/2 c. light cream	4 c. diced, cooked turkey or chicken
2 pimentos, chopped	6 oz. thin spaghetti, cooked
2 egg yolks, beaten	grated Parmesan cheese

Melt butter in saucepan. Add flour and cook until smooth and bubbly. Gradually add cream, stirring constantly. Add salt and pepper. Sauté mushrooms and green pepper in butter. Combine with white sauce, turkey, pimentos, and spaghetti. Stir in egg yolks. Pour into large shallow baking dish. Sprinkle with cheese. Bake at 300° for 45 minutes. Broil to brown.

Beef

Rouladen

Lynn Isenbarger

round steak	6-7 pieces bacon
1 large onion, chopped	1 green pepper, chopped
flour	salt and pepper

Cut round steak into 4" pieces. Pound thin. Fry bacon and sauté onions and green pepper in the drippings. Remove. Dredge meat in flour, salt, and pepper. Brown. Place bacon, onions, and green pepper on steak and roll up. Secure with 2 – 3 toothpicks. Make gravy from drippings. Pour over meat. Cover and bake at 300° for 4 hours.

Stuffed Peppers

2 lb. ground beef	1 onion, chopped
4 c. cooked rice	3 cans tomato soup
1 c. grated cheddar cheese	salt and pepper
1/2 t. garlic powder	10 bell peppers, tops and seeds removed

Brown ground beef and onion. Drain. Mix with rice, soup, cheese, and seasonings. Meanwhile, boil water in a Dutch oven. When water has come to a boil, put the peppers in and cover with a lid. After about five minutes, remove and cool. Stuff the pepper shells with the rice mixture and place upright in a baking dish. Bake at 350° for 20-30 minutes.

Stuffed Cabbage

Gail Warshawsky

14-16 cabbage leaves	2 lb. ground beef
1 c. uncooked rice	1 egg, beaten
Sauce:	
1 large onion, diced	1/4 c. lemon juice
1/2 c. sugar	1 (15 oz.) can tomato sauce

Gently remove cabbage leaves from head. Steam in boiling water until they soften. Drain and cool. Mix ground beef, rice, and egg. Take about 1/3 c. of the mixture, form into an egg shape, and wrap a cabbage leaf around each piece of meat. Place in a frying pan, open side down, and cover with sauce. Bring sauce to a boil; reduce heat and simmer 1 1/2 hours, basting occasionally.

Porcupines

Nelle Ensley

2 lbs. lean ground beef	1 c. uncooked rice
1 large onion, chopped	1 egg, slightly beaten
2 (15 oz.) cans tomato sauce	1/4 c. catsup

In a bowl, mix ground beef, rice, onion, and eggs with your hands. Form into 3" balls and place in the bottom of a skillet. Cover with tomato sauce and pour catsup over the top. Cover and cook very slowly for at least an hour or until the rice is cooked.

Beef

Lipton Meat Loaf

2 lb. ground beef	1 envelope Lipton onion soup mix
2 eggs, beaten	1/3 c. catsup
1 1/2 c. soft bread crumbs	3/4 c. water

Form into loaf and top with catsup or barbeque sauce. Bake at 375° for 1 hour.

Grammy's Goulash

Hazel Evans

2 lb. ground beef	2 onions, chopped
1/2 c. flour	2 large cans tomatoes (about 30 oz. size)
1 can red beans	1/2 – 1 lb. spaghetti, cooked

Brown ground beef and onions. Drain. Add flour gradually, while stirring. Add tomatoes and juice and simmer. Add cooked spaghetti and beans (undrained). Simmer out flour taste and season with salt and pepper.

Beef and Noodles

2 lbs. boneless beef short ribs, cubed	1 large onion, chopped fine
1 lb. wide egg noodles	salt and pepper

Brown cubes of beef and onion in oil. Cover with water and simmer for an hour or two until tender. Bring to a boil and add noodles. Cook until the noodles are done and let simmer for about 15 minutes, until the noodles absorb any remaining liquid. You may need to add more water.

Beef Stroganoff

1 lb. beef, cut into strips	6 T. butter
1/2 lb. mushrooms, sliced	2 onions, chopped
1 1/2 c. beef broth	2 T. catsup
1/4 t. minced garlic	1 t. salt
3 T. flour	8 oz. sour cream

Sauté onions in 3 T. butter, After onions start to become clear, add mushrooms. Sauté another 2 minutes; don't let mushrooms get soggy. Put onion-mushroom mixture in a bowl. In the skillet you just used, put meat and cook until done. Add 1 c. broth, catsup, garlic, and salt. Cover and simmer 30 minutes. Blend flour with remaining broth. Add to meat mixture and bring to a boil (extra water may be needed), stirring constantly. Add onion-mushroom mixture and sour cream. Serve over cooked noodles or rice.

Smoked Sausage and New Potatoes

1 lb. beef smoked sausage	1 (16 oz.) bag frozen peas
1/2 lb. mushrooms, sliced	15 small new potatoes

Bring a large pot of water to a boil. Wash new potatoes and slice any that are bigger in half. Boil potatoes until tender. Slice sausage in 1/2" slices. In a large skillet, brown sausage; add mushrooms and peas. Cook until they are done. Add potatoes.

Hamburger Stroganoff

Mima Kearnl

2 lb. ground beef	1 onion, chopped
-------------------	------------------

2 cans cream of mushroom soup 8 oz. sour cream

Brown ground beef and onion. Drain. Add soup; simmer. Just before serving, add 8 oz. sour cream. Serve over cooked noodles or rice.

Swiss Steak

Julia Brough

1/4 c. flour 1 large onion
 1 t. salt 1 (16 oz.) can tomatoes
 1/4 t. pepper 1/2 c. beef broth (or substitute water)
 1 T. oil 2 c. peeled, sliced carrots
 1 lb. beef round steak, about 3/4" thick

Combine flour, salt, and pepper. Coat steak. With a wooden mallet or rolling pin, pound meat between wax paper until 1/2" thick. Heat oil in large skillet and brown steak well on both side. Move to one side to sauté onion until tender. Add tomatoes and broth. Cover and simmer 1 hour. Add carrots, cover, simmer 1 hour, or until meat and carrots are tender.

Pot Roast

4 lb. pot roast 1 can cream of mushroom soup
 1 t. garlic powder 1/2 t. pepper
 1/2 t. salt

Place the pot roast in a slow cooker. Pour mushroom soup over the top and spread it over the roast with a spoon. Sprinkle garlic powder, pepper, and salt over the top. Cover and cook on high. For dinner at 5:30 or 6:00 p.m., start the pot roast about 8:00 a.m. Add potatoes and carrots about 11:00 a.m. Stir some of the juices into the vegetables.

Pot Roast Marinade

3/4 c. salad oil 1/3 c. Kikkoman soy sauce
 1/4 c. vinegar 2 T. Lea & Perrins Worcestershire sauce
 3 T. lemon juice 1 T. dry mustard
 1 t. salt 1 t. pepper
 1 t. parsley flakes 1 clove garlic, crushed

Enough marinade for 4 lbs. meat. Marinade should cover meat.

Barbeque

Ellen Collins

4-5 lb. lean stew meat 1 large can tomatoes
 2 onions, chopped 1/4 c. sugar
 1/2 c. catsup 1/2 c. vinegar
 1/2 c. Lea & Perrins Worcestershire sauce 1 quart water
 8 cloves garlic, chopped dash tabasco sauce
 salt and pepper

Cook in a covered pot for 5-6 hours. Shred meat and serve on buns.

Italian Beef

Dee Westman

1/4 t. red pepper 2 t. oregano

Beef

1/2 t. garlic salt	1 t. onion salt
1 t. salt	1/2 t. pepper
3 or 4 bay leaves	2 t. basil
2 t. parsley flakes	3 c. water

Cover a 5 lb. roast with sauce. Bake 3 1/2 hours. You may have to add more water. Shred and serve on Italian bread or kaiser rolls.

Beef Brisket

Mima Kearl

5-6 lb. beef brisket	celery salt
3 oz. liquid smoke	pepper
onion salt	Lea & Perrins Worcestershire sauce
garlic salt	

Pour liquid smoke over brisket. Sprinkle salts, pepper, and Worcestershire sauce on both sides of brisket. Cover and bake at 275° for 5 hours. Uncover and pour barbecue sauce over the brisket. Bake another hour.

Beef and Green Peppers

1/4 c. soy sauce	1 1/2 green peppers (sliced in rings)
2 t. cornstarch	1 lb. round steak (cut in 2" paper-thin strips)
1/8 t. pepper	1/8 t. ginger
1/2 t. garlic powder	
3 T. oil	

Combine soy sauce, cornstarch, and pepper in a bowl. Add beef strips. Toss well to coat. Let sit for about an hour. Preheat oil. Put meat into oil and stir fry until meat loses its redness. Remove from pan. Add sliced peppers to pan. Stir fry until crisp tender. Return meat to pan and stir to mix. Serve over rice.

Pork

Cindy's Ham

Cindy Burton

1 fully-cooked boneless ham (5 lbs.)	1 jar (18 oz.) orange marmalade
1/2 c. stone-ground mustard	2 T. dry mustard
1 garlic clove, minced	1/2 t. ground ginger

Place meat, fat side up, in baking pan; score ham. Mix remaining ingredients until well blended. Set aside half of the mixture. Brush ham with remaining mixture. Roast 2 hours, or until meat thermometer register 140 degrees, brushing ham with remaining mixture every 15 minutes. Let stand 10 minutes. Slice and serve. Serves 10-12.

Ham for a Crowd

Have butcher slice ham in 1/4 inch slices. Place in a 13 x 9 pan, with 1" water added to the bottom of the pan. Cover with foil. Bake at 350 for 1 1/2 hours. See recipe for ham sauce.

Ham Sauce

Sarah Cassavaugh

1/2 c. Dijon mustard	1 (20 oz.) can crushed pineapple, undrained
2/3 c. maple syrup	1 T. cornstarch
1/3 c. brown sugar	

Mix together and cook until thickened.

Ham Loaf

2 lb. ground ham or combination of ground ham and ground pork	
2 eggs, beaten	3/4 c. milk
3/4 c. soft bread crumbs	dash pepper

Mix thoroughly meat, eggs, milk, bread crumbs, and pepper. Form into a loaf in a shallow baking pan. Bake at 350° for 1 hour. Pour ham loaf glaze over the loaf.

Ham Loaf Glaze

1 T. mustard	1/2 c. vinegar
1 c. brown sugar	1/2 c. water

Boil 5 minutes. Pour over ham loaf and bake at 350° for 1 hour, basting occasionally.

Mrs. Donoho's Ham Packets

Lucy Donoho

Place a 3/4" to 1" slice of ham on a 12" x 12" piece of foil. Spread 1/4" of brown sugar over the top of the ham. Slice a layer of onions over the top. Slice potatoes over the onions. Put another piece of foil over the top and seal the edges well. Bake at 350° for about 45 minutes, until the potatoes are done. To serve several people, you can line a 13 x 9 pan with foil, put several slices of ham in the bottom of the pan, top with the sugar, onions, and potatoes, and cover the pan with foil.

Pork

Swiss Meat Ring

- | | |
|-----------------------|--|
| 1 T. butter, softened | 1 1/2 c. shredded Swiss cheese |
| 2 T. German mustard | 1 c. fresh or frozen chopped broccoli,
cooked and drained |
| 2 T. parsley flakes | 1 c. diced cooked ham |
| 1 1/2 t. onion flakes | 1 can (8 oz.) refrigerated Crescent rolls |
| 1 t. lemon juice | |

Combine butter, mustard, parsley, onion, and lemon juice; blend well. Add cheese, broccoli and ham; mix lightly. Set aside. Separate refrigerated roll dough into 8 triangles. On a greased cookie sheet, arrange triangles in a circle with bases overlapping. (The center opening should be about 3 inches in diameter and the points will be facing outward. Spoon ham filling in a ring over bases of triangles, about 1/3 c. per triangle. Fold points of triangles over the filling and tuck under the bases at center of circle. Bake at 350° for 25-30 minutes, until golden brown. Serve hot. Makes 6-8 servings.

Ham and Spinach Rolls

Chris Comer

- 24 thin slices boiled or baked ham (#4 on slicing machine)
- 2 pkgs. (10 oz.) frozen chopped spinach, cooked and drained
- 2 c. packaged cornbread stuffing
- 2 c. sour cream

Cream Sauce:

- | | |
|---------------|------------------------------------|
| 1/2 c. butter | 1/2 c. grated sharp cheddar cheese |
| 1/2 c. flour | grated Parmesan cheese |
| 4 c. milk | paprika |

Melt butter, stir in flour, and gradually stir in milk. Stir constantly until sauce comes to a boil. Boil 1 minute. Add cheddar cheese.

Combine spinach, stuffing, and sour cream. Spread on ham. Roll up and place seam-side-down in casserole. Pour cream sauce over ham. Sprinkle with paprika and a little grated Parmesan cheese. Bake at 350° for 15 minutes covered and 15 minutes uncovered.

Easy Pork Chops

- | | |
|-------------------------------|------------------|
| 2 cans cream of mushroom soup | 2 lb. pork chops |
|-------------------------------|------------------|

Line a 13 x 9 pan with aluminum foil and arrange the pork chops on it in one or two layers. Pour soup over it. Cover with foil. Bake at 350° for 2 hours. Serve over hot rice or mashed potatoes.

Western/Country-Style Ribs

Choose the leanest ribs you can find. Line a 13 x 9 pan with aluminum foil and arrange the ribs on it in a single layer. Cover the pan with foil and bake at 425° for about 2 hours. During the last half hour, pour KC Masterpiece Barbecue sauce over the top of the ribs.

Casseroles

Pork Chop and Potato Bake

6 pork chops	Lawry's seasoned salt
1 can cream of mushroom soup	1/2 c. milk
1/2 c. sour cream	1/4 t. pepper
1 pkg. (32 oz.) frozen hash browns, thawed	1 c. shredded cheddar cheese
	1 can (2.8 oz.) Durkee's onion rings (Taste Toppers)

Brown pork chops in lightly greased skillet; sprinkle both sides with Lawry's salt. Combine soup, milk, sour cream, pepper, and 1/2 t. Lawry's salt. Stir in potatoes, cheese, and onion rings. Spoon into 13 x 9 pan. Arrange the pork chops over the potatoes and push them into the potatoes slightly. Bake, covered, at 350° for 2 hours. Makes 6 servings.

Hunter's Casserole

Harlan Shores

6 pork chops	1 c. wild rice
1 c. white rice	2 T. butter
1 c. celery, chopped	1 green pepper, chopped
1 onion, chopped	1 c. mushrooms, sliced
2 cans cream of mushroom soup	1 c. milk
1 c. shredded cheddar cheese	

In a medium-sized saucepan, combine wild rice with 3 c. water. Bring to a boil and boil about 5 minutes. Add white rice and cook until rice is tender. Brown pork chops in lightly greased skillet. When cooked through, remove to a plate and sauté the vegetables in the same pan. Mix the cooked rice, vegetables, soup, and milk and place in the bottom of a 13 x 9 pan. Sprinkle the cheddar cheese over the top. Place the pork chops on top and push them into the rice mixture slightly. Bake, covered, at 350° for 1 hour.

Potato Casserole

Lynne Ream

6 pork chops	6 potatoes, peeled and sliced very thin
2 cans cream of mushroom soup	1 c. water
1 t. thyme	1 can Durkee's onion rings (Taste Toppers)

Brown pork chops in a lightly greased skillet. Place potatoes in the bottom of a 13 x 9 pan. Mix the soup, water, thyme, and onion rings and pour over the potatoes, poking the sauce down into the potatoes. Place the pork chops on the top. Cover and bake at 350° for 1 1/2 hours.

Tater Tot Casserole

Betty Moloney

1 1/2 lb. ground beef	1 onion, chopped
1 (16 oz.) pkg. frozen mixed vegetables	1 can cream of mushroom soup

Casseroles

1 can cream of celery soup
1 large pkg. Tater Tots

Brown and drain the ground beef and onion. Place in the bottom of a 13 x 9 pan. Mix vegetables and soups together and pour over the meat. Top with Tater Tots. Bake, uncovered, at 350° for 2 hours.

Ground Beef Casserole

Debbie Hartman

1 1/2 lbs. ground beef
1 can cream of mushroom soup
1 can French style green beans
5 or 6 potatoes, peeled and diced
1 pkg. Lipton Onion Soup mix

Brown and drain ground beef and put it in the bottom of a two-quart casserole dish. Cover with layer of potatoes. Then layer the mushroom soup, onion soup, and pour the undrained can of beans over the top. Cover and bake at 350° for 1 1/2 hours.

Gemelli Casserole

1 lb. gemelli pasta
1 1/2-2 lbs. ground beef
2 c. shredded cheddar cheese
6 slices bacon, cut in 1" pieces
1 small onion, chopped
3 cans tomato soup

Cook the gemelli according to package directions. Brown the bacon in a skillet until mostly done. Add ground beef and onion and continue browning until cooked thoroughly. Drain. Mix with gemelli, cheese, and undiluted soup. Cover and bake at 350 for 1 1/4-1 1/2 hours.

Enchilada Stacks

Louise Dunn

1 pkg. corn tortillas
1 can chopped black olives
2 (10 oz. cans mild enchilada sauce or 1 can hot and 1 can mild)
1 lb. shredded cheese, mix of cheddar and Monterey Jack
oil
1 lb. ground beef
1 onion, chopped

Brown ground beef and onion; drain. While browning the meat, soften tortillas in hot oil, using tongs, briefly on each side. Drain on paper towels. Mix olives into the meat and onion. Pour enchilada sauce into a pie plate. Dip a tortilla into the sauce and lay flat in a round casserole dish. On each tortilla, put a little meat and cheese. Repeat and stack. Every third tortilla, pour 1/8 c. of sauce on stack. Top with cheese and remaining sauce. Heat, uncovered, at 400°, about 20 minutes. If you make this early and refrigerate it, let it warm up a little before putting it in the oven. Bake at 350° for about 50 minutes. I usually do this in a casserole dish and, instead of stacking the tortillas, I spread out 3 or 4 tortillas for each layer. When I double this recipe, I use 3 cans of enchilada sauce, 1 can of olives, 1 lb. of cheese, 2 lb. of ground beef, 1 large onion, and 18-20 tortillas.

Chicken Espanole

Louise Dunn

1 chicken, cooked and cut into bite-sized pieces (about 3 1/2 cups)
1 pkg corn tortillas
10-12 oz grated cheddar cheese
1 onion, sautéd
1 can chopped green chiles

1 can cream of chicken soup 1 c. sour cream
1 1/2 c. broth (from chicken or canned)

Lay 6 tortillas in a 13 x 9 pan. Mix the chicken, chiles, and onion together and place half the mixture on the tortillas. Place half of the cheese on top. Repeat layers. Mix soup, broth, and sour cream. Pour over the layers. Grate cheese on top. Cover with foil. Let sit at least 1 hour or overnight (to soften tortillas). Bake 45 minutes at 350° (allow extra baking time if you have refrigerated the casserole). Broil to brown.

Chicken Divan

Beth Evans

2 (10 oz.) pkg. frozen broccoli spears or a comparable amount of fresh broccoli
4 c. cooked chicken 2 cans cream of mushroom soup
1 c. Hellmann's mayonnaise 1 t. lemon juice
1/2 t. curry powder 1/2 c. sharp cheddar cheese
buttered bread crumbs

Cook and drain broccoli. Place on bottom of 13 x 9 pan. Place the chicken in a layer over the broccoli. Combine soup, mayonnaise, lemon juice, and curry powder. Pour over broccoli. Top with cheddar cheese and buttered bread crumbs. Bake at 350° for 25-30 minutes. Broil to brown.

Chicken and Wild Rice Casserole

1/4 c. butter 5 T. flour
1 1/2 t. salt 1/8 t. pepper
1 c. chicken broth 1 1/2 c. milk
1 1/2 c. cooked wild rice 3/4 c. mushrooms
2 c. cooked chicken, cut up 1/3 c. green pepper, chopped
1/4 c. slivered almonds

Melt butter, blend in flour, salt, and pepper. Cook until smooth and bubbly. Stir in chicken broth and milk. Bring to boil and boil 1 minute, stirring constantly. Mix sauce with remaining ingredients. Bake in an oblong baking dish for 45 minutes at 350°.

Chile Relleno Casserole

Sylvia Hatton

1 lb. shredded cheddar cheese 1 lb. shredded Monterey Jack cheese
1 lb. ground beef 3 (7 oz.) cans whole green chiles
2 (8 oz.) cans tomato sauce 4 eggs
3 T. flour 1 (12 oz.) can evaporated milk

Brown and drain ground beef. Wash and remove seeds from chiles. Flatten half of the chiles on the bottom of a 13 x 9 pan. Layer cheddar cheese, ground beef, the remaining chiles, and then the Monterey Jack cheese. Separate the eggs. Mix 4 egg yolks with 3 T. flour and evaporated milk. Beat the egg whites separately (use a mixer and beat until they form soft peaks) and fold into the egg/milk mixture. Pour egg mixture on top of casserole. Bake, covered, at 325° for 1 hour. Pour tomato sauce on top and bake, uncovered, for 1/2 hour.

Casseroles

Two-Cheese Tuna Noodle Casserole

1/2 c. celery, chopped	1/2 c. green pepper, chopped
1 T. butter	1/2 t. salt
8 oz. fine egg noodles or spaghetti	1 (8 oz.) pkg. cream cheese
1 c. milk	1/4 t. garlic powder
1/2 c. Parmesan cheese	2 (7 oz.) cans tuna, drained
paprika	

Cook pasta until done; don't overcook. Sauté vegetables in 1 T. butter. Heat cream cheese and milk. Add to drained pasta, 1/4 c. of the Parmesan, seasonings, and tuna. Place in a shallow 1 1/2 quart baking dish. Sprinkle with the remaining Parmesan. Bake at 350° for 30 minutes.

Tuna and Rice

Betty Johnston

3 c. cooked, hot rice	8 T. butter
1/2 c. flour	4 c. milk
1 can tuna, drained	1/4 c. fresh parsley, chopped
salt and pepper	

Melt butter, add flour, and stir with a whisk until blended and bubbly. Gradually add milk, stirring well to remove lumps. Stir until the sauce thickens and comes to a full boil; boil one minute. Remove from heat and stir in hot rice, tuna, parsley, salt, and pepper. Serve immediately.

Five Can Casserole

Jean Evans

1 can cream of mushroom soup	1 can chicken and rice soup
1 can chicken	1 small can evaporated milk
1 can chow mein noodles	1 beaten egg

Combine ingredients and top with crushed potato chips and grated cheese. Bake at 375° for 40 minutes.

Sandwiches

Hot Ham and Cheese Sandwiches

Lucy Donoho

1 lb. shaved ham	1/2 lb. Swiss cheese
2 t. dry mustard	1/2 c. butter
1 small onion, chopped fine	2 T. poppy seeds
8 buns	

Sauté the onion in the butter and mix in the mustard and poppy seeds. Spread on both sides of each bun and divide the ham and cheese among the buns. Wrap each sandwich in foil. Bake at 350° for 20 minutes. These sandwiches can be frozen but should be thawed before baking.

Feta Cheese Spread

Sue Reed

1/4 lb. feta cheese	24 oz. cottage cheese (small curd, 4% fat)
1/2 lb. chopped walnuts or pecans	1 large grated carrot
1 diced green pepper	2 stalks diced green onion

Combine above ingredients. Season with a dash of paprika, spike seasoning, prepared mustard, salt, pepper, and enough mayonnaise to hold it together. Serve on whole wheat or rye bread. Add a slice of tomato.

Sandwich Loaf

Betty Johnston

16 slices Roman Meal bread

Cut off the bread crusts and place 4 slices of the bread on a flat plate. Spread the bottom filling over the bread. Place another layer of bread and spread the pimiento cheese filling. Repeat with remaining bread and fillings, ending with a bread layer.

Bottom Filling:

turkey, chicken, or tuna salad made with meat, mayonnaise, 2 hard boiled eggs, chopped celery.

Pimiento Cheese:

10 oz. shredded cheddar cheese	1 (4 oz.) jar pimiento with jice
Hellmann's mayonnaise	dash cayenne pepper

Mix ingredients in a food processor.

Ham Salad:

ham	sweet pickles
Hellmann's mayonnaise	

Mix ingredients in a food processor.

Frosting:

2 (3 oz.) pkgs. cream cheese, softened	4 oz. sour cream
green or black olives	

Mix the cream cheese and sour cream until spreadable. Frost the sandwich loaf on sides and top. Decorate with olives.

Yeast Breads

Orange Rolls

Jere McCullough

1. Put 2 packages yeast in 1/2 cup warm water. Set aside.
2. Mix 1 cup hot water, 1/2 cup shortening, and 1/2 cup sugar. Add 3 eggs and yeast.
3. Mix in 2 teaspoons salt and 4 1/2 cups flour (add the flour 1 or 2 cups at a time). Mix well.
4. Let rise in warm place for 1 hour; punch down and cover with plastic wrap.
5. Refrigerate 3 hours or overnight.
6. Divide in half and roll out 1/4" thick (12" X 18" rectangle).
7. Spread with thin mixture of 1/2 cup creamed butter, 1/2 cup sugar, and the grated rind of 1 orange (use half the rind if you grind it in a food processor; use the whole rind if you grate it by hand). Mix early.
8. Roll up (jelly-roll style), pinch seam, and cut into 1" slices.
9. Let rise until double (at least an hour).
10. Bake at 350° for 12 to 15 minutes.
11. Glaze with 1 pound powdered sugar and the juice of 1 orange. Mix early.

Makes 3 dozen rolls. For dinner rolls, put cut pieces of dough into greased muffin tins and for breakfast rolls, put cut pieces of dough on greased cookie or jelly-roll sheet.

Potato Rolls

Celia Johnson

2 pkg. yeast	1/2 c. warm water
1 c. mashed potatoes	1/2 c. butter-flavored Crisco
1 1/8 c. sugar	4 t. salt
2 c. warm milk	2 eggs
8-9 c. flour	

Mix yeast and warm water. In mixing bowl, combine potatoes, shortening, sugar, salt, milk, eggs, and half the flour. Add yeast mixture and mix at high speed for a minute. Add the remaining flour, a cup at a time, to form a soft dough. Turn onto a floured surface, knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 2 hours. Punch dough down. Form into rolls. Let rise until they touch with little space between them (about 50 minutes). Bake at 350 for about 20 minutes, until golden brown. This recipe makes 3-4 dozen rolls. Tip: when you make mashed potatoes, make extra and freeze the leftovers in baggies in 1 cup portions. It doesn't matter if the mashed potatoes have pepper in them.

Light Whole Wheat Rolls

2 packages dry yeast	2 3/4 c. warm water
2/3 c. honey	1 T. salt
2 eggs, beaten	2/3 c. oil
1 1/2 c. whole wheat flour	6 c. white flour

In a large bowl, combine yeast, water, honey, and salt; stir to dissolve completely. Add eggs and oil and stir for 2 minutes. Stir in whole wheat flour and enough white flour to make dough easy to handle. Knead for 10 minutes, until dough springs back when you fold it in half. Place in well-greased bowl and let rise until double. Punch down and allow to rise again until double. Punch down again. Shape dough into 1-inch balls. Place 3 balls each into greased muffin cups. Allow rolls to rise until double. Bake at 350° until lightly browned, about 15 minutes (if these rolls are overbaked, they're dry). Remove from pans to wire racks, and butter top of rolls immediately.

Butter Horn Rolls

Irene Cole

Dissolve:

1 pkg. yeast	1 c. warm milk
--------------	----------------

Cream together:

3/4 c. softened butter	1/2 c. sugar
------------------------	--------------

Add to above:

4 c. flour	1 1/2 t. salt
3 beaten eggs	Yeast mixture

Mix well. Let rise in a warm place until doubled, 1 1/2 to 2 hours. Then knead 10 minutes. Put into greased bowl, cover with foil, and refrigerate overnight.

For rolls, take 1/3 of the dough. Roll into a circle, spread with melted butter, cut into fourths and then into 3 or 4 pieces. Beginning at the large end, roll each piece and place on a baking pan. Let rise after rolls are shaped for about 1 or 1 1/2 hours. Bake at 400° for 10 minutes. Tip: if pressed for time, place dough in freezer until chilled.

Oatmeal Dinner Rolls

2 c. water	1 c. quick-cooking oats
3 T. butter	1 pkg. yeast
1/3 c. warm water	1/3 c. brown sugar
1 T. sugar	1 1/2 t. salt
4 3/4-5 1/4 c. flour	

In a saucepan, bring water to a boil; add oats and butter. Cook and stir for 1 minute. Remove from the heat; cool to lukewarm. In a mixing bowl, dissolve yeast in warm water. Add the oat mixture, sugars, salt, and 4 cups of flour; beat until smooth. Add enough remaining flour to form a soft dough. Turn onto a floured board; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour. Punch dough down. Shape into 18 balls. Place in two greased 9" round baking pans. Cover and let rise until doubled, about 45 minutes. Bake at 350° for 20-22 minutes or until golden brown. Remove from pan to wire racks.

Pumpkin Knot Rolls

2 pkg. yeast	1 c. warm water
1/3 c. butter, softened	1/2 c. sugar
1 c. canned pumpkin	3 eggs

Yeast Breads

1 1/2 t. salt
1 T. cold water
sesame or poppy seeds, optional

5 1/2-6 c. flour
1 egg

In a mixing bowl, dissolve yeast in warm milk. Add the butter, sugar, pumpkins, 3 eggs, salt, and 3 c. flour. Beat until smooth. Stir in enough remaining flour to form a soft dough. Turn onto a lightly floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning one to grease top. Cover and let rise in a warm place until doubled, about 1 hour. Punch dough down. Turn onto a lightly floured surface; divide in half. Shape each portion into 12 balls. Roll each ball into a 10" rope; tie into a knot and tuck ends under. Place 2" apart on greased baking sheets. In a small bowl, beat water and remaining egg. Brush over rolls. Sprinkle with sesame or poppy seeds if desired. Let rise until doubled, about 30 minutes. Bake at 350° for 15 minutes, or until golden brown.

Sticky Buns

Margaret Evans

1 1/2 c. warm milk
2 eggs, well beaten
2 t. salt
1/2 c. warm water

1/2 c. oil
4 T. sugar
2 pkg. yeast
About 6 c. flour

Mix together milk, sugar, salt, and oil. Stir yeast into water until dissolved. Mix in milk mixture and egg. Stir in enough flour to make a stiff dough. Knead until smooth and elastic, about 10 minutes. Let rise 1 1/2 hours or until doubled. Punch down.

Meanwhile, prepare each of three 13 x 9 pans with 3 T. soft butter spread on the bottom of the pan, sprinkled with 1/4 c. brown sugar and topped with chopped pecan pieces.

Divide dough in three pieces. Roll dough on lightly flour surface into 12" x 11" rectangle. Spread with 3 T. soft butter, 1/4 c. brown sugar, and generous cinnamon. Roll up jelly roll style. Cut into slices and place cut side down in prepared pans. Repeat these steps with the remaining dough.

Pour 1/2 c. dark corn syrup over each pan of rolls.

Cover and let rise until doubled, 35 – 40 minutes. Bake in 400° oven for 20-25 minutes. Immediately lift out onto a large plate. Makes 3 dozen.

Cinnamon Twists

Vilda Forster

1 pkg. yeast
1 c. warm milk
2 T. sugar
1 egg

1/4 c. warm water
2 T. butter
1 t. salt
3 1/2 c. flour

Dissolve yeast in 1/4 c. water. In a mixing bowl, combine milk, butter, sugar, salt, egg, yeast mixture, and half of flour. Mix well, Add remaining flour a little at a time to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled. Punch dough down. Melt 4 T. butter in a bowl and put cinnamon sugar in another bowl. Pinch off a piece of dough and roll it into a rope. Dip into butter and then cinnamon sugar. Tie in a knot. Let rise on baking sheet until double. bake at 375° for 10-15 minutes. Makes 2 dozen.

Cinnamon Rolls

Cheri Wilsted

1/2 c. butter	1 c. warm milk
2 eggs, beaten	3/4 c. sugar
2 t. salt	1 c. water
1/2 c. lukewarm water	2 pkg. yeast
7 1/2 c. flour	

Combine butter and milk. Mix well. Add eggs, sugar, salt, and water. Soften yeast in lukewarm water. Combine. Add half of flour. Beat well. Add remaining flour one cup at a time. Cover and chill overnight. Divide dough into two parts. Roll each part into a 15" square. Spread melted butter over dough and sprinkle with cinnamon sugar. Roll up into log and cut into 1 " sections. Let rise until double in size. Bake at 375° for 15-20 minutes.

Rabbit Rolls

6 1/2 - 7 c. flour	2 pkg. yeast
1/2 c. sugar	2 t. salt
2 c. water	1/3 c. butter
2 eggs	1 egg
1 T. water	raisins

In a large bowl, combine 2 1/2 c. flour, yeast, sugar and salt; mix well. Heat 2 c. water and butter until very warm (butter doesn't need to melt). Add to the flour mixture. Add two eggs. Blend at low speed until moistened; beat 3 minutes at medium speed. Gradually stir in enough remaining flour to make a soft dough. Knead about 5 minutes. Place in greased bowl, turning to grease top. For quick-rise yeast, allow to set 5-10 minutes before placing in refrigerator. Cover. Refrigerate 6-12 hours.

After dough has chilled, divide into 4 parts. Shape one part at a time. Refrigerate remaining dough until ready to use. Place rolls 2" apart on greased cookie sheets. Combine egg and water; gently brush rolls. Let rise at room temperature until almost doubled. Bake at 400° for 8-10 minutes until golden brown. Serve warm or cold.

To shape rolls: Divide each part into 9 balls. Roll each ball into an 18" roll (roll it the way you make snakes out of clay). Cut 10" for the body, 5" for head and 1" for tail and ears. Swirl rolls for head and body and place together on cookie sheet. Form ears and tail and attach to bunny. Make sure you pinch the body parts together securely. Also, make the ears longer and narrower than you think they might need to be because the dough will rise and make them look shorter. Cut raisins in half and push into place to make eyes.

Tuck and pinch the ends of the swirls very securely or they will work loose during the rising and baking process.

Challah

Betty Johnston

2 pkgs. yeast	1 3/4 c. warm water
1 T. salt	1/2 c. sugar
1/2 c. melted butter	4 well-beaten eggs
7-8 c. flour	
Glaze:	
1 egg, beaten	1 T. water
sesame or poppy seeds	

Dissolve the yeast in water. In a mixing bowl, combine salt, sugar, butter, eggs, 1/3 of the flour; and the yeast mixture; mix at high speed for a minute. Add the remaining flour, a cup at a time, to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 2 hours (I warm the oven to 170 or 180 degrees, turn it off, and put the bowl of dough inside; I don't cover it). Punch dough down. Divide into six pieces and roll each piece into an 18 inch rope. Place on a greased baking sheet. Braid ropes together (three ropes per loaf), pinch ends. Combine glaze thoroughly; brush over braid and sprinkle with sesame seeds or poppy seeds. Let rise about 30 minutes. Bake at 350° for 22 minutes, or until golden brown. If you've made it into two loaves, bake for 25 minutes.

Raisin Bread

Betty Crocker Cookbook

2 pkgs. yeast	3/4 c. warm water
3 T. butter-flavored shortening	2 2/3 c. warm water
1/4 c. sugar	1 c. raisins
1 T. salt	7 1/2 c. flour

Dissolve yeast in 3/4 c. warm water. Stir in 2 2/3 c. warm water, sugar, salt, shortening and 5 cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.

Turn dough onto lightly floured board; knead until smooth and elastic, about 10 minutes. Place in a greased bowl; turn greased side up. Cover; let rise in warm place until double, about 1 hour (I always turn the oven to "warm" and then turn it off and let the bread rise in the oven).

Punch down dough; divide in half. Roll each half into rectangle, 18x9 inches. Sprinkle each rectangle with 1 t. water and a mixture of 1/4 c. sugar and 2 t. cinnamon. Roll up, beginning at short side. With side of hand, press each end to seal. Fold ends under loaf. Place seam side down in greased loaf pan. Let rise until double.

Bake at 400° for 30 minutes.

Nine-Grain Bread

2 c. warm water	2 pkg. yeast
2 T. honey or sugar	2 T. butter-flavored shortening
2/3 c. milk	5 c. unbleached flour
3 c. whole wheat flour	1/3 c. seven-grain cereal
1 T. salt	1/4 c. sesame seeds
1 c. rolled oats, for topping	

Cook cereal in 1 cup boiling water until softened (the more you cook it, the more it blends into the bread and the less you notice the seeds, so I only let it boil about a minute). Cool. Mix yeast and warm water. In mixing bowl, combine honey, shortening, milk, cooled cereal, salt, sesame seeds, yeast mixture, and whole wheat flour. Mix at high speed for a minute. Add the remaining flour, a cup at a time, to form a soft dough. Knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour. Punch dough down. Shape into 2 loaves, wet with water, and roll in rolled oats to coat. Place the bread in 2 greased loaf pans. Let rise to slightly above the top of the pans (less than half an hour). Bake at 375° for about 40 minutes. This bread is moist and light, in spite of being almost half whole wheat. You can buy the seven-grain cereal at a health food store (Strawberry Fields in Urbana carries it).

Whole Wheat Bread

Judy Kinder

2 pkg. yeast	1 1/2 c. warm water
3/4 c. milk	3 T. sugar
2 t. salt	1/3 c. melted butter
1/3 c. honey	4 1/2 c. whole wheat flour
2 3/4 c. white flour	

Mix yeast and warm water. In mixing bowl, combine milk, sugar, salt, butter, honey, the yeast mixture, 2 c. wheat flour, and 2 c. white flour. Add the remaining flour, a cup at a time, to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 1/2 hours. Punch dough down. Divide into two loaves and place in greased loaf pans. Let rise one hour. Bake at 400° for 25-30 minutes.

French Bread

Betty Johnston

1 pkg. yeast	1 T. sugar
1 t. salt	1 1/4 c. warm water
3 c. flour	1 egg

Mix together yeast, sugar, salt, and water. Add half of flour and then add the rest of the flour half a cup at a time. Knead for 10 minutes. Let rise for 1 1/2 hours, until doubled. Punch down, cut in half, and roll out until the dough matches the French loaf pan. Brush with a beaten egg that has been mixed with 1 t. water. Snip with scissors. Let rise 25 minutes. Bake at 400° for 10 minutes, at 350° for 15 minutes, turn out onto oven rack and bake 5 additional minutes. Makes one loaf.

Yeast Breads

Squash Braid

1 pkg. Yeast	2 T. warm water
1/2 c. warm milk	1 c. mashed cooked butternut squash
1/4 c. butter, softened	1 egg
3 T. brown sugar	1/4 t. salt
3 – 3 1/2 c. flour	

Glaze:

1 egg, beaten	1 T. water
---------------	------------

In a small bowl, dissolve yeast in water. In a mixing bowl, combine squash, milk, butter, egg, brown sugar, and salt; mix well. Add yeast mixture and 1 1/2 c. flour; mix well. Add enough remaining flour to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour. Punch dough down. Divide into thirds; roll each third into an 18 in. rope. Place on a greased baking sheet. Braid ropes together; pinch ends. Combine glaze ingredients; brush over braid. Cover and let rise until nearly doubled, about 30 minutes. Bake at 350° for 20-25 minutes, or until golden brown.

Herb Bread

Mark Spear

2 pkg. yeast	1/2 c. warm water
1/2 c. butter	1/3 c. brown sugar
2 c. warm milk	1 T. salt
1 t. basil	1 t. caraway seeds
1/2 t. thyme	7 1/2 – 8 c. flour

Melt butter and add brown sugar, milk, salt, basil, caraway seeds, and thyme. Cool to lukewarm. Dissolve yeast in warm water. Mix butter mixture with yeast mixture and add half of the flour. Mix well. Add remaining flour one cup at a time to form a soft dough. Turn onto a floured surface; knead until smooth and elastic, about 10 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 1/2 hours. Punch dough down. Let rise again about 30 minutes. Divide into two loaves and place in greased loaf pans. Let rise about 45 minutes. Bake at 375° for 30 minutes.

Monkey Bread

Ruth Hassell

2 pkg. yeast	2 T. sugar
1 1/2 c. warm milk	5 c. flour
1/3 c. butter	1 egg
1 t. salt	1 stick butter
garlic salt or cinnamon sugar	

Mix yeast, sugar, and warm milk together. Add egg, butter, salt, and gradually add the flour. Knead 10 minutes. Let rise until doubled in size. Punch down and let rise again. Spray a bundt pan with Pam. Roll the dough into a rectangle and cut into strips that are 3/4" wide and 1" long. Melt stick of butter and add garlic salt or cinnamon sugar. Roll each strip of dough into a ball and dip in the flavored butter. Fill the bundt pan with the dough balls. Let rise again. Bake at 400° for 30 minutes.

Danish Pastry**Basic dough:**

Dissolve:

2 pkg. yeast	1/2 c. warm water
1 T. sugar	

Mix together:

1/2 lb. butter	2 beaten eggs
2 c. warm milk	1 t. salt
1 c. sugar	6 1/2 c. flour

Pour warm milk over butter and sugar. Add eggs and yeast mixture. Add flour and salt (half at a time). Blend. Cover and let rise in a warm place for 1 hour. Divide into 4 parts. Roll out each part to a 14" x 18" rectangle on a piece of floured aluminum foil. With a knife, divide the rectangle into three long pieces. On each piece, spread one of the fillings (below), with a different filling on each piece. Fold the edges of each piece in and pinch well to seal. Braid the three pieces, pinching the ends well. Glaze the top and decorate with maraschino cherries and nuts. Let raise. Bake at 350° for 25-30 minutes. Makes 4 pastries.

Cream filling:

1 c. milk	3 egg yolks
1/2 t. salt	1/3 c. sugar
2 T. flour	1 t. vanilla

Mix sugar and flour, add other ingredients. Cook, stirring constantly, until mixture is thickened and boils for about a minute.

Almond filling:

1/2 lb. softened butter	3/4 c. sugar
1/3 c. rolled oats	2 t. almond extract

Mix together.

Crumb mixture:

1/2 lb. softened butter	1/2 c. flour
1/2 c. sugar	1/4 c. chopped nuts

Mix together.

Glaze:

2 egg whites, beaten slightly

Swedish Tea Ring

Debbie Hartman

1/4 c. warm water	1 pkg. yeast
3/4 c. lukewarm milk	1/4 c. sugar
1 t. salt	1 egg
1/4 c. butter-flavored shortening	About 3 1/2 c. flour

Dissolve yeast in water. Add milk, sugar, salt, egg, shortening, and half of the flour to yeast. Mix with spoon until smooth. Add enough remaining flour to handle easily. Knead until smooth, about 5 minutes. Put in greased bowl and cover with cloth. Let rise until double, about 1 1/2 hrs. Punch down. Let rise again until double, about 30 minutes. Roll

Yeast Breads

out dough onto floured surface. Spread with filling mixture and roll up, jelly roll style. Shape into a ring. With scissors, cut deep slits into ring, with part of the scissors underneath the ring and part of the scissors on top. Stick butter knife underneath each piece and flip the underneath side to the left (kind of lay it down). Continue moving to the left and overlap each piece on the one to the right. Let rise and bake at 375° for 15-20 minutes. Frost when cool and decorate with nuts and maraschino cherries. Makes one tea ring.

Filling:

3 T. melted butter
3 t. cinnamon

3/4 c. sugar

Icing:

powdered sugar
vanilla

milk

Spudnuts

Emer Dean Broadbent

4 c. lukewarm milk
1 c. sugar
5 eggs
2 c. mashed potatoes

1 c. butter-flavored shortening
1 T. salt
2 pkg. yeast
10-12 c. flour

Warm milk; add shortening, sugar, salt, and enough flour to make a thin batter. Add beaten eggs and softened yeast (use some of the milk to dissolve the yeast). Beat in potatoes. Add enough flour to make a soft dough. Let rise twice. Do not knead dough, just roll out on well-floured surface about 1/2 inch thick. Cut with a donut cutter and let rise on countertop, which has been lightly floured, until double in volume. Fry in deep hot oil with raised side down until golden brown, turning once. Frost with glaze and dip in nuts or coconut, if desired.

Vanilla Glaze:

3 1/2 c. powdered sugar (1 lb.)
1/2 t. maple flavoring

1/2 c. water

Don't let glaze get too watery. Warm glaze and keep at low heat while dipping donuts, but do not boil. Dip donuts while warm and then let drip for a few minutes from a wooden dowel over sink or on a wire rack.

Chocolate Glaze:

1 c. powdered sugar
1 t. vanilla
2 squares unsweetened chocolate

1/4 c. milk
2 T. butter

Melt the chocolate and the butter over hot water. Heat the milk but do not boil. Combine all the ingredients and beat until smooth.

Quick Breads, Coffee Cakes, Pancakes, & Waffles

Louise's Coffeecake

Louise Dunn

Cream in mixer:

1 c. butter
4 eggs

1 3/4 c. sugar

Mix in:

3 c. flour
1/2 t. salt
1/2 c. chopped pecans

1 1/2 t. baking powder

1/2 t. almond extract

Reserve 1 1/2 c. batter. Drop the rest of the batter into a greased jelly roll pan. Spread evenly. Pour

1 can cherry pie filling (or any other flavor pie filling)

over crust. Spread evenly. Dollop on remaining batter and form into three horizontal "logs," using your fingers. Bake at 350° for 30-40 minutes, until golden brown. Cool slightly and drizzle with glaze.

Glaze:

1 c. powdered sugar
little bit of milk (enough to make it thin enough to drizzle)

1/2 t. almond extract

Prize Coffee Cake

Ellen Collins

3/4 c. sugar

1 egg

1 1/2 c. flour

1/2 t. salt

Streusel Mixture:

1/2 c. brown sugar

2 t. cinnamon

1/2 c. chopped nuts

1/4 c. butter-flavored shortening

1/2 c. milk

2 t. baking powder

2 T. flour

2 T. melted butter

Mix sugar, shortening, egg, and milk in mixer. Add flour, baking powder, and salt; mix thoroughly. Pour batter into a greased 9 x 9 pan. Mix the streusel mixture together by hand and pour over batter. With a knife, swirl the streusel into the batter. Bake at 350° for 25 – 30 minutes, until a toothpick inserted in the coffee cake comes clean.

Jo's Cornbread

JoAnne Broadbent

3/4 c. cornmeal

3/4 t. salt

1 c. flour

1/3 c. sugar

1 c. milk

1 egg, well beaten

2 T. melted butter-flavored shortening

5 t. baking powder

Quick Breads, Coffee Cakes, Pancakes, & Waffles

Mix wet ingredients with a whisk. Add dry ingredients, mixing until just mixed. Bake in 9 x 9 pan for 15-18 minutes at 425°, or until toothpick comes clean. Do not overbake.

Cornmeal Muffins

Lois Brough

1 c. cornmeal	4 t. baking powder
1 t. salt	4 T. sugar
1 c. flour	4 T. melted butter-flavored shortening
1 1/4 c. milk	1 egg

Mix wet ingredients together and add dry ingredients, just enough to dampen ingredients. Fill greased muffin pans 2/3 full. Bake at 400° for 20 minutes. Makes 1 dozen.

Blueberry Muffins

Jean Evans

1 1/2 c. flour	1/2 c. sugar
1/2 t. salt	1 T. baking powder
1 egg	1/2 c. milk
1/4 c. melted butter-flavored shortening	1 c. blueberries, frozen

Mix wet ingredients together, with a spoon, and add dry ingredients. Mix until batter is moistened, but don't over mix. Fold in frozen blueberries. Line muffin pan with paper liners and fill them 2/3 full. Bake at 425° for about 18 minutes, until golden brown. Makes 11.

Pumpkin Bread/Muffins

Barbara Spear

4 eggs	3 c. sugar
1 c. oil	2 c. canned pumpkin
2/3 c. water	2 t. baking soda
1 1/2 t. salt	1 t. cinnamon
1 t. nutmeg	3 1/3 c. flour
1 c. chopped pecans	

In a mixer, mix wet ingredients together well. Add dry ingredients. Pour into two greased loaf pans and bake at 350 for 1 hour. You can also fill greased muffin tins 2/3 full with batter and bake at 400° for 20 minutes. Makes 2 1/2 dozen muffins.

Raisin Bran Muffins

Betty Moloney

15 oz. box Raisin Bran cereal	3 c. sugar
5 c. flour	2 t. salt
5 t. baking soda	1 c. oil
1 quart buttermilk	4 eggs, beaten

Mix wet ingredients well and stir in dry ingredients. This batter will keep in the refrigerator for 6 weeks, in a sealed container. Fill muffin cups 2/3 full of batter and bake at 375° for 20 minutes.

Whole Wheat Applesauce Muffins

3/4 c. sugar	1/2 c. oil
2 eggs	1 c. applesauce

3/4 t. vanilla	1 1/4 c. whole wheat flour
1 t. baking powder	1/2 t. salt
1 t. cinnamon	1/2 t. nutmeg
1/4 c. instant dry milk	1/2 c. raisins

Mix together wet ingredients. Add dry ingredients. Batter is runny. Fill greased muffin tins 2/3 full and bake at 400° for 20 minutes. Makes 1 dozen muffins.

Pineapple Upside-Down Muffins

1/4 c. brown sugar	1 1/2 c. 40% Bran Flakes cereal
2 T. melted butter	12 pecan halves
1 can (8 oz.) crushed pineapple in juice, undrained	1 1/2 c. flour
1 t. salt	3 1/2 t. baking powder
1/3 c. sugar	1/4 c. milk
1/4 c. oil	1 egg
	1/2 c. chopped nuts

Combine brown sugar and butter. Portion scan teaspoon into each of 12 greased muffin pan cups. Place nut half in each. Stir together flour, baking powder, salt, and sugar. Measure bran flakes, pineapple, and milk into a large bowl. Mix well. Let stand 2 minutes. Add egg and oil. Beat well. Stir in nuts. Add flour mixture, stirring only until combined. Portion evenly into muffin tin. Bake at 400° for 25 minutes or until browned. Invert onto serving plate. Serve warm.

Biscuits

Betty Johnston

1 3/4 c. flour	1 1/2 t. baking powder
1/8 t. salt	1/4 t. sugar
5 T. butter, softened	

Blend with pastry cutter until the mixture is like little peas. Add:

3/4 c. milk

Knead as little as possible. Roll out to 1/4 inch thickness. Cut into 10-15 biscuits. Bake at 450° for 10 minutes.

Old Homestead Buttermilk Biscuits

1/4 c. warm water	2 T. dry active yeast
5 c. flour	1 T. baking powder
1 t. salt	1 t. baking soda
1 c. sugar	1 c. butter-flavored shortening
1 3/4 c. buttermilk	

Place warm water in small bowl. Add yeast and stir to dissolve. Set aside.

Pour flour into food processor fitted with mixing blade. Add baking powder, salt, baking soda, and sugar. Add shortening and process until mixture is crumbly like coarse cornmeal. Add buttermilk and yeast and mix well.

Roll dough out on a lightly floured board to a thickness of 1 inch. With a biscuit cutter, cut dough in to 2 1/2 inch rounds and place on a baking sheet. Bake (no rising time is

Quick Breads, Coffee Cakes, Pancakes, & Waffles

necessary) at 400° for 15-20 minutes, until golden brown. Makes about 1 1/2 dozen biscuits.

Cheddar Biscuits

2 c. Bisquick	2/3 c. milk
1/2 c. shredded cheddar cheese	1/4 t. garlic powder
3 T. butter, melted	

Combine Bisquick, milk, cheese, and garlic powder. Mix with a spoon about 30 seconds. Spoon onto greased cookie sheet. Smooth tops down with spoon. Bake at 450° for 8-10 minutes, until they start to turn golden brown. Pour butter over hot biscuits. Makes 10 biscuits.

Poppyseed Bread

Margaret Evans

Soak overnight or two hours ahead:

4 oz. poppyseeds	1 can evaporated milk (1 2/3 c.)
------------------	----------------------------------

Beat together:

2 c. sugar	1 1/2 c. oil
------------	--------------

Add:

4 eggs	1 t. vanilla
3 c. flour	1 1/2 t. baking soda
1 t. salt	

Add seed and milk mixture. Bake in 4 small pans at 350° for about 40 minutes.

Glaze:

powdered sugar	lemon juice
----------------	-------------

Whole Wheat Banana Bread

1 c. brown sugar	1/2 c. butter
1 t. vanilla	3 large ripe bananas, mashed
2 eggs, well beaten	2 c. fine whole wheat flour
1 T. baking powder	1/2 t. salt
1/2 c. chopped nuts	

Cream together brown sugar and softened butter. Add the rest of the wet ingredients and then add the dry ingredients. Pour batter into 1 greased loaf pan. Bake at 350° for about an hour.

Popovers

4 eggs	2 c. flour
2 c. milk	1 t. salt

Grease 16 muffin cups. Beat eggs slightly by hand. Add milk, flour, and salt and beat just until smooth. Fill muffin cups 2/3 full. Bake 20 minutes at 450° and 10 minutes at 350.

Zucchini Bread

3 eggs	2 c. sugar
1 c. oil	2 c. grated, peeled, raw zucchini
3 t. vanilla	3 c. flour
1 t. salt	1 t. baking soda
1/4 t. baking powder	3 t. cinnamon
1 c. nuts	

Beat eggs until light and foamy. Mix together wet ingredients, including zucchini. Add dry ingredients. Pour batter into 2 greased loaf pans. Bake at 350° for one hour.

Bishop's Bread

Sallie Damjanovic

2 c. flour	1 stick butter, softened
1 1/2 c. brown sugar	1 t. cinnamon
1 beaten egg	3/4 c. buttermilk
1/2 t. baking soda	1 t. vanilla
1/2 c. nuts	1/2 c. raisins

Mix flour, butter, brown sugar, and cinnamon into a crumb mixture. Save 1/2 c. for topping. Mix the rest of the ingredients well and add the crumb mixture. Pour into greased small loaf pans. Top with reserved crumbs. Bake at 375° for about 30 minutes.

Dill Bread

1 pkg. yeast	1/4 c. warm water
1 c. creamed cottage cheese	2 T. sugar
1 T. instant minced onion	1 T. butter
2 t. dill seed	1 t. salt
1 t. baking soda	1 egg
2 1/4 – 2 1/2 c. flour	

Mix ingredients together. Let rise one hour. Stir down. Put in greased baking pan. Let rise 30-40 minutes. Bake at 350° for 30 minutes. Brush with butter and salt.

Herbed Pinwheels

1 pkg. refrigerator crescent rolls	4 T. butter
2 T. parsley flakes	1/2 t. oregano
1/4 t. tarragon	1/4 t. ground thyme

Soften butter to room temperature (do not melt). Mix herbs with softened butter and blend well. Place two sections of crescent rolls side by side on lightly flour surface. Lightly flour rolling pin. Gently roll into 10x12 inch rectangle. Spread butter/herb mix to completely cover crescent. Roll (long side). Slice into 12 rolls. Place on greased jelly roll pan. Beat 1 egg and 1 T. water and brush on rolls with pastry brush (tops and sides). Bake at 375° for about 15 minutes.

Whole Wheat Pancakes

Wheat for Man

1 1/2 c. whole wheat flour	2 egg yolks
1 T. baking powder	1 1/2 c. milk

Quick Breads, Coffee Cakes, Pancakes, & Waffles

3/4 t. salt
3 T. brown sugar

3 T. oil
2 egg whites, beaten

Combine in order given, folding in beaten egg whites last. Bake on lightly greased hot griddle.

German Apple Pancake

Pauleen Livermore

6 eggs
1 c. milk
1 c. flour
1/2 c. sugar
cinnamon

1 t. vanilla
1/2 t. salt
1 stick butter
2 apples
brown sugar

Core and slice apples thinly; they may be peeled or unpeeled. Melt butter in a 13 x 9 pan in the oven. Remove from oven and place apples in pan and sprinkle with cinnamon and brown sugar. Put pan back in oven at 400° and let it get sizzling hot. Beat eggs well. Add the rest of the ingredients to eggs and beat until foamy. Pour batter into sizzling pan. Bake 15-20 minutes, until it is puffed up and lightly browned on top.

Whole Wheat Waffles

Wheat for Man

1 c. whole wheat flour
1 T. baking powder
1/2 t. salt
2 t. sugar

2 egg yolks
1 1/4 c. milk
1/4 c. oil
2 egg whites, beaten

Mix together dry ingredients. Add eggs yolks and milk gradually, beating with electric mixer on low speed. Add oil. Batter will be very thin. Beat hard for 2 minutes. Fold in beaten egg whites. Bake in preheated waffle iron.

Waffles

Roger Collins

2 c. flour
1 T. baking powder
1/3 c. oil
1/2 t. salt

1 T. sugar
2 eggs, separated
1 1/4 c. milk (approximately)

Combine flour, sugar, salt, oil, egg yolks, and baking powder. Beat egg whites stiff. Add milk to the dry ingredients, beating until the mixture is not too thick, about the consistency of syrup (the mixture thickens when you add the egg whites). Fold in egg whites. Serves 4-6 people.

Pies

Grandma Barbre's Pie Crust

Nelle Ensley

2 c. flour
1 t. salt
ice water

1 c. butter-flavored shortening
1/2 t. baking powder

Blend flour, shortening, salt and baking powder very well with a pastry blender. Add enough ice water to hold it together. Handle the dough as little as possible once you've added the ice water. Spread a layer of flour on the counter and place a third of the dough on it. Using a floured rolling pin, roll into a circle about 12" round, rolling from the center out to the edges. Roll to about 1/16" thickness. If you chill the dough in the refrigerator before you roll it out, it is much easier to handle. You can also freeze the dough and it's best to thaw it in the refrigerator. This is enough pastry for three 9" pies, without top crusts.

To bake just the crust, line the pie plate with the dough and flute the top edge. Prick the crust in about 10 places with a fork to allow air to escape. Put a smaller aluminum pie plate inside the crust to help keep it in place. Bake at 425° for about 10 minutes, until lightly browned. You may need to remove the aluminum pie plate for a few minutes at the end to allow the bottom crust to bake.

To make pinwheels, roll leftover pie dough into a rectangle. Spread with a thin layer of brown sugar. Roll up like a jellyroll and pinch the seam well. Slice into 1/4" sections and lay each pinwheel on the cookie sheet. Bake at 425° until lightly browned.

To make a pie dough cake, roll leftover pie dough into a piece that will fit in the bottom of a pie plate. Prick in several places with a fork and sprinkle with cinnamon sugar. Bake at 425° until lightly browned.

Fruit Tarts

Cindy Burton

Roll out a piece of pie dough into a circle that is about 5" in diameter. On half of the dough put a spoonful or two of pie filling (cherry, apple, blueberry, lemon). One can of pie filling will make six tarts. Fold over the pie dough and seal by pressing down with your fingers. Crimp with a fork and trim unwanted edge with a knife. Bake at 425° until golden brown. Glaze immediately with a powdered sugar glaze.

Apple Dumplings

Hazel Evans

Make 1 1/2 recipes pie crust. Peel and cut up apples. Roll out pie crust into 5" squares. Place about 1/3 c. of apples in the center of the pie crust. Sprinkle with cinnamon and sugar. Pull corners of pie dough up and form around the apples into a ball. Place 12 of these bundles of apples in a 13 x 9 pan. Bake at 425° for 30 minutes. While the dumplings are baking, mix 1 c. sugar and 1 c. boiling water until the sugar dissolves. Pour over the dumplings after they've baked the half hour. Bake another 30-45 minutes, until the crust is golden brown. Serve with vanilla ice cream.

Pies

Dutch Apple Pie

Joy Erickson

4 large tart apples (sliced)

1/2 cup sugar with 1 t. cinnamon

2 T. flour

Mix together and put in an unbaked 9" pie shell.

Mix:

1/2 c. sugar

3/4 c. flour

Cut in until crumbly:

1/3 c. butter

Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Cover the apples with the crumb mixture and bake at 450° for 10 minutes. Reduce heat to 350 and bake 45-60 minutes longer, or until the pie is bubbling around the edges. The length of baking time depends on the variety and age of the apples you're using.

Banana Cream Pie or Coconut Cream Pie

French cream filling:

3/4 c. sugar

1/3 c. flour

3 T. cornstarch

salt

Mix together and add:

2 egg yolks

3/4 c. warm milk

Stir well and add:

3 c. warm milk

Heat, stirring constantly, until mixture boils. Boil 2 minutes. Then add:

1 1/2 T. butter

1 1/2 t. vanilla

Cool. Combine with 3-4 bananas and pour into a baked 9" pie shell. Top with whipped cream. For coconut cream pie, mix about 1 cup coconut into the cooked filling. Top with whipped cream and toasted coconut.

Strawberry Pie

Bake and cool a 9" pie crust. Wash and slice 5 cups fresh strawberries. Set aside 1 cup of the berries. Mix 1 c. sugar and 3 T. cornstarch in a 2 quart saucepan. Blend in 1 c. water and stir until smooth. Add the cup of berries. Cook and stir over medium heat until thick and clear. Boil one or two minutes, stirring constantly. Add a few drops of red food coloring. Cool. Add remaining berries and pour into crust. Cool about 3 hours before serving. Garnish with whipped cream.

Peach Cobbler

Mima Kearl

Line the bottom of a 9"x9" baking dish with piecrust. Mix 1 c. sugar and 1/4 c. flour. Slice 1 quart peaches and combine with the flour and sugar mixture. Dot with butter and cover with pie crust. Make a few slits in the top crust and sprinkle with sugar. Bake at 425° for 30-40 minutes.

Rhubarb Custard Pie

Nelle Ensley

Put 4 c. rhubarb, cut into 1/4" pieces, in an unbaked 9" pie shell. Mix and pour over the rhubarb:

2 eggs

1 c. sugar

Dot with 2 T. butter. Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Bake at 425° for 20 minutes; reduce heat to 325 and bake 25 minutes longer.

Penny's Chocolate Pie

Penny Stucki

1/2 c. cocoa

1 1/4 c. sugar

1/3 c. cornstarch

1/4 t. salt

3 c. milk

3 T. butter

1 1/2 t. vanilla

1 baked 9" pie crust

sweetened whipped cream

In a medium saucepan, stir together cocoa, sugar, cornstarch and salt. Gradually blend milk into dry ingredients, stirring until smooth. Cook over medium heat, stirring constantly, until mixture boils; boil 1 minute. Remove from heat; stir in butter and vanilla. Pour into baked pie crust, while the filling is still hot. Cool and refrigerate 6-8 hours. Top with whipped cream.

Strawberry Rhubarb Pie

1 unbaked 9" pie crust

2 c. rhubarb, sliced 1/4" thick

1 pint strawberries, sliced

Mix the fruit with:

1/4 c. flour

1 c. sugar

1/4 t. salt

Dot with:

2 T. butter

Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Bake at 425° for 40 minutes.

Pumpkin Pie

Nelle Ensley

2 T. melted butter

3/4 c. sugar

2 egg yolks

2 egg whites, beaten until stiff

1/2 t. salt

1/4 t. cinnamon

1/2 t. maple flavoring

1 c. mashed pumpkin

1 c. milk

Pies

Combine butter, sugar, and egg yolks. Add remaining ingredients. Fold in beaten egg whites. Pour into unbaked 9" pie shell. Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Bake at 375° for 1 hour.

Blueberry Pie

Betty Crocker Cookbook

4 c. fresh blueberries	1/2 c. sugar
1/3 c. flour	2 T. butter
1 T. lemon juice	pastry for 9-inch two-crust pie

Prepare pastry. Stir together sugar and flour; mix with berries and lemon juice. Turn into a 9" pastry-lined pie pan; dot with butter. Cover with top crust and cut slits for steam to escape. Sprinkle with sugar. Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Bake for 10 minutes at 425° and then about 40-45 minutes; bake until the juices are bubbling out of the pie.

For a 10" pie, use 5 c. blueberries, 2/3 c. sugar, 1/4 c. plus 2 T. flour, 2 T. lemon juice, and 3 T. butter.

Lemon Meringue Pie

Lynne Ream

9" pie shell, baked	1 c. sugar
1/3 c. cornstarch	1/2 t. salt
1 2/3 c. water	1 t. lemon rind, grated fine
1/3 c. lemon juice, fresh not bottled	3 egg yolks
2 T. butter	3 egg whites
1/4 t. cream of tartar	5 T. powdered sugar
1/2 t. vanilla	

Combine sugar, cornstarch, salt and water in a saucepan. Cook over medium heat, stirring constantly, until thick and clear, 5-8 minutes. Remove from heat. Stir in lemon rind and lemon juice. Cook 2 minutes more. Blend about 1/2 c. hot mixture into beaten egg yolks. Return to saucepan and cook 2 minutes, stirring constantly. Add butter; cover. Cool to lukewarm. Pour into baked pie shell and top with meringue, sealing to edge of crust. To make meringue, whip egg whites until frothy, add 1/4 t. cream of tartar, whip them until they are stiff, but not dry, until they stand in peaks that lean over slightly when the beater is removed. Beat in, 1/2 t. at a time, 5 T. powdered sugar. Do not over beat. Beat in 1/2 t. vanilla. Bake at 350° for 10-12 minutes.

Southern Pecan Pie

Shirley Percy

1/3 c. melted butter	1 c. light Karo syrup
2/3 c. sugar	3 eggs
1/2 t. salt	1 1/2 c. pecan halves
9" pie shell, unbaked	

In a mixer, blend butter, eggs, syrup, sugar, and salt; mix well. Place the pecans on the bottom of the unbaked pie shell and pour the mixture over them. When pecans rise to the surface, turn right side up. Before you put the pie in the oven, take a 12" piece of foil and fold it in half. Cut a half circle on the folded edge so that when it's unfolded you have a circle cut out of the foil. Place the foil collar over the pie so that the outside crust is entirely covered. Crimp lightly to hold it in place. This prevents the outside crust from overbrowning. Bake at 350° for 45 minutes. Shake pie gently to make sure it's done before removing; it will still jiggle slightly.

Dirt Pie

Cindy Burton

1 graham cracker crust, homemade or Keebler

Combine:

1 c. cold milk

1 pkg. instant chocolate pudding

Fold in:

8 oz. Cool Whip

1/2 c. (20) crushed Oreos

1 1/2 c. "rocks" (chocolate chips and dry roasted peanuts)

Pour into graham cracker crust. Top with crushed Oreos. Refrigerate.

Hawaiian Pie

Lynette Smith

2 graham cracker pie crusts

1 can condensed milk

1/4 c. lemon juice

1 (20 oz.) can crushed pineapple, drained

1 (15 oz.) can Mandarin oranges, drained

1 (16 oz.) Cool Whip

Beat milk and lemon juice together. Fold in fruit. Fold in Cool Whip and pour into pie shells. Best if cooled in refrigerator overnight.

Cakes and Frostings

Pumpkin Cake Roll

Heather Warren

3 eggs	1 c. sugar
2/3 c. canned pumpkin	1 t. lemon juice
3/4 c. flour	2 t. cinnamon
1 t. baking powder	1 t. ground ginger
1/2 t. salt	1/2 t. nutmeg
powdered sugar walnuts)	1 c. finely chopped nuts (pecans or

In a large mixing bowl, beat eggs on high speed for 5 minutes; gradually beat in granulated sugar. Mix in pumpkin and lemon juice. Add flour and spices. Spread batter in a greased and floured 15x10x1 jelly roll pan. Sprinkle with nuts.

Bake in a 375° oven for 15 minutes. Immediately invert cake onto a towel sprinkled with powdered sugar. Roll up cake and towel jelly roll style, starting from one of the short sides. Cool completely. Unroll cake.

Mix cream cheese frosting and spread over cake. Roll cake back up; cover and chill.

Cream Cheese Frosting:

2 (3 oz.) cream cheese, softened	1/4 c. butter or margarine, softened
1/2 t. vanilla	1 c. powdered sugar

Cream together until smooth.

Chocolate Mousse Cake

Crust:

1 c. chopped pecans	1 c. chopped almonds
1/4 c. softened butter	

Filling:

1 pound (16 squares) semisweet chocolate, coarsely chopped	
1 c. heavy cream	6 large eggs
1 t. vanilla	1/2 c. flour
1/3 c. sugar	

Garnish:

1 c. whipped cream	1 c. fresh raspberries
--------------------	------------------------

1. Preheat oven to 325°.
2. To prepare crust, mix together nuts and butter. Press evenly over bottom and up sides of a 9-inch springform pan.
3. To prepare filling, in a medium saucepan, heat chocolate and cream over low heat, stirring constantly, until chocolate is melted and smooth. Cool to room temperature, 10 minutes.
4. Beat together eggs and vanilla at low speed until foamy. At high speed, gradually beat in flour and sugar until thick, 8 to 10 minutes.

5. Fold one-third of egg mixture into melted chocolate mixture. Fold chocolate mixture, one-quarter at a time, into remaining egg mixture. Spread batter in prepared pan; smooth top.
6. Bake cake until puffed around outer edges, 45 minutes. Transfer pan to a wire rack to cook for 30 minutes. Remove sides of pan.
7. Chill cake for 4 hours or overnight. Garnish with whipped cream and fresh raspberries before serving.

Cheesecake

Crust:

- 1 (9 oz.) box chocolate wafers, crushed 5 T. butter, softened
- 1/4 c. ground pecans

Press mixture in bottom and up sides of a 9” springform pan

Filling:

- 3 (8 oz.) pkgs cream cheese, softened 1 c. sugar
- 3 eggs 3/4 c. sour cream
- 1 t. vanilla

Beat cream cheese until fluffy. Gradually add sugar; then add eggs one at a time. Stir in vanilla. Pour filling into crust. Bake at 325° about 1 1/2 hours, until the top begins to turn golden brown. Cool before removing sides of pan. Refrigerate. 10-12 servings.

Tunnel Cake

JoAnne Broadbent

1. Bake an angel food cake. Cool thoroughly. Remove from pan. Wash pan.
2. Cut off top of cake, 1 –1 1/2” from larger end of cake; set aside.
3. Put cake back in angel food cake pan. Pinch out chunks of cake, leaving 1” shell. Save pieces.
4. Whip 1 carton whipping cream and sweeten it with about 1/8 cup of sugar; set aside in refrigerator. Mix a 3-oz. box of raspberry or strawberry jello with 1 c. boiling water. Add 10-11 oz. frozen raspberries or strawberries (sweetened or unsweetened). Cool until the mixture thickens a little. Gently fold the whipped cream into the fruit mixture and then fold in the cake pieces.
5. Pour mixture into tunnel of cake. Put top back on cake. Refrigerate for 1-2 hours.
6. Turn cake out onto plate. Whip 2 cartons whipped cream and sweeten with about 1/4 c. sugar. Frost the cake with the whipped cream.

Heath Bar Cake

Louise Dunn

- 1 angel food cake 3 Heath candy bars
- 1 pint whipping cream 2 small cans Hershey’s fudge topping or
2/3 of a large can

Whip the cream. Crush the Heath bars in a food processor and fold into the whipped cream. Fold in the fudge topping. Frost the cake.

Cakes and Frostings

Banana Nut Cake

2/3 c. butter-flavored shortening	2/3 c. buttermilk
3 eggs	1 2/3 c. sugar
1 1/4 c. mashed ripe bananas	2 1/4 c. flour
1 1/4 t. baking soda	1 1/4 t. baking powder
1 t. salt	2/3 c. finely chopped nuts

Combine shortening, buttermilk, eggs, sugar, and bananas in a mixing bowl. Blend half a minute on medium speed and then add the rest of the ingredients, scraping the bowl. Beat 3 minutes at high speed, scraping the bowl occasionally. Pour into greased pans. Bake at 350°. 13 x 9 pan: 45-50 minutes. Two 9-inch or three 8-inch pans for about 35 minutes, until a toothpick inserted in the center of the cake comes out clean. Cool. Frost with buttercream frosting.

Spice Nut Cake

Heather Warren

3 eggs	3/4 c. brown sugar
2/3 c. butter-flavored shortening	1 c. buttermilk
1 c. sugar	2 c. flour
1 t. baking powder	1 t. salt
3/4 t. baking soda	3/4 t. ground cloves
3/4 t. cinnamon	1/2 c. walnuts and/or raisins

Using a mixer, beat the eggs, brown sugar, shortening, and buttermilk together. Add the rest of the ingredients. Pour the batter into a greased 13 x 9 pan. Bake at 350° for 30-35 minutes. Frost with penuche frosting.

Penuche Frosting

1/2 c. butter	1 c. brown sugar
1/4 c. milk	powdered sugar

In a saucepan, melt butter and add milk and brown sugar. Bring to a boil and stir for 2 minutes, stirring constantly. Cool to lukewarm, add powdered sugar and beat. Add water if too thick.

Miracle Whip Cake

Jean Evans

1 c. Miracle Whip	1 c. granulated sugar
2 c. flour	4 T. cocoa
2 t. baking soda, dissolved in	1 t. vanilla
1 c. warm water	

Stir until well mixed. Pour into a greased 9x13 pan. Bake in a 350° oven for 30-35 minutes. Top with Coconut Icing or Hungarian Chocolate Frosting.

Coconut Icing

Jean Evans

1 stick butter	1 c. brown sugar
4 T. milk	

Melt butter in a saucepan and add sugar and milk. Bring to a boil and add:

1 c. coconut

Immediately pour over cake and place under hot broiler for 2 or 3 minutes, until golden brown.

Hungarian Chocolate Frosting

Jean Evans

2 eggs	4 squares semi-sweet baking chocolate
6 T. butter, softened	powdered sugar

Melt chocolate and mix together with eggs and butter, using a mixer. Add enough powdered sugar to reach desired consistency. Spread over cooled cake.

One Bowl Buttercream Frosting

6 T. butter, softened	2 2/3 c. powdered sugar
1/2-3/4 c. cocoa	1/3 c. milk
1 t. vanilla	

In a small mixing bowl, cream butter. Add remaining ingredients and beat to spreading consistency (additional milk may be needed).

Apple Cake with Cream Cheese Frosting

2 eggs	2 c. sugar
1/2 c. oil	1 t. vanilla
2 c. flour	1/2 t. salt
1 t. baking soda	2 t. cinnamon
1/4 t. nutmeg	4 c. apples, peeled and diced
1 c. chopped pecans	

Mix eggs, sugar, oil, and apples together in a mixer. Add the remaining ingredients and mix well. The batter is very thick. Pour batter into a greased 13 x 9 pan and bake at 350° for 45 minutes.

Cream Cheese Frosting

1 (8 oz.) pkg. cream cheese, softened	6 T. butter, softened
pinch salt	1/2 t. vanilla
3 c. powdered sugar	

Mix well in a mixer and spread over cooled cake.

Cherry Chocolate Cake

Fern Broadbent

1 pkg. Pillsbury Fudge cake mix	1 (21 oz.) can cherry pie filling
2 eggs, beaten	1 t. almond extract

By hand, mix dry cake mix and remaining ingredients. Pour batter into a greased 13 x 9 pan. Bake at 350° for 25 minutes. Frost with fudge frosting. You don't have to wait for the cake to cool to use this frosting.

Fudge Frosting:

5 T. butter	1/3 c. milk
1 c. sugar	1 c. (6 oz. pkg.) chocolate chips

In a small saucepan, combine butter, milk, and sugar. Bring to a boil, stirring constantly, and boil exactly 60 seconds. Remove from heat, stir in the chocolate chips until melted, and pour over the cake.

Cakes and Frostings

Oatmeal Chocolate Chip Cake

1 3/4 c. boiling water	1 c. oatmeal (uncooked)
1 c. brown sugar	1 c. white sugar
2 eggs	1 stick butter, melted
1 3/4 c. flour	1 t. baking soda
1/2 t. salt	1 T. cocoa
1 c. (6 oz. pkg.) chocolate chips	1/2 c. chopped pecans

Pour water over oatmeal and let stand 10 minutes. Add sugars, butter, and eggs and mix in a mixer. Add remaining ingredients and beat well. The batter will be very thin. Pour into a greased 13 x 9 pan. Bake at 350° for 40 minutes.

Frosting:

1 c. brown sugar	6 T. milk
5 T. butter, melted	1 c. chopped pecans
1 c. coconut	

Combine ingredients and spread over the cake as soon as it comes out of the oven. Bake 5 minutes more.

Pineapple Upside-Down Cake

Debbie Hartman

1/2 c. butter	1 c. brown sugar
1 (20 oz.) can pineapple rings	1 c. flour
1 t. baking powder	1 c. sugar
1/8 t. salt	3 eggs, separated
5 T. pineapple juice	pecan halves
maraschino cherries	

Melt butter in a round 9" pan. Spread brown sugar evenly over the butter and arrange pineapple slices in the pan. Cut a maraschino cherry half for the middle of each pineapple ring; place the cut side up. Fill in with pecan halves.

Mix dry ingredients. Take beaten egg yolk and juice and mix with dry ingredients. Beat egg whites until stiff and fold in. Pour over top of prepared pineapple slices.

Bake at 375° for 30 minutes. When the cake starts getting a little too brown, cover lightly with foil. When the cake is done, let it sit for 2 minutes and turn upside-down onto a plate. You can double this recipe and use a 13 x 9 pan, lengthening the baking time. You can also make this recipe by mixing up a yellow cake mix and pouring over the prepared pineapple.

Boston Cream Pie

Bake 2 9" round cake layers, using a yellow cake mix. When cooled, slice in half horizontally to form two layers. Spread with filling and frost.

Creamy Custard Filling:

4 c. milk	1/2 c. sugar
6 T. cornstarch	1/2 t. salt
4 egg yolks	2 t. vanilla
2 T. butter	

In a medium-size saucepan, combine half the milk with the sugar, cornstarch, salt, and egg yolks. Stir well. Add the remaining milk and heat, stirring constantly, until the custard is thick and comes to a full boil. Boil 2 minutes. Remove from heat and add vanilla and butter. Cool.

Chocolate Icing:

4 squares semisweet chocolate	2 T. butter
1 c. powdered sugar	5 T. milk

In a small saucepan, melt butter and chocolate. Remove from heat and add powdered sugar and half the milk. Beat well and add remaining milk. Pour quickly over the top of the cake; the chocolate will harden quickly.

Chocolate Strawberry Cake

4 oz. pound cake	1 pint fresh strawberries
4 oz. chocolate chips	3 T. water
1 c. whipped cream	

Slice pound cake into 4 servings. Wash and slice berries. Add water to chocolate and melt slowly in a double boiler. Pour over berries and cake to coat. Chill for 20-30 minutes, until chocolate is firm. Top with whipped cream. Serves 4.

Strawberries and Cream Sponge Cake Roll

3 egg yolks	1 t. vanilla
powdered sugar	2 c. sliced strawberries
2 T. sugar	5 egg whites
1/2 t. cream of tartar	1/4 t. salt
3/4 c. powdered sugar	1/2 c. flour
2 c. whipping cream	3 T. sugar

Grease a 15 x 10 x 1 jellyroll pan with Pam and line with waxed paper. Grease the waxed paper with Pam; set aside.

Beat egg yolks until light and lemon colored; stir in vanilla, and set aside. Beat egg whites until foamy; add cream of tartar and salt, beating until stiff but not dry. Fold in 3/4 c. powdered sugar. Fold yolk mixture into whites. Gradually fold flour into egg mixture. Spread batter evenly in prepared pan. Bake at 350° for 12 minutes.

Sift powdered sugar into a 15 x 10 rectangle on a linen towel. When cake is done, immediately loosen from sides of pan and turn out on sugar. Peel off waxed paper. Starting at narrow end, roll up in towel. Cool on rack. Mix strawberries with 2 T. sugar. When the cake is cool, unroll, remove towel. Frost with whipped cream and place sweetened strawberries on top. Roll up. Frost with whipped cream, seam side down.

Pineapple Sheet Cake

2 c. flour	2 c. sugar
2 t. baking soda	2 eggs, beaten
1/2 c. chopped pecans	1 (20 oz.) can crushed pineapple with juice
1 t. vanilla	pinch of salt

Bake at 350° for 30 minutes in a greased 15 x 10 x 1 jellyroll pan.

Cakes and Frostings

Frosting:

1 (8 oz.) pkg. cream cheese, softened 2 c. powdered sugar
1 t. vanilla 4 T. butter, softened.
1/2 c. chopped pecans

Beat well in a mixer. Frost cooled cake.

Whole Wheat Carrot Cake

Vilda Forster

4 eggs 2 c. sugar
3 c. grated carrots (6 or 7 med. size) 1 c. oil

Beat together and add:

3 c. whole wheat flour (or white flour) 2 t. cinnamon
1 T. baking powder 1 t. baking soda
1 t. salt 2 t. vanilla
1 c. chopped nuts

Mix with mixer for 5 minutes. Bake at 350° for 45 minutes in a 13 x 9 pan, 45-60 minutes in a tube pan, or 30-45 minutes in 2 loaf pans. Cool and frost with cream cheese frosting.

Cream Cheese Frosting

1 (8 oz.) pkg. cream cheese, softened 6 T. butter, softened
pinch salt 1/2 t. vanilla
3 c. powdered sugar

Beat for several minutes with a mixer. Spread on cooled cake.

Carrot Cake

Pari Edgar

2 c. sugar, less 2 T. 1 1/2 c. oil, plus 2 T.
2 c. flour 1 t. salt
2 t. cinnamon 2 t. baking soda
4 eggs 2 c. grated carrots

Mix dry ingredients together. Beat oil and eggs together and add to dry ingredients. Mix well and add carrots. Bake in a greased bundt pan at 350° for 30 minutes. The cake can be baked in different-sized pans if the baking time is adjusted.

Cream Cheese Frosting:

1 (3 oz.) pkg. cream cheese 1 stick butter
1 t. vanilla 1 pound powdered sugar

Beat well, using a mixer. Spread on cooled cake.

Dump Cake

Karen Coffman

1 (21 oz.) can cherry pie filling 1 (8.5 oz.) can crushed pineapple,
1 pkg. yellow cake mix undrained
2 sticks butter, melted 1 (3.52 oz.) can coconut
1 c. chopped pecans

Spoon cherry pie filling evenly in the bottom of a 13 x 9 pan. Spread pineapple over the pie filling. Sprinkle dry cake mix over the pineapple. Pour melted butter evenly over all. Sprinkle on coconut and nuts. Bake at 325° for about an hour.

Italian Cream Cake

5 eggs, separated	1/2 c. butter, softened
1/2 c. butter-flavored shortening	2 c. sugar
2 c. flour	1 t. baking soda
1 c. buttermilk	1 (3.5 oz.) can coconut
1 c. chopped pecans	1 t. vanilla
1 t. coconut extract	

Separate eggs and beat whites until stiff. Set aside. Cream butter, shortening, and sugar. Beat well. Add egg yolks, one at a time, beating well after each addition. Dissolve soda in buttermilk; add alternately with flour. Beat well. Add coconut, nuts, and extracts. Fold in stiffly-beaten egg whites. Pour into 3 greased 9" round cake pans, using 2 c. batter for each pan. Bake at 350° for 25 minutes.

Cream Cheese Frosting:

1 (8 oz.) pkg. cream cheese, softened	1/2 c. butter, softened
1 (1 lb.) box powdered sugar	1 t. almond extract

Combine ingredients and beat well. Spread between layers and on top of cooled cake.

Stained Glass Window Cake

1 pkg white cake mix

Fillings:

#1

3 oz pkg lemon pudding (not instant)
 1/2 c. sugar
 1 3/4 c. water
 3 egg yolks, beaten

#2

3/4 cup raspberry preserves

Frosting:

1/2 c. butter, softened
 3 oz cream cheese, softened
 3 c. powdered sugar
 1/2 t. vanilla
 2-4 t. milk

Grease two round 9" cake pans. Prepare cake mix according to package directions. Pour prepared batter into pans, Bake at 350° for 20-30 minutes. Cool 10 minutes and then remove from pans. Cool completely.

In a medium saucepan, combine pudding mix and sugar. Stir in water and egg yolks. Blend well. Cook over medium heat, stirring constantly, until mixture comes to a boil. Cool to room temperature.

Cakes and Frostings

To assemble cake, slice each layer in half horizontally. Remove the top half of each layer and spread 1/3 of the pudding mixture on the bottom half of each layer. Replace the top of each layer. Place one filled layer, top side down, on a serving platter. Spread with 1/2 cup of the preserves. Top with second filled layer. Spread the remaining pudding over top of the cake, to within 1/2" of the edge.

In a small bowl, blend the butter and cream cheese. Add powdered sugar and vanilla. Beat until smooth. Add enough milk for desired frosting consistency. Reserve 1 cup for decorating. Frost sides of cake.

In a small saucepan, slightly warm the remaining preserves. With a small spoon, spoon the preserves onto the top of the cake, creating a marbled effect.

Spoon reserved frosting into a pastry bag, with desired decorating tip. Make a lattice pattern on the top of the cake, with parallel lines 1" apart.

Decorator Frosting

Zina Whetten

1 1/2 c. Crisco (white)

5 c. powdered sugar

1/2 t. salt

2/3 c. milk

1/2 t. vanilla

Whip to death.

Cookies and Bars

Snickerdoodles

1/2 c. butter	1/2 c. butter-flavored Crisco
1 1/2 c. sugar	2 eggs
2 3/4 c. flour	2 t. cream of tartar
1 t. baking soda	1/4 t. salt
2 T. sugar	2 t. cinnamon

Mix, by hand, butter, shortening, 1 1/2 c. sugar, and the eggs. Add the rest of the ingredients and mix well. Shape dough into balls about an inch in diameter. Mix 2 T. sugar and 2 t. cinnamon together. Roll each dough ball in the cinnamon sugar. Place on a cookie sheet and bake at 400° about 8 minutes, until the edges are set. Makes about 3 dozen cookies.

Chocolate Chip Cookies

Jean Evans

1 c. butter-flavored shortening	3/4 c. brown sugar
3/4 c. sugar	2 eggs
2 1/4 c. flour	1/2 t. baking soda
1 t. salt	1 t. vanilla
2 1/2 c. chocolate chips	1/2 c. chopped pecans
1/2 c. chopped raw macadamia nuts	

Mix, by hand, shortening, sugars, and eggs. Mix in flour, baking soda, salt, and vanilla. Mix in chocolate chips and nuts. Roll into 2" balls and flatten on a cookie sheet. Bake at 400° for 10 minutes, then switch cookie sheets from bottom to top in the oven. Bake another minute or two, until light golden brown. Makes about 30 cookies.

Chocolate Chip Oatmeal Cookies (Marvelettes)

1 c. butter-flavored shortening	3/4 c. brown sugar
3/4 c. sugar	2 eggs
1 1/2 c. flour	1 t. salt
1 t. baking soda dissolved in 2 t. water	2 c. oatmeal
1 t. vanilla	2 c. chocolate chips
1 c. chopped pecans	

Mix, by hand, shortening, sugars, and eggs. Mix in flour, salt, baking soda, oatmeal and vanilla. Mix in chocolate chips and nuts. Roll into 2" balls and flatten on a cookie sheet. Bake at 375° for 12 minutes, then switch cookie sheets from bottom to top in the oven. Bake another minute or two, until light golden brown.

Coconut Wheaties Cookies

Jean Evans

1 c. butter-flavored shortening	1 c. brown sugar
1 c. granulated sugar	2 eggs
1 t. vanilla	1 t. baking soda

Cookies and Bars

1 t. baking powder	1/2 t. salt
2 c. flour	2 c. coconut
2 c. Wheaties cereal	

Cream shortening and sugar. Add eggs, vanilla, dry ingredients, coconut, and Wheaties. Roll in small walnut-sized balls and bake on ungreased cookie sheet. Bake in a 400° oven for 12 to 15 minutes. 12 minute cookies are chewy; 15 minute cookies are crisp.

Peanut Butter Cookies

Nelle Ensley

1 c. butter-flavored shortening	1 c. brown sugar
1 c. granulated sugar	1 c. peanut butter
2 eggs	1 t. baking soda
1/2 t. salt	1 t. vanilla
1 T. cream	3 c. flour

Cream together shortening, sugar, peanut butter, and eggs. Add remaining ingredients. Form into balls and place on ungreased cookie sheet. Bake at 375° for about 9 minutes. Makes 3 dozen cookies. As a variation, you can make the cookies smaller, dip in granulated sugar, and bake. As soon as they are done, press either a chocolate kiss or a miniature Reese's peanut butter cup in the center of each cookie. The chocolate will melt but will harden as it cools.

Buried Cherries

Louise Dunn

1 (10 oz.) jar maraschino cherries (about 48)	1 1/2 c. flour
1/2 c. cocoa	1/4 t. baking soda
1/4 t. baking powder	1/4 t. salt
1/2 c. butter	1 c. sugar
1 egg	1 1/2 t. vanilla
1 c. (6 oz. pkg.) chocolate chips	1/2 c. sweetened condensed milk

Drain cherries; reserve juice. Stir together dry ingredients. In a large mixing bowl, beat butter until soft; beat in sugar; add egg and vanilla. Add flour mixture and beat well. Shape dough into 1" balls; place 2" apart on an ungreased cookie sheet. Press down center of each with thumb and put a cherry in each dent. In a small saucepan, combine chocolate chips and condensed milk. Cook until chocolate is melted. Stir in 4 t. cherry juice. Spoon 1 teaspoon of frosting over each cherry to cover. Bake at 350° for 10 minutes, or until done.

Fudge Ecstasies

Louise Dunn

2 c. (12 oz. pkg.) chocolate chips	2 squares unsweetened chocolate
2 T. butter	1/4 c. flour
1/4 t. baking powder	dash of salt
2 eggs	2/3 c. sugar
1 t. vanilla	1 c. chopped nuts

In a heavy saucepan, heat 1 cup chocolate chips, unsweetened chocolate, and butter until melted, stirring constantly. Transfer to a large mixing bowl to cool slightly. Stir together flour, baking powder, and salt. Add eggs, sugar, and vanilla to chocolate mixture and beat well. Add the flour mixture; beat well. Stir in the rest of the chocolate chips and the nuts.

Drop by heaping teaspoonfuls on a lightly greased cookie sheet. Bake at 350° for 8-10 minutes (the edges should be firm, the surface dull and cracked). Cool on cookie sheet one minute; remove. Makes 36.

Coconut Macaroons

Jean Evans

- | | |
|------------------|-----------------------|
| 1 egg white | dash of salt |
| 1 1/2 c. coconut | 1/2 c. powdered sugar |

Using a mixer, beat the egg white stiff. Mix the coconut, powdered sugar, and salt well and mix with the egg white. Bake at 350° for 15 minutes. Makes 1 dozen.

Molasses Crinkles

Debbie Hartman

- | | |
|-----------------------------------|------------------|
| 3/4 c. butter-flavored shortening | 1 c. brown sugar |
| 1 egg | 1/4 c. molasses |

Mix above ingredients together. Then stir in:

- | | |
|----------------|----------------------|
| 2 1/4 c. flour | 2 t. baking soda |
| 1/4 t. salt | 1/2 t. ground cloves |
| 1 t. cinnamon | 1 t. ginger |

Make balls the size of walnuts and dip tops in sugar. Place balls on cookie sheet, sugared-side up. Sprinkle each ball with 2 to 3 drops of water. Bake 10 minutes at 375°, until the edges are set. To make these fancy for a holiday, mix 1 (12 oz.) pkg. vanilla baking chips with 1/8 c. shortening over low heat. Dip the cookies halfway; shake off excess. Place on waxed paper-lined baking sheets to harden.

Thumbprint Cookies

Debbie Hartman

- | | |
|-----------------------------------|---------------|
| 1/4 c. butter-flavored shortening | 1/4 c. butter |
| 1/4 c. brown sugar | 1 egg yolk |
| 1/2 t. vanilla | 1 c. flour |
| 1/4 t. salt | 1 egg white |
| 1 c. pecans, chopped very fine | |

Mix shortening, sugar, egg yolk, and vanilla. Stir in dry ingredients. Roll into 1" balls, dip into lightly-beaten egg white. Roll in chopped nuts. Bake at 350° for 5 minutes, then press thumb into centers; bake about 5 minutes longer.

Icing:

- | | |
|---------------------|---------------|
| 1 c. powdered sugar | 2 T. milk |
| 1 t. vanilla | food coloring |

After cookies have cooled, fill center (the thumbprint) with icing and let set overnight.

Famous Oatmeal Cookies

- | | |
|---------------------------------------|--------------------|
| 3 c. oatmeal (quick or old fashioned) | 1 c. flour |
| 1 t. salt | 1/2 t. baking soda |
| 3/4 c. butter-flavored shortening | 1 c. brown sugar |
| 1/2 c. sugar | 1 egg |
| 1/4 c. water | 1 t. vanilla |
| chopped pecans | raisins |

Cookies and Bars

Mix, by hand, shortening, sugars, egg, water, and vanilla until creamy. Add dry ingredients; mix well. Drop by rounded tablespoonfuls onto greased cookie sheet. Bake at 350° for about 12 minutes. You can add chopped pecans and/or raisins.

Grandma Lucy's Chocolate Cookies

Lucy Donoho

1 pkg. devil's food cake mix	1/2 c. oil
2 eggs	1 c. (6 oz. pkg.) chocolate chips
pecan halves	

Blend cake mix, oil, and eggs. Stir in chocolate chips. Drop from a teaspoon onto an ungreased cookie sheet. If desired, top each cookie with a pecan half. Bake at 350° for about 10 minutes. Test for doneness with a toothpick. Cool on cookie sheet about 1 minute, then remove to finish cooling.

Playdoh Cookies

1 1/2 c. sugar	1 c. butter
1 egg	1 t. vanilla
2 c. flour	1/4 t. salt
1 t. baking powder	1 t. cream of tartar
food coloring	

Using a mixer, cream sugar, butter, egg, and vanilla well. Add remaining ingredients. Divide dough into 3 bowls. Add food coloring, one color to each bowl; make them bright. Take a small amount from each bowl and combine into a 1" ball. Place on an ungreased cookie sheet. Bake at 375° for 8 minutes; do not brown. Makes about 5 dozen cookies.

Old Fashioned Sugar Cookies

Jean Edlefsen

1 c. sugar	1 c. powdered sugar
1 c. oil	1 c. butter, softened
2 eggs	1 t. vanilla
1 t. cream of tartar	1 t. baking soda
1 t. salt	4 c. flour

Mix sugars, oil, butter, eggs, and vanilla together. Add dry ingredients; mix well. Chill dough. Roll in 1" balls and in sugar. Flatten with mold or glass bottom dipped in sugar. Bake at 350° for 9 minutes. Do not brown.

Sour Cream Butter Cookies

Carol Frye

2 c. butter	2 c. sugar
2 eggs	1 c. sour cream
5 c. flour	1 t. salt
1 t. baking soda	1 T. baking powder
2 t. vanilla	1/2 t. nutmeg
1/2 t. cinnamon	

Cream butter and sugar. Add eggs. Mix with dry ingredients. Chill thoroughly. Roll out and cut into shapes. Bake at 350° for 8-10 minutes. When cool, frost.

Old Fashioned Sugar Cookies

Jan Thomas

3/4 c. butter-flavored shortening	2 t. vanilla
1/4 c. butter	3 c. flour
1 c. sugar	1 t. salt
2 eggs	1 t. baking powder

Cream shortening, butter, vanilla, and eggs. Add remaining ingredients. Roll out and cut into shapes. Bake on ungreased cookie sheet at 400° for 7 minutes. They will be light in color and will not be brown unless over baked. After baking, remove promptly from tray. When cool, frost with buttercream frosting.

Buttercream Frosting

1/3 c. butter, softened	1 1/2 t. vanilla
3 c. powdered sugar	about 2 T. milk
dash salt	

Cream butter and sugar. Blend in vanilla and milk; beat until frosting is smooth and of spreading consistency.

Mexican Wedding Cakes

1 c. butter, softened	1/2 c. powdered sugar
1 t. vanilla	2 1/4 c. flour
1/4 t. salt	3/4 c. chopped pecans

Cream butter, sugar, and vanilla together. Add remaining ingredients. Roll in 1" balls and in powdered sugar. Bake at 400° for 10 minutes.

Chocolate Chip Sticks

Jody Simpson

2 sticks (1 cup) butter, room temperature	1/2 c. powdered sugar
1 t. vanilla	2 1/4 c. flour
1 1/4 c. chocolate chips	2 t. corn oil

Using an electric mixer, beat butter, sugar, and vanilla until pale and fluffy. Beat in flour until just blended. Stir in 1/4 c. of finely chopped chocolate chips (or mini chocolate chips). Refrigerate dough 2 hours or overnight. Roll 1/4 cupfuls of dough into 16-inch-long ropes, then cut each into 4 pieces. Put on ungreased cookie sheets, about 2" apart. Bake at 350° for 10 minutes, or until cookies feel firm and just begin to brown. Remove cookies to wire rack to cool. After cookies have cooled, put 1 cup of chocolate chips and the oil into a small, deep glass bowl. Heat in the microwave for about 2-3 minutes, stirring every 15-30 seconds, until chocolate is smooth and shiny. Dip one end of each stick into melted chocolate. Put on waxed paper until chocolate sets. (To speed setting, put cookies on paper on a tray and place in the refrigerator. Otherwise, it can take hours for the cookies to set in a warm kitchen. Once set, they will not melt easily).

Rice Krispies Treats

1/4 c. butter	10 oz. marshmallows (4 c. mini-marshmallows or 40 regular marshmallows)
6 c. Rice Krispies	

Cookies and Bars

In a heavy saucepan, melt butter. Melt in marshmallows. Cook on low heat 3 minutes. Remove and add Rice Krispies. Press into buttered 13 x 9 pan. Cool.

Brownies

Mark Spear

4 eggs	2 c. sugar
1/2 t. salt	1 t. vanilla
1 c. cocoa	1 c. oil
1 1/2 c. flour	1/2 c. nuts

Mix eggs and sugar by hand. Add salt, vanilla, cocoa, oil, flour, and nuts. Mix well, still by hand. Pour into a greased 13 x 9 pan. Bake at 350° for 25 minutes.

Mint Brownies

Louise Dunn

Bake a pan of brownies and cool to room temperature. Melt

1/4 c. butter

in a saucepan. Add

1/4 c. milk

Cook until mixture begins to boil. Take off heat. Add:

1 t. peppermint extract
2 or 3 drops green food coloring
2 1/4 c. powdered sugar

Pour over brownies and cool in refrigerator until firm. Melt

1 c. (6 oz. pkg.) chocolate chips
1/4 c. butter

Frost over cooled mint layer (you have to spread it quickly). Store, covered, in refrigerator.

Congo Squares

Margaret Evans

3/4 c. butter	2 1/4 c. brown sugar
---------------	----------------------

Melt butter, stir in brown sugar, and cool 10 minutes.

2 1/2 c. flour	2 1/2 t. baking powder
1/2 t. salt	3 eggs
1 1/4 c. chocolate chips	1 c. chopped pecans

By hand, beat eggs into sugar mixture and combine with flour mixture. Stir in chocolate chips and nuts. The batter is very thick. Spread in a greased 13 x 9 inch pan. Bake at 350° for 30 minutes.

Cheesecake Cookies

Mrs. Failor

1/3 c. butter, softened	1/3 c. brown sugar
1 c. flour	1/2 c. finely chopped pecans
1/4 c. sugar	1 (8 oz.) pkg. cream cheese, softened
1 egg	2 T. milk
1 T. lemon juice	1/2 t. vanilla

Mix butter, brown sugar, flour, and pecans together. Reserve 1 c. for topping. Press into a greased 8" square pan. Bake at 350° for 12 minutes, until lightly browned.

In a mixer, blend sugar with cream cheese until smooth. Add remaining ingredients. Spread over crust. Sprinkle with reserved crumb mixture. Bake at 350 for 25 minutes.

Seven Layer Cookies

Jan Thomas

- | | |
|-----------------------------------|---------------------------------|
| 1 stick butter | 1 c. graham cracker crumbs |
| 1 c. (6 oz. pkg.) chocolate chips | 1 c. (6 oz.) butterscotch chips |
| 1 can sweetened condensed milk | 1 1/2 c. chopped pecans |
| 1 c. coconut | |

Melt butter in a 11 x 7 pan. Add the remaining ingredients by layers, in order listed. Bake at 350° for 30 minutes. You can double this recipe in a 13 x 9 pan, but don't double the condensed milk. You can replace the butterscotch chips with another cup of chocolate chips to reduce sweetness.

Lemon Coconut Squares

Ellen Collins

Cookie Dough:

- | | |
|----------------|--------------------|
| 1 1/2 c. flour | 1/2 c. brown sugar |
| 1/2 c. butter | |

Mix together and press into a greased 13 x 9 pan. Bake at 274 for 10 minutes.

Filling:

- | | |
|------------------|----------------------|
| 2 eggs, beaten | 1 c. brown sugar |
| 1 1/2 c. coconut | 1 c. chopped pecans |
| 2 T. flour | 1/2 t. baking powder |
| 1/4 t. salt | 1/2 t. vanilla |

Mix together and spread on top of the baked crust. Bake at 350° for 20 minutes. While still warm, glaze with frosting. Cool slightly and cut into squares; remove from pan and cool on racks.

Frosting:

- | | |
|------------------------|--------------------|
| 1 c. powdered sugar | 1 T. melted butter |
| the juice of one lemon | |

Chewy Chocolate Peanut Butter Bars

- | | |
|-----------------------------------|------------------------------------|
| 1 c. brown sugar | 2 c. (12 oz. pkg.) chocolate chips |
| 2/3 c. butter | 1/3 c. light corn syrup |
| 1 t. vanilla | 2/3 c. peanut butter |
| 4 c. quick cooking oats, uncooked | 1/2 c. chopped peanuts |

Beat brown sugar and butter in a mixing bowl until creamy; beat in corny syrup and vanilla. Stir in oats; press into greased 13 x 9 pan. Bake at 350° for 15 minutes. Cool slightly. Melt 1 c. chocolate chips and peanut butter in a small, heavy saucepan over lowest possible heat, stirring until smooth. Spread over base. Sprinkle with peanuts and remaining chocolate chips; press down slightly. Chill for 1 hour or until firm.

Cookies and Bars

Pumpkin Bars

Lois Brough

4 eggs

1 c. oil

Beat together until light and fluffy.

2 c. flour

2 t. cinnamon

1 t. baking soda

1 2/3 c. sugar

2 c. canned pumpkin

2 t. baking powder

1/2 t. salt

Stir together and add to pumpkin mixture. Blend well. Spread in ungreased 15 x 11 x 1 baking pan. Bake at 350° for 25-30 minutes. Cool and frost with cream cheese frosting.

Cream Cheese Frosting:

1 (3 oz.) pkg. cream cheese, softened

1 t. vanilla

1/2 c. butter, softened

2 c. powdered sugar

Cream together until smooth.

Desserts and Sauces

Lemon Dessert

Barbara Spear

Bottom Layer:

1 c. flour	1 T. sugar
1/2 c. butter, softened	1/2 c. chopped pecans

Mix together and press in the bottom of 13 x 9 pan. Bake at 350° for 15 minutes. Cool.

Second Layer:

1 (8 oz.) package cream cheese, softened
 1 cup powdered sugar
 1 cup Cool Whip

Mix with a mixer and spread on first layer.

Third Layer:

2 boxes instant lemon pudding
 Use 3 cups of milk

Mix in mixer and spread over second layer; refrigerate about ten minutes.

Topping:

Spread Cool Whip over lemon layer and sprinkle with a few nuts.

Use a 12 oz. container of Cool Whip for this recipe.

Eclairs

Cream Puffs:

1 c. water	1 c. flour
1/2 c. butter or margarine	4 eggs
1/4 t. salt	

In a large saucepan heat water, butter, and salt over medium heat until butter melts and the mixture begins to boil. Add the flour all at once. Keeping pan on the heat, stir rapidly until the mixture forms a ball and comes away from the sides of the pan. Cool slightly (about 10 minutes). Beat in eggs, one at a time. The mixture will be slippery and separated after the addition of each egg but it will smooth out as you beat. When all the eggs are blended in and the batter is smooth, spoon it into a pastry bag. Press out onto greased baking sheets into the size you want. This recipe will make about 24 small cream puffs, 12 medium puffs, or 8 elongated eclairs. Bake at 400° for about 30 minutes. After they cool, slice the tops off and fill with French cream filling, using a pastry bag. If you don't want to slice the tops off, cut a slit in the side (toward the top) of each puff, and fill the puff by inserting the pastry bag into the slit. The icing will cover the slit. You can make the cream puffs the day before, but don't cover them or they will become soft.

French Cream Filling:

3/4 c. sugar	2 egg yolks
1/3 c. flour	3/4 c. cold milk
3 T. cornstarch	3 c. warm milk

Desserts and Sauces

1 1/2 T. butter
1 1/2 t. vanilla

dash of salt

Mix sugar, flour, cornstarch, and salt in a saucepan. Combine egg yolks with cold milk and mix into the sugar mixture. Mix well. Add warm milk and mix well. Heat, stirring constantly, until filling thickens. Boil for two minutes and add butter and vanilla. Cool.

Chocolate Icing:

Melt in saucepan:

4 squares semisweet chocolate (Bakers chocolate, not chocolate chips)
2 T. butter

With whisk, beat in:

1 c. powdered sugar
4-5 T. milk

Beat well. Cool slightly and drop about a tablespoon (maybe less) of icing on each cream puff and spread over the top of the cream puff with the back of a spoon or your finger. This icing will set up quickly, so you may need to heat it up part way through the job or work quickly.

After you've assembled the eclairs, cover and refrigerate. They are best when they are very cold.

English Trifle

Julie Merrill

1. Prepare 2 (3 oz.) packages. Jello tapioca pudding, according to package directions. Refrigerate.
2. Dissolve 1 (3 oz.) pkg. strawberry Jello and 1 (3 oz.) pkg. raspberry Jello in 3 c. boiling water.
3. Stir in 1 c. vanilla ice cream.
4. Stir in 2 boxes frozen raspberries and 2 boxes frozen strawberries (partially thawed).
5. Stir in 3 sliced bananas and 1 c. chopped pecans.
6. Pour half of the mixture into the serving bowl and the other half into another bowl. Refrigerate until partially set.
7. Break an angel food cake into chunks.
8. Whip 2 (8 oz.) carton whipping cream and sweeten slightly.
9. When mixture in serving bowl is partially set, put half of the angel food cake chunks on top of the jello mixture.
10. Pour half of the tapioca pudding on top of the cake chunks. Spread with half of the whipped cream.
11. Pour remaining jello mixture on top.
12. Place on top remaining cake chunks.
13. Pour on top remaining tapioca pudding.
14. Frost with whipped cream. Refrigerate.

Strawberry Shortcake**Velvet Crumb Cake:**

1 1/2 c. Bisquick	1/2 c. milk
1/2 c. sugar	1 t. vanilla
2 T. shortening	1 egg

Beat all ingredients in a mixer on low speed for 30 seconds, scraping bowl constantly. Beat on medium speed 4 minutes, scraping bowl occasionally. Pour batter into a greased square 8" pan or a round 9" pan. Bake at 350° for 30 minutes, or until toothpick inserted in center comes out clean.

Strawberries:

1 quart fresh strawberries	1/4 c. sugar
----------------------------	--------------

Wash strawberries and remove hulls. Slice into a bowl, add sugar, and stir. Refrigerate. When ready to serve, spoon strawberries over cake and top with whipped cream.

Raspberry Fool

3 (10 oz.) boxes frozen raspberries	1 t. vanilla
2 c. whipping cream	

Thaw raspberries. Beat whipping cream in chilled large bowl until stiff peaks form. Drain off enough of the raspberry juice so that when you fold the raspberries into the whipped cream, the whipped cream doesn't become soupy. Add vanilla. Do not over mix. berries should form a marbled effect in the cream. Refrigerate. Serve in iced parfait glasses or sherbet dishes. This is best when made within an hour of serving time but will hold for several hours in the refrigerator.

Chocolate Cups with Strawberry Filling

Chocolate molding discs (purchase at candy supply store)

Foil muffin cups

Heat chocolate in top of a double boiler, stirring until melted. Do not heat over 120 degrees. Brush a layer of chocolate on the **inside** of a foil muffin cup with the back of a spoon, making sure to push the chocolate into each crevice and making sure that all of the muffin cup is covered. Refrigerate until hardened. Peel the muffin cup away from the chocolate.

Strawberry Filling:

2 (3 oz.) pkgs. strawberry jello	2 c. boiling water
1 1/2 c. crushed strawberries, fresh or frozen	1 T. lemon juice
1/2 c. sugar	1/8 t. salt
2 c. whipping cream, whipped	

Put gelatin in large bowl; add boiling water and stir until dissolved. Combine strawberries, lemon juice, sugar, and salt with the jello mixture; stir until sugar is dissolved. Chill to consistency of beaten egg white (the jello mixture will be very thick but not yet set). Fold in whipped cream. Pour into chocolate cups and refrigerate until set. Decorate top with additional strawberries, whipped cream, or chocolate leaves, if desired.

Strawberry Charlotte Russe

Prepare the strawberry filling recipe, above. Line the side of a springform pan with a narrow strip of waxed paper; then line with ladyfingers. Carefully spoon the strawberry filling into the pan and chill for 4-5 hours. Remove sides of the springform pan. Decorate top with additional strawberries and whipped cream, if desired.

Chocolate Leaves

12 lemon leaves
Pam spray
Chocolate molding discs (purchase at candy supply store)

Wash leaves; dry with paper towels. Spray underside of each leaf with Pam. Heat chocolate in top of a double boiler, stirring until melted. Do not heat over 120 degrees. Brush a thick layer of chocolate on the underside of each leaf. Refrigerate until hardened. Peel leaves from chocolate. To make the leaf more natural looking, prop against the edge of a plate so that the chocolate will harden while the leaf is in a curved position.

Chocolate Charlotte Russe

1 envelope unflavored gelatin
4 eggs, separated
1 t. vanilla
1/2 t. cream of tartar
1 c. whipping cream, whipped
toasted almonds
3 oz. unsweetened chocolate
1/2 c. sugar
dash of salt
2 pkgs. ladyfingers
1/4 c. powdered sugar

Soften gelatin in 1/4 c. water. Melt 3 one-ounce squares unsweetened chocolate in 1/2 c. water over low heat, stirring constantly. Remove from heat; add softened gelatin; stir to dissolve. Beat 4 egg yolks until thick and lemon-colored; gradually beat in 1/2 c. sugar. Add vanilla and salt. Gradually stir in chocolate mixture. Cool to room temperature; stir until smooth. Beat 4 egg whites plus 1/2 t. cream of tartar to soft peaks. Gradually add powdered sugar, beating to stiff peaks. Fold into chocolate mixture. Fold in whipping cream, whipped and sweetened. Split ladyfingers lengthwise. Line bottom and sides of 9" springform pan. Fill with half the chocolate mixture. Add another layer of split ladyfingers. Add remaining chocolate mixture. Sprinkle with toasted almonds. Chill 8 hours or overnight. Remove sides of pan. This can also be made by layering in a bowl.

Chocolate Icebox Dessert

2 egg whites, at room temperature
1/8 t. cream of tartar
pinch of salt
12 small ladyfingers
4 T. sugar
4 t. cocoa
1/2 t. vanilla
whipped cream or Cool Whip

On high speed, beat egg white, cream of tartar, and salt together. Beat only about 5 seconds, then start adding sugar gradually. When very thick and glossy, beat in cocoa and vanilla. Split ladyfingers and arrange 6 halves on serving dish. Top with 1/4 of chocolate-meringue mixture. Add a second layer of ladyfingers, more meringue, and repeat. Refrigerate for 2-3 hours. Serves 4-6. Top with whipped cream or Cool Whip. This chocolate-meringue makes a good frosting for angel food cake.

Sunshine Orange Chiffon

1 (3.4 oz) pkg. instant vanilla pudding	1 1/2 c. milk
1/2 c. Cool Whip	1 (3 oz.) pkg. orange jello
3/4 c. boiling water	1/2 c. cold water
ice cubes	

Prepare pudding as directed on box, reducing milk to 1 1/2 cups. Let stand 5 minutes. Fold into whipped topping. Spoon into glasses; chill. Dissolve jello in boiling water. Combine water and ice to make 1 1/4 cups. Add to jello; stir until thickened. Remove any unmelted ice. Beat with mixer until gelatin is doubled in volume. Spoon over pudding in glasses. You can use the diet versions of the pudding and the jello for this dessert. Serves 8. (50 calories per serving).

Strawberry Puff

1 (16 oz.) pkg. frozen whole strawberries	2 egg whites
1/4 c. sugar	1 T. lemon juice
1 c. Cool Whip	

Combine strawberries, egg whites, sugar, and lemon juice in a large mixing bowl. Beat at high speed of electric mixer 10 to 12 minutes or until stiff peaks form. Add Cool Whip; beat until smooth. Spoon into individual serving dishes and freeze until firm. You can top it with more strawberries that have been crushed with a fork. Serves 8. (100 calories per serving).

Strawberry Pizza

Dee Westman

Bottom Crust:

1 1/2 c. flour	1/2 c. brown sugar
1 c. butter	1 c. chopped pecans

Mix flour and sugar and cut in butter; then add nuts. Press into a jellyroll pan or two pizza pans. Bake at 400° for 12 minutes.

Filling:

1 (8 oz.) pkg. cream cheese	2 c. powdered sugar
1 (12 oz.) Cool Whip	

In a mixer, mix softened cream cheese and sugar. Fold in the Cool Whip. Spread over the cooled crust.

Topping:

1 c. sugar	4 t. cornstarch
1 (3 oz.) pkg. strawberry jello	dash of salt
1 c. water	4 c. sliced fresh strawberries

In a medium-sized saucepan, combine water and cornstarch. Add jello, sugar, and salt. Heat on medium heat, stirring constantly, until the mixture is thickened. Add 3 or 4 drops red food coloring. Cool and add berries. Pour over filling. Refrigerate.

Pumpkin Dessert

Lisa Watson

Crust:

1 yellow cake mix (dry), reserve 1 cup	1/3 c. melted butter
---	----------------------

Desserts and Sauces

1 egg, beaten

Mix and press into a 13 x 9 pan (spray pan with Pam).

Filling:

2 eggs, beaten 2/3 c. milk

1 (30 oz.) can pumpkin pie mix (not canned pumpkin)

Mix by hand until smooth. Pour over crust.

Topping:

1 c. reserved dry cake mix 1/4 c. sugar

1 t. cinnamon 1/4 c. softened butter, **not melted**

Mix with fork until crumbly. Sprinkle over top.

Bake at 350° for 45-50 minutes, until set in the middle. Serve warm with whipped cream or ice cream. Don't cover before serving or topping will get soggy. It's best served while still warm from the oven. Once it has cooled thoroughly, it can be covered. Refrigerate leftovers.

Apple Crisp

Debbie Hartman

5 c. apples, peeled and sliced 1/4 c. flour

1/4 c. sugar 3/4 c. brown sugar

1/2 c. flour 1/2 c. oats

3/4 t. cinnamon 3/4 t. nutmeg

1/2 c. butter, melted

Mix apples with 1/4 c. flour and 1/4 c. sugar. Place in the bottom of a greased 8" square baking pan. Mix brown sugar, flour, oats, cinnamon, nutmeg, and melted butter and spread crumbles on top of the apples. Bake at 375° for 40-45 minutes.

Fluffy Tapioca Pudding

2 eggs, separated 10 T. sugar, divided

6 T. minute tapioca 4 c. milk

several dashes salt 2 t. vanilla

Mix tapioca, 6 T. sugar, milk, and egg yolks; let stand 5 minutes. Meanwhile, beat egg whites until stiff; gradually add 4 T. of sugar. Set aside. Cook the pudding until it comes to a full boil. Remove from heat and stir in the beaten egg whites. Add the vanilla. The pudding will be runny but will thicken as it cools.

Baked Custard

Betty Crocker Cookbook

3 eggs, slightly beaten 1/3 c. sugar

1 t. vanilla 2 1/2 c. milk, warm

dash salt nutmeg

Heat oven to 350°. Blend eggs, sugar, salt and vanilla. Gradually stir in milk. Pour into six 6-oz. custard cups. Sprinkle with nutmeg. Place cups in 13 x 9 baking pan; pour very hot water into pan to within 1/2 inch of tops of cups. Bake about 45 minutes or until knife inserted halfway between center and edge comes out clean. Remove from water. Serve custard warm or chilled.

Famous Dave's Bread Pudding

1 (1 1/2-lb.) loaf cinnamon egg bread	2/3 c. golden raisins
1 1/2 c. sugar	4 c. milk
2 c. whipping cream	1/4 t. vanilla
8 eggs, beaten	1 t. cinnamon

Coat the bottom and sides of a 2" deep baking dish heavily with butter. Tear the bread into 1" pieces. Mix with the raisins in a bowl. Spread the bread mixture evenly in the prepared dish, turning crust side down as this tends to burn easily. Whisk the sugar, milk, whipping cream, vanilla, eggs and cinnamon in a bowl until well blended. Pour over the bread mixture. Preheat the oven to 325°. Place the baking dish in a 4" deep baking pan. Add water to reach halfway up the side of the baking dish. Bake for 1 hour. Remove from water bath. Let stand for 20 minutes. Serve while still warm. Drizzle each serving with praline sauce. Top with whipped cream and a scoop of ice cream if desired. Makes 9 servings.

Ol' Southern Plantation Praline Sauce (this is 1/3 of the original recipe):

11 T. butter, divided	1/2 c. chopped pecans
1 lb. light brown sugar	1/2 c. whipping cream
1/4 t. cinnamon	3/4 c. sour cream
1/2 t. vanilla	

Heat half of the butter in a heavy saucepan until melted. Add the pecans and mix well. Bring to a boil. Cook until the pecans begin to change color. Add the remaining butter and mix well. Remove from heat. Combine brown sugar, whipping cream and cinnamon in another saucepan and mix well. Cook over low heat until blended, stirring constantly; increase heat. Cook to 230 degrees on a candy thermometer. Stir in pecan mixture; add sour cream and vanilla and mix well. Remove from heat. Makes 1 1/3 cups.

Baklava

Mary Damjanovic

1 pkg. phyllo dough	1 lb. chopped pecans
cinnamon	1 lb. butter, melted

Butter a 13 x 9 pan. Put a sheet of dough in the bottom of the pan (keep the rest of the phyllo covered so that it won't dry out). Butter each layer and sprinkle with chopped pecans; every third or fourth layer, sprinkle with cinnamon. Make as thick as desired. Cut before baking. Mix syrup ingredients together and pour over the top. Bake at 375°-400° until light brown.

Syrup:

1 1/2 c. sugar	1 c. water
1 T. lemon juice	2-3 T. honey (or brown sugar)

Baked Alaska

1 quart vanilla, mint, or butter pecan ice cream	
1 8" graham cracker crust	1/2 c. chocolate or fudge sauce
3 egg whites	dash salt
1/4 c. sugar	

Desserts and Sauces

Scoop half of ice cream into pie shell. Drizzle 1/4 c. fudge sauce over top. Top with remaining ice cream and sauce. Place in freezer, covered, until 10 minutes before serving time. Just before serving, preheat oven to 425°. Beat egg whites with salt until soft peaks form when beater is slowly raised. Gradually beat in sugar until stiff peaks form. Spread over ice cream pie; seal edge all around. Bake 4-5 minutes, or until meringue is golden brown. Serve at once. Makes 6 servings.

Ice Cream and Yogurt

Hot Fudge Sauce

Betty Moloney

6 T. butter	2 c. powdered sugar
1/3 c. cocoa	1 c. evaporated milk
1 t. vanilla	

Melt butter slightly. Add sugar and cocoa. Add half of the milk gradually, stirring well to remove lumps; stir in remaining milk. Cook, stirring constantly, until it comes to a rolling boil. Cook and stir 5 minutes. Add vanilla.

Six Three's Ice Cream

Louise Dunn

Mix together and freeze in ice cream freezer:

the juice of 3 lemons	the juice of 3 oranges
3 mashed bananas	3 c. sugar
3 c. milk	3 c. cream

Chocolate Mint Chip Ice Cream

Bachmans

4 eggs	2 c. sugar
4 (13 oz.) cans evaporated milk	1 1/2 c. grated or mini chocolate chips
1 1/2 t. mint extract	concentrated green food coloring

Add sugar gradually to beaten eggs and continue to beat until stiff. Stir in remaining ingredients. Tint with concentrated green food coloring. Freeze in ice cream freezer. Makes 1 gallon. Chop the chocolate chips fine or the ice cream becomes very chewy. Don't try to make plain ice cream with this recipe, as the evaporated milk flavor is too strong.

Ice Cream Flower Pots

Debbie Hartman

Select and wash 4" clay flower pots. Place a paper muffin liner in the bottom of each pot. Mix a chocolate cake mix, following package directions. Fill each muffin cup (inside the pot) 2/3 full of cake mix. Bake in a 350° oven until the cupcake is done (a toothpick inserted in the cupcake will come out clean). Let cool. Soften vanilla ice cream and scoop ice cream on top of each cupcake, filling just under the top of the flower pot. Cover with a layer of fudge sauce and sprinkle with crushed Famous Brand Chocolate Wafers (they are located by the ice cream at the grocery store; grind them in a food processor). Place each pot in the freezer. Before serving, push a silk flower into each pot.

Homemade Yogurt

1 t. plain gelatin	1 c. boiling water
1 T. sugar	3 c. instant milk powder
3 c. tepid water	1 (12 oz.) can evaporated milk
2 c. tepid water	3 T. commercial plain yogurt

Ice Cream and Yogurt

Soften the gelatin in 1 c. boiling water and add sugar. Using a mixer on low speed, mix milk powder and 3 c. tepid water. Add gelatin mixture, evaporated milk, 2 more cups tepid water, and the commercial yogurt. Mix until well blended. Preheat oven to 275°. Cover bowl with foil; put in oven and turn **off** oven. Leave in for 8-10 hours. Refrigerate. This is good with blueberry sauce.

Blueberry Sauce

1/2 c. sugar	2 t. cornstarch
dash salt	1/2 c. water
1 pint blueberries	1 t. lemon juice
1 t. grated lemon rind (optional)	

Combine sugar, cornstarch, and salt. Add water and blueberries. Bring to a boil and simmer until clear and thick. Remove from heat and add lemon. Chill. Don't add water if using frozen blueberries.

Candies and Treats

Fudge

Mary Reimers

1/2 c. milk
2 c. sugar

1 stick butter
12 large marshmallows

Bring above ingredients to a boil, stirring constantly. When it comes to a full boil, continue boiling for 1 minute. Remove from heat. Add:

1 c. (6 oz. pkg.) chocolate chips

After the chocolate chips are melted add:

1 oz. unsweetened baking chocolate
6 Hershey bars (1.55 oz. size)

Stir until smooth. Pour into a greased 13 x 9 pan. Refrigerate overnight. This can be doubled and made in a jelly roll pan.

Spiced Pecans

Sandra Crawford

1st bowl:

1 egg white
1 T. water

Beat until foamy. Add

2 c. pecan halves

and stir until well coated.

2nd bowl:

1/2 c. sugar
1/2 t. salt
1/2 t. cinnamon

Stir well. Pour the contents of the first bowl into the second bowl and stir well. Turn into a greased jelly roll pan. Bake at 300° for 40-45 minutes, stirring every 15 minutes. When they're done, stir occasionally as they cool.

Candy Corn Peanut Mix

Debbie Hartman

2 pkgs. Brach's candy corn
1 jar dry-roasted peanuts

Mix together and serve.

Chocolate-Dipped Bananas

Sister Pennock

Several bananas, peeled and cut into 1" slices.

Stick toothpicks into each piece of banana and freeze in a single layer on a wax paper-lined pan so that they don't touch. Melt in a double boiler:

2 c. (12 oz. pkg.) chocolate chips
2/3 c. shortening

Candies and Treats

Dip bananas into the chocolate and replace in the freezer. Do not stack. When they are well-frozen, you can put them in a freezer container, with wax paper between the layers. Serve within 5 minutes after removing from freezer.

Peanut Butter Balls

Lynne Ream

1 lb. butter	3 c. crunchy peanut butter
2 lb. powdered sugar	2 (8 oz.) Hershey bars
1/2 bar paraffin	

Mix ingredients and form into 3/4" balls. Melt chocolate and paraffin in the top of a double boiler and dip the peanut butter balls into it.

Pumpkin Dip for Fruit

2 (3 oz.) pkgs. cream cheese, softened	1/2 c. brown sugar
1/2 c. pumpkin	2 t. maple syrup
1/2 t. cinnamon	assorted fruit

In a small mixing bowl, beat cream cheese and sugar until well blended. Add pumpkin, syrup, and cinnamon; beat until smooth. Refrigerate until ready to serve. Serve as a dip with cut-up fruit and cookies (bananas, apples, pears, orange sections, animal crackers).

Honey Butter

1/2 c. honey	1/2 c. butter
1 t. cinnamon	

Mix well and serve with bread or rolls.

Japanese

Curry Rice

2 lbs. cubed beef	1/4 c. oil
4 large onions	6 c. water
6 large potatoes	1/2 c. Kikkoman soy sauce
1-2 lbs. carrots	1/2 t. pepper
1 apple	1 T. brown sugar
1/2 head finely shredded cabbage	8 oz pkg of S&B Golden Curry Sauce Mix

Brown beef in oil. Cut onions into large, bite-size pieces and add to beef. Add water, soy sauce, pepper, and sugar and bring to low boil. Cut potatoes, carrots, and apple into bite-size pieces and add to pot. Add cabbage and simmer under cover until all vegetables are tender (about 90 minutes). Break up curry cubes and stir into pot. Bring to low boil, stirring gently until curry is dissolved, then reduce heat to low. Simmer slowly for about 30-60 minutes, stirring occasionally to prevent sticking to bottom of pot. Serve over white rice. Makes about 6 quarts.

Katsudon

Kazumi Koyama

1 t. baking powder	1 T. cornstarch
1 egg	1/4 c. sake
1 1/2 – 2 lbs. pork, cut in 1" cubes	

Mix together and put the pork in. Do this about an hour before cooking to tenderize the pork. Then pour into the pork mixture:

fine, dry bread crumbs

Mix well. Fry the breaded pork in oil. When the pork is done, add:

4 onions, sliced into onion rings

Top with sauce:

1/2 c. Kikkoman soy sauce	1/4 c. Lea and Perrins Worcestershire sauce
1/3 c. sugar	1/3 c. sake
1/3 c. water	

Cover pan with lid and cook, stirring periodically, until onions are done. Add:

4 beaten eggs

Stir and cover for a few minutes, until the eggs are cooked. Serve over rice. Depending on the amount of meat I have, sometimes I increase the sauce by 1 1/2 times.

Gyoza

Marty Wolf

Filling:

3/4-1 lb. ground pork	1/3-1/2 head cabbage
1/4 t. ginger	4 green onions, chopped fine
2-3 T. Kikkoman soy sauce	1 t. sesame oil

Japanese

1/2 t. garlic powder

1 pkg. gyoza skins

Sauce:

1/4 c. rice vinegar

1/4 c. Kikkoman soy sauce

Have the meat department grind the pork for you; don't use pork sausage. Use regular cabbage; boil (but the cabbage needs to remain firm), and then chop fine. Chinese cabbage gets too watery. Mix everything together, except the skins and sauce ingredients, with your hands. Put a heaping teaspoon of filling in the middle of each gyoza skin. Apply water to the edge of the top half of the skin and fold the skin over the filling. Press the edges of the skin together firmly. Place each gyoza on a cookie sheet; don't let them touch unless you are starting to cook right away; the skins can get very gooey. Coat a heavy frying pan with a little bit of oil and let it sit on warm for 10-15 minutes. When ready to cook, turn the temperature up to medium-high. Put the gyoza in the frying pan. After frying for 1 minute or so, put 1/4-1/3 c. water in the pan and place a lid on the pan. Turn the heat down a little and steam the gyoza for 4-5 minutes. For the sauce, mix the rice vinegar with the soy sauce. Serve with hot rice.

Sukiyaki

1 lb. sirloin or round steak, cut 3" thick and sliced very thin, cutting across the grain

2 medium onions

1/2 lb. mushrooms, sliced

shiitake mushrooms

1/4 lb. fresh spinach

1 bunch green onions, sliced

clear noodles

Napa cabbage

tofu

3 T. oil

1/2 c. water

1 beef bouillon cube

1/3 c. Kikkoman soy sauce

2 T. sugar

hot cooked rice

Heat oil, add meat, cover and cook over low heat until tender but not browned. Add vegetables, cover, simmer 5 minutes, stirring several times. Combine water, bouillon cube, soy sauce, and sugar. Add to pan. Cook 15 minutes. Serve over rice.

Chicken Teriyaki

3/4 c. water

1 t. ginger

3/4 c. Kikkoman soy sauce

3 T. cornstarch

3/4 c. brown sugar

2 lb. chicken thighs

1/2 t. garlic powder

Line a pan with foil and put all the ingredients into it. Swish the thighs around until they are coated and the sauce is mixed. Bake at 350°, skin side down, for 40 minutes. Turn over and bake another 40 minutes.

Subuta

1 – 1 1/2 lb. pork

2 green peppers

2-3 onions

2 -3 carrots

2 stalks celery

1 c. mushrooms, black, if possible

1/2 t. chopped garlic

1/2 c. vinegar

2 c. water

1/4 c. sugar

1/8 t. ginger

3 T. Kikkoman soy sauce

1/2 t. Lea & Perrins Worcestershire sauce 3 T. cornstarch

1/4 t. pepper

1 large can pineapple chunks, drained

Brown meat and garlic in a large frying pan. Add vegetables, cut into large bite-size chunks. Fry several minutes. Add half of the water, vinegar, sugar, ginger, soy sauce, Worcestershire sauce, and pepper. Boil until vegetables begin to soften. Do not overcook. Add pineapple, the rest of the water, and the cornstarch. Add salt to taste. Boil until slightly thickened. Serve over rice.

Italian

Spaghetti Sauce

2 lb. Italian sausage	1 onion, chopped
1 #10 can tomato sauce	1 (15.5 oz.) can diced tomatoes
1 (5.5 oz.) can apple juice	1/2 c. sugar
1/2 t. garlic powder	1 t. oregano
2 t. basil	1/2 t. pepper

Brown sausage and onion together; drain well and crumble the sausage. Add remaining ingredients and bring just to a boil; simmer for 6-8 hours. You can also add chopped green pepper and/or sliced mushrooms. If using homemade tomato sauce, use: 3 quarts homemade sauce, 2 large cans tomato paste, and 1 (15.5 oz.) can diced tomatoes. Add meatballs just before serving.

Meatballs:

1 1/2 lbs. ground beef	2 eggs, slightly beaten
1 c. bread crumbs	1/4 t. garlic powder
1/4 t. oregano	1/2 t. basil

If using commercial bread crumbs, add 1/2 c. water to the recipe. Stir together ingredients with your hands. Form into 1" or 1 1/2" balls. Cover a jelly roll pan with foil and place balls on the foil. Bake at 425 for 20 minutes. Add to sauce just before serving.

Lasagna

6 c. spaghetti sauce	1 lb. ricotta cheese
2 eggs, beaten	1 lb. shredded mozzarella cheese
2 c. Parmesan cheese	12 lasagna noodles, cooked

Mix together the ricotta cheese and eggs. On the bottom of a deep 13 x 9 pan, place 1/2 c. spaghetti sauce. Layer three cooked lasagna noodles in the pan, 1 1/2 c. sauce, 1/4 of the ricotta/egg mixture, 1/4 of the mozzarella, 1/4 of the Parmesan cheese. Repeat layers three more times. Bake at 350° for an hour, until brown and bubbling at the edges. Let sit for 15 minutes before serving.

Pizza Crust

1 pkg. yeast	1/4 c. warm water
2 t. sugar	1 t. salt
1 T. oil	1/2 to 3/4 c. milk
2 1/2 c. flour	

Dissolve yeast in warm water in a large bowl; let stand 5 minutes. Combine 2 c. flour, sugar, and salt; stir in yeast mixture and oil. Add enough milk to make a soft dough. Knead for 5 minutes, adding more flour as necessary. Let rise 15 minutes. Pat dough on bottom of pizza pan. Enough crust for 2 round pizza pans or 1 jelly roll pan.

Chicken Cacciatore

chicken (3 breasts, 3 thighs, 3 legs)	1 clove garlic
1 onion, chopped	2 c. canned tomatoes
1 large green pepper, sliced	3 stalks celery, chopped
oil and flour	1 t. basil
1/2 t. oregano	1 t. parsley flakes
1 c. sliced mushrooms, optional	1/2 c. sliced carrots, optional
2 c. water	2 T. cornstarch mixed with 1/2 c. water
hot cooked rice	

Dip chicken pieces in flour and brown chicken in hot oil for about 5 minutes on each side. Add vegetables, tomatoes, and water. Simmer about an hour. Thicken with cornstarch mixed with 1/2 c. water. Serve on hot rice. You can serve it over risotto (stir in 2 T. Parmesan cheese and 1 T. parsley flakes to cooked rice).

Chinese

Spring Rolls

Mima Kearnl

- 1 1/2 – 2 lbs lean pork, finely ground (chop in food processor)
- 2 c. bean sprouts

Chop in food processor the following:

- | | |
|---------------------------|----------------|
| 1 onion | 5 carrots |
| 5 celery stalks | 1 green pepper |
| bok choy or green cabbage | |

Mix all of the above, adding other vegetables you like (peas, broccoli). This is a very carefree recipe.

Season with:

- | | |
|-------------------|-------------------|
| 2 T. garlic | 2 T. ginger |
| 1 T. oyster sauce | 1-2 t. sesame oil |
| pepper | salt |

Roll about 1/4 – 1/3 cup of the mixture in egg roll wrapper. Seal with water. Fry in peanut oil heated over medium high heat until both sides are golden brown. Wrap with Boston lettuce. Dip in sauce made of equal parts rice vinegar and soy sauce with green onions chopped up, floating in it.

Egg Rolls

- | | |
|--|-----------------------|
| 6 oz. pork loin, cut very fine | 1/2 t. salt |
| 1 t. cornstarch | dash pepper |
| 1 t. Kikkoman soy sauce | 1/4 t. sesame oil |
| 1 egg, slightly beaten | 2 T. water |
| 1 oz. bamboo shoots, chopped | 4 oz. egg roll shells |
| 1 small carrot, chopped | 2 T. cornstarch |
| 4 oz. bean sprouts or green cabbage, chopped | 2 T. water |
| 1 oz. shelled raw shrimp | 4 c. oil |

Mix pork, cornstarch, and soy sauce. Set to one side. Fry egg flat like a pancake and then cut into narrow 1" strips. Set to one side. Stir fry chopped vegetables in 3 T. oil. Set to one side. Combine pork mixture and shrimp; stir fry in 3 T. oil. Mix with egg, vegetables, salt, pepper, sesame oil, and 2 T. water. Cool. Divide into 6 parts and spoon each part into one egg roll shell. In small bowl, mix cornstarch and water to form paste. Fold each egg roll up by folding one side in, folding the ends in, and folding the last side in. Dip finger in cornstarch paste to seal egg roll. Heat 4 c. oil. Fry egg rolls until golden brown. Drain on paper towels. Serves six.

Sizzling Szechuan Shrimp

Debbie Hartman

- 2 lbs. unpeeled medium-size fresh shrimp

1/2 c. water	1/2 c. catsup
1/4 c. sugar	1/4 c. chili sauce
1 T. Kikkoman soy sauce	2 t. sesame oil
2 T. cornstarch	1/4 c. vegetable oil
6 green onions, chopped	3 cloves garlic, minced
1 (8 oz.) can water chestnuts, chopped	1/4 t. black pepper
1/4 t. dried, crushed red pepper	1 t. peeled, minced gingerroot

Peel and devein shrimp; set aside. Combine water, catsup, sugar, chili sauce, soy sauce, sesame oil, and cornstarch. Pour vegetable oil around top of pre-heated wok, coating sides; heat for 2 minutes. Add shrimp, green onions, garlic, water chestnuts, black pepper, red pepper, and ginger; stir fry 3 minutes

Egg Foo Yung

6 large eggs	1/2 t. salt
1 c. mung bean sprouts	1 c. cooked, finely cut meat
1/8 t. pepper	1/2 c. chopped onion

Beat eggs for one minute. Add remaining ingredients and mix lightly. Form into patties and fry, browning both sides. Serve with Chinese brown gravy over rice.

Chinese Brown Gravy:

6 T. butter	2 T. Kikkoman soy sauce
6 T. flour	1 t. Kitchen Bouquet
1 1/2 c. hot water	1/2 c. cold water
1 t. salt	dash pepper

Melt butter, add flour, cold water, and seasonings. Bring to boil. Add hot water and cook to smooth, gravy consistency.

Sweet and Sour Pork

1 lb. lean pork, cut in 1" cubes	1 green pepper, cut in 1" squares
1 c. tempura batter mix	3 medium carrots, peeled and sliced at a 45 degree angle in thin ovals
3/4 c. water	1/2 c. water
1 clove garlic, peeled and chopped	
1 (8 oz.) can unsweetened pineapple chunks, drained (reserved 1/2 c. juice)	
Hot cooked rice	

Sweet and Sour Sauce:

3/4 c. vinegar	1/2 c. water
3/4 c. sugar	1 T. catsup
1/2 c. reserved unsweetened pineapple juice (from canned pineapple)	2 T. Kikkoman soy sauce
	3 T. cornstarch

In a small saucepan, combine vinegar, sugar, pineapple juice, water, and catsup. Stir over low heat until sugar dissolves. Add soy sauce. Dissolve cornstarch in small amount of sauce. Stir into rest of sauce. Stir over low heat until thickened.

Mix 1 c. tempura batter mix with 3/4 c. water. Place pork in batter and toss. Pour oil in bottom of wok or frying pan to depth of 2". Heat to 375 degrees. Fry pork cubes in hot oil, a few at a time, until lightly browned and crisp. Drain and set aside. Continue until all

Chinese

pork is cooked. Heat 1 T. oil in wok. Add garlic and stir until browned; remove garlic and discard. Add green pepper and carrots. Stir fry about 1 minutes. Pour in 1/2 c. water. Cover and steam about 3 minutes, until crisp tender. Pour in sweet and sour sauce. Add pork and pineapple. Stir gently until meat is reheated. Serve over hot cooked rice. Serves 4. You can make this without using batter on the pork; just sauté the pork until done.

***If tempura mix is unavailable, try this: toss pork cubes in 2 T. soy sauce. Roll in 1 c. flour, then in 1 egg (slightly beaten with 1 T. water), and again in flour. Place on a rack and let stand for 5 to 10 minutes.

Beef with Snow Peas

2 lbs. round or sirloin steak, sliced very thin	1 c. beef broth
2 T. Kikkoman soy sauce	2 pkg. frozen snow peas
1 T. cornstarch	1 c. fresh mushrooms, sliced
hot cooked rice	1/2 t. ginger

Mix steak with soy sauce and cornstarch. Set aside to tenderize. Sauté until cooked. Add snow peas, mushrooms, and ginger. Stir in beef broth. Stir until thickened.

Beef and Broccoli

Rupert Evans

2 lbs. ground beef	2 heads broccoli
1 onion, chopped fine	1/2 t. ginger
1/2 t. garlic powder	1/2 c. Kikkoman soy sauce
2 c. water	3 T. cornstarch
1/2 c. water	hot cooked rice

Brown ground beef and onion. Drain. While the ground beef is cooking, wash the broccoli and trim about 2" from the bottom of each stalk. Trim any brown or bad spots. Cut the stem into 1/4" slices and cut the top into florets (they can be bigger than the stem pieces because the stem pieces take longer to cook). Add the broccoli pieces and florets to the beef, add the water, spices, and soy sauce. When the broccoli is almost done, mix the cornstarch with 1/2 c. water and add to the pan. Stir until it thickens and bubbles for a minute or two. Serve with hot rice.

Mexican

Nachos (Mexican Stuff)

Cindy Burton

2 lbs. ground beef	2 pkgs. taco seasoning
1 (30 oz. can refried beans)	1 (15 oz.) can refried beans with chiles
1 (14.5 oz) can diced tomatoes with chiles	1 c. water
2 c. shredded cheddar cheese	salsa
shredded lettuce	fresh tomatoes, diced
sour cream	black olives, sliced
tortilla chips	

Brown and drain ground beef. Add 2 pkgs. taco seasoning, canned diced tomatoes, and 1 c. water. Bring to a boil and simmer for 10 minutes. In the bottom of a 13 x 9 pan, spread the two cans of refried beans and heat in the microwave until warm. Spread the ground beef mixture over the beans and top with the shredded cheese. Heat in the oven at 350° until the cheese is melted and the mixture is hot. To assemble, each person places tortilla chips on his plate (some people prefer them crushed). Then put a large spoonful of the baked mixture on top and continue topping with salsa, sour cream, olives, tomatoes, and shredded lettuce.

Guacamole

2 large, very ripe avocados	1 tomato
1/2 small white onion, chopped	salt and pepper
pinch sugar	Hellmann's mayonnaise
2 or more serrano chiles, chopped	

Mix until smooth.

Miscellaneous Ethnic

Cornish Pasties

Rupert Evans

1 lb. ground beef, browned and drained	2 c. diced potatoes
1 c. diced carrots	1/2 c. diced onions
1 t. salt	pepper

Place ingredients in a saucepan and add 1 c. hot water. Cover and simmer for 10 minutes. Set aside.

Make pastry out of:

2 c. flour	2/3 c. butter-flavored shortening
1 t. salt	1 t. baking powder
ice water	

Blend flour and shortening with pastry blender. Add enough ice water to hold together. Roll four circles, about 8" in diameter. Spoon 1/4 of the filling onto half of each circle. Dampen edges of dough with water. Fold dough over filling, pressing edges together firmly; crimp with fork. Repeat procedure with remaining dough and filling. (If pasties aren't to be the main dish, you can make them smaller).

Place pasties on a large jelly roll pan and bake at 425° for 15 minutes. Then turn oven back to 350° and bake for 30-40 minutes. Remove, cut a slit in the center of each pasty, add 2 T. milk to each pasty. Let set 15 minutes before serving.

Sanaa (from Yemen)

Rupert Evans

3 c. rice	2 large or 3 medium onions, diced
1-1 1/2 lb. leftover cooked lamb	1/4 c. vegetable oil
1/2 heaping t. cardamom	1/2 heaping t. coriander
1/2 heaping t. cinnamon	1/2 c. chicken broth
salt and pepper	

Cook and cool rice. Sauté lamb and onions in oil until the onions are done. Mix in rice, spices, and chicken broth. Heat through.

Kima

Mark Spear

1 lb. ground beef or tofu, cubed	1 onion, chopped
1 clove garlic, minced	1 1/2 t. curry powder
1/2 t. salt	dash of pepper
1 T. Kikkoman soy sauce	2 potatoes, diced
2 carrots, diced	1 stalk celery, diced
1 c. frozen peas	1 (14.5 oz.) can diced tomatoes

Brown beef and onions. Drain. Add seasonings and vegetables. There is very little liquid but don't worry. Simmer until potatoes are done. Serve in a bowl over rice and top with a dollop of sour cream.

Fondue

Bacon and Cheese Fondue

5 strips bacon	1 medium onion, chopped
1/8 t. garlic powder	1 can cream of mushroom soup
1 c. milk	3/4 lb. sharp cheddar cheese, shredded
1 t. Lea & Perrins Worcestershire sauce	1 t. dry mustard
3 dashes hot pepper sauce	French bread, cut into 1 1/2" cubes
assorted raw vegetables	

Fry bacon until crisp and brown in a heavy saucepan, reserving 1/4 c. bacon drippings. Drain on paper towels. Crumble bacon; set aside. Add onion and garlic to drippings; sauté until tender. Add soup. Slowly stir in milk. Cook over medium heat, blending until smooth. Add cheese, stirring until melted. Add the seasonings. Pour into a fondue pot and keep warm. Provide bread cubes and raw vegetable to dip in fondue. If mixture become too thick, stir in a little hot milk. Makes 5 cups.

Chocolate Fondue

Jean Edlefsen

3/4 c. whipping cream	12 oz. milk chocolate (Nestles, if possible)
-----------------------	--

Place in double boiler. Let melt together. Serve with chunks of angel food cake, 1" slices of banana, apples, marshmallows, or pineapple.

Caramel Apple Fondue

1 T. butter	1 c. cream
2 c. brown sugar	1/8 t. salt
2 egg yolks, slightly beaten	1 t. vanilla

Place the butter and brown sugar in a metal fondue pot and mix together. Stir in the egg yolks, cream, and salt. Mix thoroughly. Place over low heat and cook until the mixture become smooth and creamy. Stir constantly, scraping the sides of the fondue pot well. Remove from heat. Allow the mixture to cool slightly and then add the vanilla. Makes 2 1/2 cups. Serve with apple slices, which have been dipped in lemon juice to prevent browning.

Canning and Freezing

Freezer Tomato Sauce

Hilda Kolb

20 large tomatoes	1 large onion
4 large carrots	3 T. sugar
2 T. salt	3/4 t. pepper

Wash and core the tomatoes (don't peel them). Cut into chunks and put them in a large kettle. Remove skin from the onion, chop in large wedges, and run through a food processor. Remove the ends from the carrots (don't peel them) and run through the food processor. Add sugar, salt, and pepper. Bring slowly to a boil, uncovered, stirring often. Simmer for 1 hour, until it thickens and turns a darker red. Cool slightly and then measure, 3 cups at a time, into the food processor. Process for about 1 minute. Pour into 1 quart freezer containers to cool and freeze. You can pour the tomato sauce into 1 quart freezer bags after it has cooled in the freezer containers.

Frozen Corn

Fern Eheart

8 cups corn, cut off cob	1 stick butter
1 cup water	1 T. sugar
2 t. salt	

Cut corn off of the cob with either a sharp knife or an electric knife, with the corn supported in an angel food cake pan. Melt the butter with the water; add the corn, sugar, and salt. Bring to a boil and simmer 5 minutes. Cool; don't drain. Place in freezer bags. One recipe makes 6 cups; 10 dozen ears makes 28 3-cup bags.

Frozen Peaches

1 quart fresh peaches	2/3 c. sugar
1/4 t. ascorbic acid (Fruit Fresh)	

Peel the peaches. Slice and mix with sugar and ascorbic acid. Let stand 10 minutes. Place in freezer bags.

Canned Peaches

Choose freestone peaches, preferably Red Havens, Glow Havens, or Crest Havens. Remove skins by placing in boiling water for about a minute and a half. Take the peaches from the hot water and put in a sink of cold water, to cool quickly. Slip/peel the skins off and slice peaches into clean 1 quart canning jars. Fill jars with hot light syrup, leaving 1/4" headroom at the top of the jar. Wipe jar rims clean with a damp cloth. On each jar place a canning lid that has been softened in hot water (bring it just to a boil) for several minutes. Firmly screw a ring on each jar. Place jars in hot water bath and bring to a boil. Process for 30 minutes. Remove and let cool and rest for 24 hours.

Light Syrup:

2 c. sugar	1 quart water
4 t. ascorbic acid (Fruit Fresh)	

Bring to a boil. Makes 5 c. syrup.

To make a large pan full of syrup:

6 c. sugar	12 c. water
heaping 1/4 c. ascorbic acid	

Homemade Applesauce

5 quarts peeled and sliced apples	2/3 c. sugar
2 3/4 – 3 c. water	1 T. ascorbic acid (Fruit Fresh)

We use 2/3 Jonathan apples to 1/3 Mackintosh apples. The Jonathans stay firm and the Mackintosh get mushy. Put all the ingredients in a pot, cover, and bring to a boil. Let boil slowly, stirring occasionally, until the apples break apart and it looks like applesauce. The color will change to a golden hue. Fill clean 1 quart canning jars, leaving 1/2" headroom at the top of the jar. Wipe jar rims clean with a damp cloth. On each jar place a canning lid that has been softened in hot water (bring it just to a boil) for several minutes. Firmly screw a ring on each jar. Place jars in hot water bath and bring to a boil. Process for 10 minutes. Remove and let cool and rest for 24 hours.